2016-17
PSYCHIATRY RESIDENCY RECRUITMENT

Department of Psychiatry and Behavioral Sciences
VALUES

- **Excellence** – We are committed to the highest level of performance.

- **Integrity/Ethics** – We are committed to the highest ethical standards in all aspects of our work and through our actions. We expect from ourselves honesty, integrity and accountability.

- **Teamwork/Collaboration/Collegiality** – We foster a community where caring and fairness result in collegiality. We are committed to teamwork and cooperative relationships. We take pride in what we do as individuals and as part of a team.

- **Discovery/Innovation/Scientific Advancement/Scholarship** – We value innovation through creativity, discipline, unwavering commitment, and responsibility. Our faculty, staff, trainees, and partners form a strong and vital community committed to excellence in innovation and science.

- **Social Responsibility/Service/Citizenship/Community** – We are committed to the emotional and physical well-being of our community and will actively partner to ensure the provision of mental health services.
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# Interview Schedule

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<th>Activity</th>
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<tbody>
<tr>
<td>8:00 am – 8:30 am</td>
<td>Welcome/Program Introduction with Dr. Schwartz (Executive Park)</td>
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<tr>
<td>8:30 am – 9:00 am</td>
<td>Welcome/Department Chairman with Dr. Rapaport (Executive Park)</td>
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<tr>
<td>9:00 am – 11:15 am</td>
<td>Interviews (Executive Park)</td>
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<tr>
<td>11:30 am - 12:00 pm</td>
<td>Shuttle to Grady Memorial Hospital</td>
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<tr>
<td>12:15 pm - 1:15 pm</td>
<td>Lunch with Residents/Tour (Grady Hospital)</td>
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<tr>
<td>1:15 pm - 1:45 pm</td>
<td>Group Meeting with Dr. Norquist or Dr. Cotes (Grady Hospital)</td>
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<tr>
<td>2:00 pm - 2:45 pm</td>
<td>City Bus Tour</td>
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<tr>
<td>2:45 pm – 3:00 pm</td>
<td>Tour of Emory University Hospital at Wesley Woods</td>
</tr>
<tr>
<td>3:15 pm - 3:45 pm</td>
<td>Group Meeting and Wrap Up with Chief Resident (Executive Park)</td>
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Dear Residency Applicant,

We want to welcome you to your interview day here at Emory University’s Department of Psychiatry and Behavioral Sciences. Residency training is of paramount importance to the department and we have an outstanding program at Emory. We expose our trainees to a wide range of experiences led by world-class researchers and clinicians. Our goal is to foster your professional development as physicians who specialize in psychiatry. Our program fosters critical thinking, autonomy, and lifelong learning.

We provide comprehensive psychiatric services to an incredibly diverse set of patients within our multi-hospital training program, including the Emory Healthcare System as well as our affiliate hospitals, Grady Memorial Hospital and the Atlanta VA Medical Center. Residents participate in our interdisciplinary programs that span the human life cycle, from work with neonates to the care of geriatric patients. We are expanding both research and international training opportunities for our residents. We are fortunate to be part of an academic complex that includes the Yerkes National Primate Center (directed by one of our faculty), as well as world renowned schools of law, religion, business, public health and nursing and the Carter Center. This affords ambitious residents a myriad of rich academic opportunities. Upon graduation, we are confident that our residents will have tools to be the next generation of leaders in the field.

The city of Atlanta’s diversity adds to the richness of the training experience. Emory is located in a thriving metropolis with a thriving arts, music, and dining scene. We believe that Emory and Atlanta is not only a wonderful place to train, but also to live. So, enjoy your time with us and get to know some of our residents, our residency leadership team, and faculty. You will see that a culture of excellence permeates. We encourage you to ask questions and engage our residents in discussions about their training experience.

This is an exciting time to be in psychiatry residency training: our field is rapidly advancing as we discover answers to mysteries of the human mind. Our department is one of the world leaders in this endeavor. We invite you to embark on this journey with us at Emory!

Sincerely,

Mark H. Rapaport, M.D.
Reunette W. Harris Professor
Chair and Chief of Psychiatric Services

Ann C. Schwartz, M.D.
Associate Professor
Department of Psychiatry & Behavioral Sciences
Program Director
Dear Applicant,

Thank you for applying to Emory. You are among the elite group of medical student graduates who have chosen psychiatry. Emory has one of the best clinical and research programs in the United States interviewing only about 10% of applicants. So first congratulations and we hope your interview day will be a rewarding experience. We all look forward to meeting you.

Today we have one of the best residency programs in the United States. At Emory you will receive a clinical experience second to none with Emory University and Midtown hospitals as top ten academic centers, a VA with one of the largest psychiatric services in the Southeast, an urban psychiatric center, Grady, which provides training in the severely mentally ill and emergency psychiatry.

Emory also has one of the largest neuromodulation programs in the country with electroconvulsive therapy, transcranial magnetic therapy and deep brain stimulation all available to our patients. Within the residency program, we have two specialty tracks, the psychotherapy track and the research track, and we are looking into adding additional tracks such as community psychiatry. There is also a psychoanalytic training program as well as nationally recognized expertise in cognitive behavioral therapy. Emory has all of the ACGME fellowship programs including child, addiction, forensic, geriatric and psychosomatic fellowships.

But the strength of our program is largely due to our residents. Let me give you some concrete examples of the collaboration of our residents and faculty. The residents published several research articles in the last year with our faculty and were first author on many of the articles. In addition, the residents presented over 20 abstracts/posters locally and regionally, as well as nationally at conferences.

The residents also were awarded a number of prestigious regional and national awards and positions including fellowships to the American Psychoanalytic Association, the American Psychiatric Association (APA) Public Psychiatry Fellowship, the American Psychiatric Association (APA) Scholars Award, the Joe & Hope Skobba Memorial Resident Research Award from the Georgia Psychiatric Physicians Association (GPPA), the Wellborn Fellowship Award, and the Janssen Academic Research Mentoring Award. And that was just the last academic year! These awards continue to add to the national prominence of our program.

