



Keys to a Fulfilling Life

Learning New skills

*Participating in
Valued Activities*

*Developing
Meaningful Relationships*

*Working in
Areas of Interest*

Mission Statement

To promote the principles of Self-Determination for adults with an Autism Spectrum Disorder, by supporting them in discovering their hidden capacities, building on current skills, and creating opportunities to live a life that is rich in relationships and community.

Philosophy

The Emory Autism Center strives to support each adult in recognizing and preparing for their inclusive roles within their community. This includes the opportunity to follow a lifestyle, which is enjoyable, rewarding and fulfilling.

CHOICES for Adults promotes individual development, by providing opportunities for education and training across all aspects of daily life.

Set up an initial information meeting to find out how we can best meet your needs

Phone: (404) 727-8350

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EMORY AUTISM CENTER
1551 Shoup Court
Atlanta, GA 30322



EMORY AUTISM CENTER
EMORY UNIVERSITY
School of Medicine
Department of Psychiatry
and Behavioral Sciences

CHOICES for Adults



2007-2008

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www.psychiatry.emory.edu/PROGRAMS/autism

Volunteer Opportunities

Community Involvement

Opportunities for adults to learn new skills, meet new people, and explore ways to give back to their community.

- ◆ Community Collaboration with Zoo Atlanta (CCZA)
- ◆ Partnership with the YMCA
- ◆ Volunteer Location of your Choosing



Recreational Opportunities

Community Participation

Know of a recreational facility that you would like to become a member of? Need some help finding a place that is related to your interest? We can assist you in exploring new leisure activities.



Educational Opportunities

Evenings at Emory

Have you ever wanted to take a fun and interesting course, but felt a little intimidated to register and attend? Well, Evenings at Emory may just be what you are looking for in terms of a class.



Social Opportunities



Activities in Your Own Backyard

- ◆ Ready to meet new people in your own neighborhood? We can work with you to find your own social group.

Group Activities

- ◆ **Thursday Night Live:** for adults 18-24 years of age interested in games and activities. 1:1 relationships are available (when needed).
- ◆ **Coffee House Sundays:** for adults 25 + years of age who enjoy mature activities and conversation.
- ◆ **Fusion:** for adults 25 + years of age. Friends are paired in 1:1 relationships, activities shared, and food enjoyed.
- ◆ **Evenings in Atlanta:** monthly afternoon or evening activities spent out on the town. Many of Atlanta's cultural and sporting venues are visited. All adults and Emory Autism Center volunteers are invited to participate.



Collaboration Projects

Best Buddies Best Buddies International is a non-profit organization. One of their most popular programs pairs college students with individuals who may have a harder time developing friendships. One-to-one relationships are formed through weekly phone chats, individual community outings, and monthly group activities. The Emory Autism Center is proud to serve as a host site for Emory University's Best Buddies program. We collaborate in the scheduling of activities and serve as a support to the chapter by providing information, education and continued consultative services. Individuals 18 - 24 years of age are welcome to come in for an initial information meeting to find out how to become a part of Best Buddies.

Individualized Support



◆ Life Skills

- Self-Management Strategies
- Organization

◆ Life/Goal-Planning Consultations

- Adaptive Behavior Skills Assessment
- Mental Health Status Exam for SSDI application
- Post-Secondary School Assessment

◆ Social-Communication Skills

- Social Skills at Home/in the Community
- Social Skills at Work/at School

◆ ABA Individualized Support Training

- Communication Skills
- Social Skills
- Personal Care Skills
- Home Living Skills
- Community Living Skills
- Leisure Skills
- Positive Behavioral Support



Small Group Workshops

LIFEstyles



LIFEstyles is aimed at arming adults with the necessary social skills and information to be successful when out in the world. Each monthly series consists of concrete skills related to everyday living—films, videos, activities and exercises help to enhance the content of each topic. Three of the sessions occur in-clinic; the last week we meet out in the community.

CHOICES for Adults is a component of the Emory Autism Center, located at Emory University in Atlanta, Georgia. In addition to this program, other programs/services include family support services, a medication clinic, a diagnostic clinic, an early intervention program, a school-age program, information and referral services, various training packages, and much more.