This is an exciting time and you are coming to a dynamic residency program. We look forward to meeting you on the interview day.

William M. McDonald, M.D.
JB Fuqua Professor of Psychiatry
Vice-Chair for Education
Program Leadership

Mark Hyman Rapaport, M.D.
Chair and Chief of Psychiatric Services
Reunette W. Harris Professor
mark.h.rapaport@emory.edu

Medical School: University of California, San Diego
Internship: Long Beach Veterans Administration and the University of California
Residency: University of California, San Diego
Research Fellowship: University of California, San Diego
Clinical Fellowship: National Institute of Mental Health

Areas of interest: Biologic genesis of anxiety disorders, bipolar disorder, depression and immunity abnormalities in schizophrenia

Ann Schwartz, M.D.
Residency Program Director
Associate Professor of Psychiatry
aschwa2@emory.edu

Medical School: Medical College of Wisconsin
Residency: Emory University
Areas of interest: Psychiatric education, Psychosomatic Medicine

William McDonald, M.D.
Vice-Chair of Education
Professor of Psychiatry
wmcdona@emory.edu

Medical School: Duke University Medical School
Residency/Chief Residency: Duke University Medical School

Areas of interest: Neuroanatomy and clinical features of mood disorders particularly in late life

Miles Crowder, M.D.
Senior Associate Program Director
Assistant Professor of Psychiatry
mcrowde@emory.edu

Medical School: Emory University
Internship: West Virginia University
Residency: University of Wisconsin
Areas of interest: Psychiatric education

Robert Cotes, M.D.
Associate Program Director
Assistant Professor of Psychiatry
robert.o.cotes@emory.edu

Medical School: West Virginia University School of Medicine
Residency: Dartmouth
Areas of interest: Schizophrenia, psychiatric education

Andrew H. Miller, M.D.
Director of Resident Research
Director of Psychiatric Oncology
William P. Timmie Professor of Psychiatry and Behavioral Sciences
amill02@emory.edu

Medical School: Medical College of Georgia
Residency: Albert Einstein College of Medicine, New York

Areas of interest: Dr. Miller’s work focuses on the impact of the activated immune system on behavior and health. He is also interested in the role of glucocorticoid hormones and their receptors in the regulation of inflammatory responses.

Michael Treadway, Ph.D.
Assistant Professor of Psychology and Psychiatry
Training Director, Psychiatry Residency Research Training Track
mtreadway@emory.edu

Undergraduate: Columbia University
Graduate: Vanderbilt University
Internship: McLean Hospital/Harvard Medical School
Post-Doc: McLean Hospital/Harvard Medical School

Areas of interest: Our work focuses on understanding the molecular and circuit-level mechanisms of psychiatric symptoms related to mood, anxiety, and decision-making. To study these issues our lab employs a variety of methods, including multimodal neuroimaging techniques (fMRI, MRS, and PET), behavioral paradigms, computational modeling, and clinical/personality assessment.
<table>
<thead>
<tr>
<th>Name</th>
<th>Institution</th>
<th>Medical School</th>
<th>Future Plans</th>
<th>Academic Interests</th>
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<tbody>
<tr>
<td>David Halverson, M.D.</td>
<td>Chief Resident, Emory</td>
<td>University of Wisconsin School of Medicine</td>
<td>Fellowship in Forensic Psychiatry at Emory University</td>
<td>Mood disorders, teaching/education, leadership, and quality improvement</td>
</tr>
<tr>
<td>Aliana Abascal, M.D.</td>
<td>Chief Resident, Grady</td>
<td>University of Miami School of Medicine</td>
<td>Fellowship in Forensic Psychiatry at West Virginia University</td>
<td>Inpatient psychiatry, Emergency Psychiatry, Forensic psychiatry, Psychosis, and Schizophrenia</td>
</tr>
<tr>
<td>Jonathan Peeples, M.D.</td>
<td>Chief Resident, VA Medical Center</td>
<td>University of Mississippi School of Medicine</td>
<td>I am not pursuing a fellowship. I expect to be working in a non-academic role somewhere in the Southeast.</td>
<td>Caribbean mental health and psychiatric collaborative care models</td>
</tr>
<tr>
<td>Laura Hack, M.D.</td>
<td>Chief Resident, Emory Research Track</td>
<td>Virginia Commonwealth University School of Medicine</td>
<td>Academic psychiatry</td>
<td>Affective and stress-related disorders; use of biomarkers, particularly genetic and epigenetic profiles, for the prediction of diagnosis, disease severity, and treatment response; neuromodulation; machine learning in psychiatry</td>
</tr>
<tr>
<td>Emily Novik, M.D.</td>
<td>Chief Resident, Emory Ambulatory</td>
<td>Sackler School of Medicine</td>
<td>Outpatient Psychiatry, private practice, psychotherapy and medication management. May supplement with Emergency/Crisis Intervention work.</td>
<td>Psychopharmacology, diagnosis and treatment of mood &amp; anxiety disorders, CBT and psychodynamic psychotherapy</td>
</tr>
<tr>
<td>William “Howard” Hudson, M.D.</td>
<td>Chief Resident, Emory Ambulatory</td>
<td>Medical College of Georgia School of Medicine</td>
<td>Private practice, psychoanalytic training</td>
<td>Psychodynamic psychotherapy, consultation/liaison psychiatry, integrative medicine</td>
</tr>
</tbody>
</table>
Program Administration

Residency Education Program

Diahann JohnBaptiste, M.S.
Program Coordinator
djohnba@emory.edu

Yamylex Belis, B.A.
Program Coordinator
yamylex.belis@emory.edu

Outpatient Psychotherapy Training Program (OPTP)

Andrew Furman, M.D.
Medical Director
afurman@emory.edu

Jennice Vilhauer, Ph.D.
Director of the Outpatient Psychotherapy Program – Emory Clinic
jennice.s.vilhauer@emory.edu

Alice Dokter
Administrative Assistant
adokter@emory.edu

Psychopharmacology Training Program

Jeffrey Rakofsky, M.D.
Clinic Director
jrkofsky@emory.edu

Del Hanson
Clinic Manager
dhanso2@emory.edu
Nadine Kaslow, Ph.D.
Director, Postdoctoral Fellowship Program in Professional Psychology, Professor of Psychiatry
Areas of interest: assessment and treatment of family violence and treatment of depression and suicide in youth and adults, couples and family therapy, women’s mental health, pediatric psychology and a competency-based approach to psychology education and supervision

Steven Levy, M.D.
Bernard C. Holland Professor of Psychiatry
Medical School: Duke University School of Medicine
Internship: Massachusetts General Hospital
Residency: Yale University Affiliated Hospitals
Fellowship: National Institute of Mental Health
Other: Columbia University Psychoanalytic Center
Areas of interest: Psychotherapy, Ego Psychology, Psychoanalytic Research, Community Mental Health

Jennifer Holton, M.D.
Program Director, Child and Adolescent Psychiatry
Associate Professor of Psychiatry
Medical School: University of Medicine and Dentistry of New Jersey, New Jersey Medical School
Residency: Mount Sinai Medical Center, New York, NY: Residencies in pediatrics, psychiatry and child/adolescent psychiatry (triple board)
Areas of interest: Education

Peter Ash, M.D.
Program Director, Forensic Fellowship Associate Professor
Medical School: University of Pennsylvania
Residency: University of Michigan
Fellowship: Child Psychiatry Fellowship, University of Michigan
Areas of interest: Forensic child psychiatry, adolescent culpability, restoration of competency to stand trial, jail diversion

Ayman Fareed, M.D.
Program Director, Addiction Fellowship
Associate Professor of Psychiatry
Medical School: Alexandria University, Egypt
Residency: University of Maryland/Sheppard Pratt Program
Fellowship: Massachusetts General Hospital/Harvard Medical School Addiction Psychiatry Program
Areas of interest: Treatment Outcome for Opioid Use Disorder and Clinical Trials for Substance Use Disorder Treatment

Adriana Hermida, M.D.
Program Director, Geriatric Fellowship
Assistant Professor of Psychiatry
Medical School: Universidad del Cauca, Colombia
Residency: University of Chicago
Fellowship: Geriatric Psychiatry, Northwestern University
Areas of interest: Psychiatric manifestation of neurological disorders such as Parkinson’s Disease, Alzheimer’s Disease and Huntington’s Disease, neuroimaging in psychiatry and neuromodulation therapies in treatment resistant depression

Kellie Clearo, M.D., RPh
Co-Program Director, Medicine/Psychiatry
Assistant Professor of Medicine
Assistant Professor of Psychiatry
Medical School: University of Washington
Internship: State University of New York (SUNY), Brooklyn
Residency: Duke University School of Medicine
Areas of interest: Hospital medicine, outpatient psychiatry, behavioral therapy, substance abuse, integration of medicine and psychiatry and residency education

Raymond Young, M.D.
Co-Program Director, Medicine/Psychiatry
Program Director, Psychosomatic Fellowship
Assistant Professor of Psychiatry
Associate Chief of Geriatric Psychiatry
Medical Director: Partial Hospitalization Program
Medical School: The Medical College of Ohio (now known as University of Toledo School of Medicine)
Residency: Rush Presbyterian St. Luke’s Medical Center (Internal Medicine-Psychiatry Residency)
Areas of interest: Delirium, Conversion Disorder, Geriatric Psychiatry, Organ Transplantation, education of residents, students
EMORY UNIVERSITY HOSPITAL (EUH)

- 587-bed adult tertiary and quaternary care facility with more than 18,000 patients admitted annually
- Ten-bed NIH-funded General Clinical Research Center
- Members of the Atlanta community have repeatedly designated Emory University Hospital the Consumer's Choice Award winner
- Received the University Health System Consortium’s (UHC) 2013 Quality Leadership Award (#2 ranking)
- The Medical Education Building on Emory's campus hosts patient simulators, testing labs, wireless technology, and numerous study and small group classrooms

EMORY ROTATION DESCRIPTIONS:

- **Consultation/Liaison (EUH)**
  - Patient Population/Health System: Urban to rural; private
  - Daily bedside attending rounds with Emory faculty
  - PGY-2 residents present cases to the team
  - Medical student teaching opportunities available
  - Residents cover emergent psychiatric consultations in the EUH Emergency Department (ED)
  - Bi-weekly journal club
  - Monthly case conference with senior faculty
  - Home call covering the adult inpatient unit direct admissions and unit issues, average of every 7 nights
  - General Psychiatry and Internal Medicine-Psychiatry residents spend two months on Emory's Consultation/Liaison service during their 2nd year of residency
  - 3rd and 4th year medical students may also rotate on the consultation service as part of their required clerkship as well as elective rotations
  - Since 2012, the consultation liaison service has also provided clinical experiences for physician assistant Students
GRADY MEMORIAL HOSPITAL (GMH)

- Opened in 1892 for the purpose of providing medical care to Atlanta’s indigent population of Fulton and DeKalb counties
- A 953-bed facility with nearly 30,000 inpatients and more than 600,000 outpatients treated each year
- Internationally recognized teaching hospital staffed exclusively by doctors from Emory University and Morehouse schools of medicine
- 25 percent of all doctors practicing medicine in Georgia received some or all of their training at Grady
- Grady Emergency Care Center is the leading Level One trauma center in the region
- The Marcus Stroke and Neuroscience Center at Grady is a Neurocritical Care Unit for acute, time-dependent neurological emergencies, incorporating the most advanced equipment and a host of ground-breaking advancements in method and facility design
- Grady utilizes the EPIC electronic medical record system
- Grady was selected by State officials as the site of the Georgia Cancer Center for Excellence in cancer treatment and prevention that opened in January 2003
- Grady Memorial Hospital opened an NIH-funded General Clinical Research Center (GCRC) and which is one of the few public hospitals in the nation with a GCRC on site

GRADY ROTATION DESCRIPTIONS:

- **Grady Inpatient Psychiatric Unit**
  - 23-bed unit focused on the underserved
  - Each intern manages a team of 4-6 patients with one on one supervision from an attending
  - Interns obtain in depth experience stabilizing severe psychiatric disease
  - All interns have their own individual office while in this rotation

- **Emergency Department (ED) and Crisis Intervention Service (CIS)**
  - Interns develop expertise at evaluating and stabilizing psychiatric emergencies
  - Extensive experience managing patients who are acutely suicidal, homicidal, psychotic, and manic
  - Grady is the main involuntary hold (1013) receiving facility for Atlanta
  - Interns work-up patients and then present them to supervising faculty

- **Community Psychiatry**
  - One month rotation recently added in response to resident feedback
  - Rotation’s goal is to broaden the resident’s exposure to a variety of outpatient settings our patients may commonly encounter
  - Interns work on an Assertive Community Treatment Team, a Clozaril Clinic, a Med/Psych Clinic, with groups in Psychosocial Rehabilitation, and in a Mental Health Clinic with the Atlanta City Detention Center
  - An additional component of the rotation includes the resident practicing and receiving supervision in Motivational Enhancement Therapy

- **Night Float**
  - Two week rotation working nights (Saturdays off) in the first and second half of the six month block on the psychiatry service
  - Interns cover both the inpatient unit and CIS but spend most of their time evaluating psychiatric emergencies in the ED
  - Enables interns to not take call on any psychiatry rotation during the work week
  - Offers direct supervision by a senior resident onsite and attending offsite

- **Grady Consultation/Liaison Service**
  - Two month PGY-2 rotation
  - Daily teaching rounds as well as bedside supervision from the consultation-liaison faculty
  - Extensive experience managing patients with wide range of psychiatric diagnoses, including cognitive disorders (e.g., delirium and dementia), psychotic disorders, affective disorders, anxiety disorders, substance use disorders, somatoform disorders, and personality disorders
  - Evaluate and manage patients who have issues regarding decisional capacity, issues with adherence, maladaptive coping skills, and chronic pain
  - Medical student teaching opportunities available
  - Weekly evidence-based journal club
ATLANTA VA MEDICAL CENTER (VA)

- The Atlanta VA Medical Center (VAMC), located on 26 acres in Decatur, is one of eight medical centers in the VA Southeast Network
- 445-bed facility classified as a complexity level 1A tertiary care facility
- The VA is a teaching hospital, providing a full range of patient care services complete with state-of-the-art technology, education, and research
- The medical center oversees six VA community-based outpatient clinics
- One of the largest VA research programs in the nation including one of the national VA Rehabilitation Research Centers of Excellence, which consists of over 400 projects conducted by 140 principal research investigators with more than 300 research associates and staff

ATLANTA VA ROTATION DESCRIPTIONS:

- **VA Inpatient**
  - Patient Population/Health System: Veterans with PTSD, traumatic brain injuries, and substance dependence are unique to this population, however General Psychiatric cases are common as well
  - Daily rounds with Emory and VA faculty
  - Strong emphasis on interdisciplinary team approach to enhance systems based learning
  - Resident call is 24 hours, every 6-7 days in the VA Psych Emergency Department with attending coverage overnight via telephone
  - Daily didactic activities; Wednesdays are the exception (general program didactics)
  - Residents present case Conferences once monthly with Master Clinicians
  - Observed Interviews conducted 1-2 times monthly with board certified psychiatrists
  - Medical student teaching opportunities are always available at this site

- **VA Addiction**
  - Patient Population/Health System: Veterans with co-morbid substance dependence and other psychiatric disorders at the VA 28-day intensive outpatient rehabilitation program (IOP)
  - Strong emphasis on interdisciplinary team approach to treat addiction in the veteran population
  - Residents split their time between group psychotherapy, treatment team, intake assessments, psychiatric management of IOP patients, and inpatient consultation
  - Faculty supervision with senior addiction psychiatrist
  - Present a journal article in group or individual supervision
  - Teach patients in the treatment program about a mental health topic of relevance to them
**EMORY WESLEY WOODS HOSPITAL (WW)**

- A 64-acre wooded campus comprised of a 44 bed acute care hospital, two long-term care nursing facilities, an independent living facility for seniors, a 10-bed inpatient hospice facility, and an outpatient center
- Wesley Woods is one of only and handful of geriatric centers in the United States nationally recognized for its comprehensive care to individuals and families facing age-related health care issues

**WESLEY WOODS ROTATION DESCRIPTIONS:**

- **Geriatric Psychiatry (WW)**
  - PGY-2s provide acute psychiatric care for geriatric patients who are voluntarily or involuntarily hospitalized
  - Bi-weekly participation in ECT with Attending Psychiatrist
  - Residents provide weekly comprehensive evaluations in the outpatient geriatric clinic, which accepts referrals from southeast region
  - Home call covering the adult inpatient unit direct admissions and unit issues, average of every 7 nights
  - Monthly geriatric case conference
  - Medical student teaching opportunities

- **Adult Inpatient Psychiatry (WW)**
  - Patient Population/Health System: private, voluntary, specialized service accepting referrals from southeast region
  - 22-bed inpatient unit for acute psychiatric care
  - 22-bed medical behavioral health unit specializing in the care of patients with a primary behavioral health diagnosis who have active medical comorbidities
  - Exposure to ECT and ketamine infusions for treatment resistant depression
  - Daily interviewing with attending Psychiatrist
  - Residents present cases daily at morning report
  - Bi-weekly journal club
  - Monthly case conference with senior faculty
  - Medical and physician assistant student teaching opportunities
  - Home call covering adult inpatient unit direct admissions and unit issues, average every 7 days
Fellowships

**ADDICTION FELLOWSHIP**
- Directed by Ayman Fareed, MD (Ayman.Fareed@va.gov)
- One-year fellowship program
- Residents receive direct supervision in evaluation and treatment of men and women of different ages, ethnic and socioeconomic backgrounds with addictions to all of the major classes of addicting substances
- Three clinical sites: VAMC substance abuse treatment program (8 months); Grady Memorial Hospital (2 months); and one at Talbott Recovery Campus (2 months)
- Supervised training in performing patient evaluations, managing rehabilitation and detoxification, and treating psychiatric co-morbidities
- Weekly Wednesday morning seminars
- Fellowship highlights include experience with the Infectious Disease Program, Drug Court, the Impaired Professionals Program, scholarship opportunities and quality improvement projects, Buprenorphine Treatment training (AAAP’s “Half and Half” course), and a book club and journal club

**CHILD AND ADOLESCENT FELLOWSHIP**
- Directed by Jennifer Holton, MD (Jennifer.e.holton@emory.edu)
- Two-year program which has been designed to offer training composed of a well balanced mix of clinical experiences, formal didactics, and theoretical orientations
- Close supervision from faculty members which fosters professional development
- Exposure to issues of teaching, research, and administration with varying levels of participation depending on the situation
- Well supervised experiences in diagnosing and treating all the major psychiatric disorders in children, adolescents and families
- Progressive exposure to broad theoretical perspectives of development, from infancy through adolescents
- Comprehensive exposure to the practice of child and adolescent psychiatry within medical and community settings
- In-depth experience with administrative and clinical aspects of a variety of health care systems; critical training in reading the literature as well as basic research methodology

**FORENSIC FELLOWSHIP**
- Directed by Peter Ash, MD (pash01@emory.edu)
- One-year program
- Contains a blend of state government interest and private university academic orientation has produced a growing program which emphasizes forensic teaching, public policy development, research, and, for child psychiatrists, a variety of child forensic experiences.
- Considerable individual supervision is provided
- Program provides flexibility in experiences depending on a fellow's interests
- Didactics include a weekly case-oriented seminar and a weekly seminar on the non-criminal AAPL Landmark Cases
- Fellows may audit one course each term at the Emory University School of Law
- Opportunities to participate at a state government level on policy development and in research projects aimed at informing public policy decision-making
- Fellows are encouraged in to participate in ongoing research projects or to develop their own.
- Participate in training other professionals and in helping train psychiatry and child psychiatry residents who rotate through the program
GERIATRIC FELLOWSHIP

- Directed by Adriana Hermida, MD (ahermid@emory.edu)
- One-year program
- Training is conducted at the Wesley Woods Geriatric Hospital and affiliations
- Fellows receive direct supervision in medical, neurological and psychiatry evaluation and management of a varied geriatric population
- The fellow will also have the opportunity to have in-depth training in Electroconvulsive Therapy (ECT)
- Fellows will receive selective training at other affiliations such as 12 Executive Park, Atlanta VA Medical Center, Budd Terrace, and Fountainview Nursing Home
- Ongoing seminars covering specific reading assignments from three geriatric psychiatry textbooks covering areas of normal aging, pharmacokinetics and pharmacodynamics, diagnostic issues, management, treatment outcome, psychotherapy, cultural diversity, epidemiology, quality of life issues, death and dying issues, psychological testing in the elderly and medical ethics

PSYCHOSOMATIC FELLOWSHIP

- Directed by Raymond Young, MD (ryoung2@emory.edu)
- One-year program
- Fellows spend four months at Emory University Hospital, four months at Grady Memorial Hospital, and four months at the Atlanta VA Medical Center
- Rotations include training in psychiatric consultation and management of medical and surgical inpatients and outpatients
- Fellows also have a continuity clinic in the Organ Transplantation Center
- Weekly seminars and teaching conferences covering the full range of psychosomatic medicine topics throughout the year at the two sites
- Daily teaching rounds where the emphasis is on diagnostic and interviewing skills, increasing knowledge, case presentations, short-term therapy, optimizing collegial relationships with other health providers, and professionalism
- Considerable individual supervision is provided
- Fellows participate in ongoing quality improvement projects in collaboration with the VA Quality Fellowship Program
- Fellows also participate in ongoing research projects and are encouraged to develop their own
RESIDENCY PROGRAM GOALS

The primary goal of the general psychiatry program is to foster an educational environment that allows residents to meet their full potential as emerging leaders in the field of psychiatry. The program provides a strong base in psychiatric principles in the first two clinical years that is common for all the residents. During these years all of the residents complete their neurology and medicine/pediatric requirements and are immersed in hospital based psychiatry. The strength of the inpatient training program is in the variety of patient settings which range from Grady Memorial Hospital (a county hospital with a majority of patients who are from underserved minority groups and lower socioeconomic groups), the Atlanta VA Hospital (serving a diverse population of veterans with state of the art substance abuse and trauma services), Emory Wesley Woods Hospital (a free standing psychiatric hospital which has a wide catchment area for adult and elderly patients with mood and psychotic disorders) and Emory University Hospital (serving primarily patients with treatment resistant psychiatric disorders who have private insurance). These different settings allow for the residents to understand the importance of the psychosocial factors in the presentation and care of mental illnesses and afford a unique training opportunity that draw upon the strengths of each hospital.

The residents also develop skills in evaluating and managing psychiatric outpatients early in the residency including their experience evaluating patients in the Grady emergency room as a PGY-1 and evaluating and treating outpatient psychotherapy patients at the beginning of the second year. Psychotherapy training is a primary goal of the program and the residents are introduced to psychotherapy in the second year and continue with psychotherapy training throughout the residency program. During the residency the training in psychotherapy progresses from learning basic psychotherapy skills in the second year to an understanding of time limited symptom focused psychotherapy and long term insight oriented psychodynamic therapy as they progress through the residency.

In the second year, residents begin the process of exploring specific areas of interest in psychiatry. Residents can choose two one-month electives in a wide variety of clinical and research electives in order to develop their interests in a specific area of psychiatry. Second year residents also develop skills in evaluating and treating the spectrum of psychiatric disorders from geriatric patients at Wesley Woods to children and adolescents through supervised clinical experiences.

During the third year, residents continue to develop skills in managing outpatients in psychotherapy and psychopharmacology in a number of diverse settings including the outpatient psychotherapy and psychopharmacology programs at Executive Park, outpatient psychiatry clinics at the Grady Park Place, the VA Mental Hygiene Clinic, or Emory Student Health. In addition, the residents continue their training from the PGY-2 year in child and adolescent psychiatry with additional intensive training at the Child Outpatient Clinic at Executive Park.

The fourth year is designed to allow residents to prepare for their post residency careers and specialize in specific areas of psychiatry. The residents are given a variety of options including choosing a chief residency position including the Emory Hospital, VA Medical Center, Grady Memorial, Emory Ambulatory Services at EP12, and Residency Research. Residents may also choose to develop a research project or a clinical specialty such as geriatric psychiatry or electroconvulsive therapy.

Overall the educational focus of the program changes from developing basic inpatient skills to gaining experience in an outpatient setting. As individual residents progress through the program they also develop individual areas of expertise which can range from clinical psychiatry to psychoanalysis and research. The program goals shift during the residency from a common shared experience of the basics of psychiatry to increasingly allowing residents to choose from a variety of experiences to develop their individual career paths.
PGY-1 GOALS

The primary goals of the PGY-1 year are to provide a foundation in internal medicine/pediatrics and neurology, and also to provide an introduction to the evaluation and care of both acute and chronically ill psychiatric patients. Residents are allowed to choose from a variety of experiences on internal medicine and/or pediatrics including inpatient rotations, outpatient consultation services and emergency room medicine. Residents choose these rotations based on their individual goals with residents interested in child psychiatry often electing to spend more time on pediatric rotations and residents interested in emergency psychiatry opting for the emergency services rotations.

During the 6 month psychiatry rotation, the residents are based on the Thirteenth Floor and in the Emergency Department of Grady Memorial Hospital. The Thirteenth Floor has the full complement of psychiatric training resources including the psychiatric emergency room (Crisis Intervention Services - CIS), and an inpatient psychiatric unit. The strength of the program for these beginning residents is that they can be closely supervised by the faculty and followed on each of the rotations across these units. Overall goals can be monitored closely, remediation plans put into place for residents who are not achieving the goals and residents who are doing well can be given more appropriate autonomy based on feedback from supervisors.

Seminar lectures focus on basic emergency psychiatric skills such as suicide assessment and commitment law, diagnostic and treatment criteria for the major psychiatric disorders with a focus on the psychotic disorders and substance abuse and psychopharmacology related to management of patients with severe, acute and chronic psychiatric disorders.

The overall goals of the PGY-1 year are:

- **Medicine/ Pediatrics; Neurology:** To gain knowledge in internal medicine/pediatrics and neurology in understanding the appropriate workup and management of acutely and chronically ill patients. In the process learn to work with a team and gain an appreciation for medical issues in psychiatry as well as how psychiatry can interface with medical services and neurology.

- **Inpatient Psychiatry:**
  - To develop proficiency in evaluation, diagnosis and treatment of patients with severe mental illness, firmly rooted in the principles of evidence based medicine
  - To familiarize residents with the community resources available and how to access them.
  - To enhance the resident’s appreciation of a multidisciplinary team approach to psychiatric care. Evaluate the resident in a multidisciplinary team setting and facilitate their development as an effective member of the team.
  - To further the resident’s understanding that mental illness falls within the context of a patient’s life and the understanding that patients’ are treated in the context of their life circumstances.
  - To gain an appreciation that mental illness is a multidimensional process involving biological, psychological, and social dimensions, and that appropriate care should involve all domains.

- **Emergency Psychiatry:**
  - To develop proficiency in the evaluation, diagnosis and treatment of patients in an emergency room setting
  - To learn how to do suicide assessments and assess patients for inpatient admission vs. management in the community
  - To understand the medicolegal issues related to the process of involuntary commitment
PGY-2 GOALS

The goals of the second year are to build on the developed capacities of the first year and to introduce more advanced knowledge and methods of care. The residents continue rotations on inpatient psychiatry at the Atlanta VA Medical Center and the Emory University Hospital at Wesley Woods where they extend their psychiatric knowledge in different patient populations. In the PGY-2 year, residents provide care in different treatment settings with patient populations that have different challenges and learning opportunities than those they worked with as PGY-1 residents. The residents are also on call at Wesley Woods and the VA emergency room and again this adds to their emergency psychiatry training by exposing them to different patient populations and a range of community resources.

Seminar lectures topics are expanded to include more lectures on the mood and anxiety disorders including diagnostic criteria and psychopharmacology and somatic treatments (e.g. electroconvulsive therapy and transcranial magnetic stimulation) for these disorders, lectures on child and adolescent development and introductory lectures on psychotherapy.

In addition to the inpatient goals cited above for the PGY-1 year, the residents assume increasing autonomy in the care of the psychiatric inpatients and develop the capacity to take a leadership role on the inpatient treatment team. There are a number of other goals added to the PGY-2 year:

- **Consultation/ Liaison Psychiatry:** To develop expertise in the diagnosis, treatment and management of a variety of psychiatric disorders in patients with co-morbid medical/surgical illnesses and in the interactions with their physicians and support staff. The residents participate in C/L psychiatry at both Grady and Emory Hospitals.
- **Child and Adolescent Psychiatry:**
  - To train general psychiatrists to conduct psychopharmacology, psychotherapy, and hospitalization of adolescents. Residents have a one month rotation (2 days per week) of child and adolescent consultations at Children’s Hospital at Scottish Rite.
  - To familiarize the residents with the issues and problems that occurs in families with children and adolescents so that the residents can be more effective when working with adults who are parents.
- **Geriatric Psychiatry:** To develop expertise in the evaluation, diagnosis and management of geriatric patients with late-life affective disorders, psychosis, cognitive impairment and behavioral disorders in a one month inpatient rotation at Emory University Hospital at Wesley Woods.
- **Substance Use Disorder Psychiatry:** To introduce knowledge and treatment for substance use disorders through supervised individual and group therapy in a one month outpatient rotation at the VA.
- **Outpatient psychiatry:**
  - To begin supervised individual psychotherapy with patients that the residents will continue to treat throughout the remainder of their residency.
  - To begin supervised group and couple’s therapy
- **Electives:** Two one-month elective blocks allow residents to participate in a wide range of elective activities that include research and clinical areas. The intent of the electives is to allow residents to gain experience in areas of possible interest and to work with faculty and staff in programs that they are not exposed to in the first two years of the general residency.
PGY-3 GOALS

The goal of the third year is to develop and extend the resident’s capacity to manage psychiatric outpatients. The residents are based at Executive Park 12 for their outpatient psychotherapy and psychopharmacology clinics as well as their outpatient child experience. Residents have additional experiences in an outpatient setting near the Grady campus (Park Place), VA Medical Center, or Emory University Student Health & Counseling Services.

Seminar lectures are on increasingly advanced topics in the diagnosis and care of psychiatric disorders including additional topics in depression and anxiety with an emphasis on treatment resistant patients. Seminar lectures also focus on advanced topics in child and adolescent psychiatry and in family and group therapy.

- **Outpatient Psychotherapy Training Program (OPTP) at Executive Park 12:**
  - To continue supervised, individual psychotherapy with patients referred to the sliding scale resident clinic with an increasing number of hours devoted to supervision and outpatient psychotherapy.
  - To include supervision and therapy in a number of psychotherapy modalities including psychodynamic, time limited, cognitive behavioral and behavioral therapy.

- **Outpatient Child and Adolescent Psychiatry:**
  - To gain competence in the evaluation and treatment of children and adolescents in an outpatient setting for one afternoon a week for the entire year. Outpatient experiences include a general psychopharmacology clinic, an ADHD clinic, and a CBT and Behavioral Activation Clinic. The resident will serve as the primary therapist for the patients.

- **Outpatient care at the Grady Outpatient Clinic, VA Mental Hygiene Clinic, OR Emory University Student Health & Counseling Services:**
  - To manage outpatients in both an individual and group mode, diagnosing and treating chronic mental illness in four half day blocks over the entire year.
  - To train the residents to treat patients over a longer period of time that allows for a deeper therapeutic relationship, more opportunities for developing diagnoses over time and observing the long term advantages and sequelae of medications.

- **Psychopharmacology at Executive Park 12:**
  - To train residents in the careful diagnostic outpatient evaluation of patients seeking psychopharmacological management in a clinic with expert psychopharmacologists in a private insurance clinic for one half day a week over one year. These patients are private pay or insurance and are a different mix than the patients seen at the primary outpatient clinics.
  - To train residents in state-of-the-art, evidence-based psychopharmacological management of patients with a range of psychiatric diagnoses and develop skills for life-long learning as it relates to psychopharmacology practice.
PGY-4 GOALS

The goals of the PGY-4 year are to prepare the resident for post residency and to ensure that they use the final year effectively as part of developing their career plan. By the fourth year the goals for their career plan are well developed through the mentoring process with the faculty and the biannual resident reviews that have been conducted since their PGY-1 year. The specific goals for each resident vary considerably.

In general, residents interested in academic careers, or refining their teaching or inpatient psychiatry skills will apply for the chief resident positions. Each of the positions offers unique opportunities and challenges. The newly created outpatient chief resident position has added an innovative opportunity for a resident who wants to pursue a career in private psychiatry. This position offers a resident the opportunity to develop skills in managing a large clinic. This Chief Resident will learn everything about the clinic from the budgetary issues to the issues related to clinical care. The Grady Chief Resident has significant clinical responsibilities for both the emergency room and the inpatient wards. The VA Chief Resident is largely responsible for administration and preparing the seminars for the residents and medical students and is particularly suited to a resident considering a VA based career. The Emory Chief Resident has administrative, teaching and clinical responsibilities.

Often the Chief Resident at each of the sites is considering a post residency career at that hospital and this position allows them to try working with the faculty at that hospital in a leadership position.

Some residents will use the time to complete requirements and all will continue with outpatient psychotherapy and psychopharmacology cases. Most residents will have ample time to try a number of electives including electives in research and clinical areas.

The seminars for the final year include a majority of the lectures which have been left unassigned and the residents chose special topics. Popular topics include private practitioners discussing how to manage a private practice, advanced research topics and a return of the most popular lecturers from the previous years.
Overall Summary of Rotations per year:
(Rotations are not necessarily completed in this order)

PGY-1 Rotations (GMH)
- 6 months Grady Psychiatry
- 2 months Grady Neurology
- 4 months Medicine or Pediatrics (Grady and VA)

PGY-2 Rotations (All Hospitals)
- 2 months of Adult Inpatient at Wesley Woods
- 2 months of Emory C/L
- 2 months of Grady C/L
- 2 months of VA Inpatient
- 1 month of Wesley Woods Geriatric Psychiatry
- 1 month of VA Substance Abuse
- 1.5 months Electives
- 0.5 month Child and Adolescent C/L

PGY-3 Rotations (Grady, VA, or Student Health)
- Primary outpatient site at Grady, VA, or Emory Student Health
- Emory Psychopharmacology Clinic at EP12
- Child Outpatient Clinic at EP12
- Outpatient Psychotherapy Training Program (OPTP) at EP12

PGY-4 Rotations (All Hospitals)
- Majority of PGY-4 year is electives
- OPTP at EP12
- There are five Chief Residents positions:
  - Emory Chief
  - Emory Ambulatory Chief
  - Grady Chief
  - VA Chief
  - Residency Research Chief

Intern Resident comments:
“I am really impressed by the amount of one on one time with the attendings during the intern year. Our attendings are very personable and have an open door policy for my questions big or small. When dealing with such an acutely ill population it is comforting to know that there is help with any issue that may arise.”
OUTPATIENT PSYCHOTHERAPY TRAINING PROGRAM (OPTP)

Psychotherapy training is a high priority in our residency program. The center piece is the Outpatient Psychotherapy Training Program (OPTP), which offers didactic instruction and experiential learning. This centrally administered program is continuous during the resident’s rotations through other services. It is overseen by Jennice Vilhauer, PhD, the director of the out-patient psychotherapy treatment program at The Emory Clinic. Over sixty full-time or adjunct faculty with a variety of psychotherapy backgrounds supervise residents.

After introductory lectures, residents begin their supervised psychotherapeutic work in the PGY-2 year and continue throughout the remainder of the residency. There are a wide variety of patients seen in the outpatient program from a range of sociodemographic backgrounds who present with a broad spectrum of diagnostic disorders and clinical presentations. Patients are referred from many areas of the community including Emory faculty/staff, student health, and student counseling services, self-referrals, and referrals from other mental health professionals. Required time commitment at the OPTP is 4 hours per week for PGY-2s and 12 hours per week for PGY-3s/PGY-4s. PGY-2 residents see at least 2 psychotherapy patients and receive supervision with an onsite faculty member and the chief resident. PGY-3 and 4 residents have 6 hours dedicated to direct patient care that may include intakes and psychotherapy (individual, group, couple/family). They also have a minimum of 2-3 hours of supervision provided on or off campus and participate in case conferences and didactic seminars for dynamic and cognitive behavioral therapy.

Each resident is expected to learn and practice a variety of therapeutic modalities and approaches. Therapeutic modalities include individual, group, and couple/family therapy and adjunctive psychopharmacological therapy. Therapeutic approaches include but are not limited to: brief and long-term psychodynamic psychotherapy, cognitive behavioral therapy including third wave approaches, supportive psychotherapy, and therapy guided by integrative approaches. An enhanced focus on evidence-based treatment approaches may involve the resident’s participation in psychotherapy research projects conducted in the OPTP.

A Chief Residency in the Outpatient Services is offered as an elective in the PGY-4 year. The Chief Resident’s work is divided between the OPTP and the Emory Psychopharmacology Clinic. There is also a psychotherapy track offered that begins in the PGY-3 year for those residents interested in advanced training in psychotherapy methods and research.
Clinical and Research Programs

Our department is able to provide a myriad of different types of training experiences for psychiatric residents and fellows in a variety of psychiatry subspecialties. Below are examples of some of our outstanding clinical services, and world class research and training opportunities.

**Emory Autism Resource Center (EARC)**
http://www.psychiatry.emory.edu/PROGRAMS/autism/index.html
The EARC is a University-based program for children adolescents and adults with autism and related disorders, their families, and professionals and agencies that serve them. The Center has become a model for diagnosis, family support, innovative treatment and a vital source for professional training. This program provides treatment and consultative services which strive to promote full community participation for persons with autism.

**The Child and Adolescent Mood Program (CAMP)**
http://www.camp-emory.com/
CAMP is an interdisciplinary clinical research program that aims to provide and improve best practices for children and adolescents with mental health difficulties, including mood disorders such as depression, anxiety, or bipolar disorder. The CAMP team provides outpatient clinical services including psychopharmacological evaluations and medication management, individual therapy, family therapy, parent skills training, group therapy, and diagnostic, intelligence, and achievement testing.

**Emory Mind-Body Program**
http://www.psychiatry.emory.edu/PROGRAMS/mindbody/about.html
Investigators in the Mind-Body program are interested in interactions among the brain, endocrine system and the immune system, especially as they relate to the effects of stress on the immune system and the role of the immune system in behavioral alterations including depression, fatigue and cognitive dysfunction. The impact of specific strategies to limit the effects of stress on immunity and the effects of the immune system on the brain including pharmacologic approaches and meditation are of special interest.

**Emory’s Veterans Program**
http://www.emoryhealthcare.org/veterans
Emory’s Veterans Program offers post-9/11 veterans collaborative treatment for Posttraumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), anxiety, depression and conditions stemming from Military Sexual Trauma (MST) at no cost to the veteran. Treatment is conducted by top specialists in the fields of psychiatry, psychology, neurology, rehabilitative medicine and wellness working in concert to provide individualized care.

**Fuqua Center for Late-Life Depression**
http://www.psychiatry.emory.edu/PROGRAMS/fuquacent/index.htm
This Center’s mission is to improve elderly adults’ access to treatment for depression and provide education to improve public awareness and understanding of elder patient depression in an effort to de-stigmatize and eliminate discrimination associated with mental illness. Together with the Geriatric Psychiatry Outpatient Clinic, the Fuqua Center provides comprehensive geriatric psychiatry treatment services to elderly patients, including inpatient and outpatient psychiatric care, peer support, psychotherapy, preventative care and chronic disease management for seniors.
Grady NIA Project
http://www.psychiatry.emory.edu/PROGRAMS/niaproject/home.htm
“Nia” is a principle of Kwanzaa, and means “Purpose.” This research program includes a number of projects, including investigating both risk factors (including intimate partner violence) and protective factors for suicide attempts in African American women and examining risk and protective factors for suicide attempts in abused, African American women. In addition, the NIA project is assessing a culturally-relevant group empowerment intervention program for abused, suicidal African American women. Other projects are focusing on expanding efforts to examine culturally-informed, empowerment-based, psychoeducational interventions for abused and suicidal African American women to see if it is more beneficial than standard care in reducing suicidal thoughts, depression, and domestic violence.

Grady Trauma Project (GTP)
http://www.gradytraumaproject.com/
This project aims to determine the relative contribution of genetic and trauma-related risk factors for Posttraumatic Stress Disorder (PTSD) in a cross-sectional study of a highly traumatized, low socioeconomic status, minority urban population. The project examines three independent factors that contribute to the relative risk for PTSD following trauma: genotype polymorphism, lifetime history of trauma, and peri-traumatic emotional response to the PTSD-related event. Genetic risk factors include genetic polymorphisms that have been shown to contribute to the development of psychopathology in other stress-related psychiatric disorders.

Maternal Substance Abuse and Child Development Program
http://www.psychiatry.emory.edu/PROGRAMS/GADrug/index.html
This project was among the first to establish a program for screening pregnant women for alcohol use in order to identify the extent of the problem in Georgia as well as methods for prevention in this group. The program was able to establish that alcohol effects could be seen in the newborn infant. In addition, the project found that an informational intervention with pregnant women could reduce alcohol and other drug use and improve birth outcomes.

Mood and Anxiety Disorders Program
http://www.psychiatry.emory.edu/PROGRAMS/Emoryclinicaltrials/index.html
The Mood and Anxiety Disorders Program is dedicated to conducting global health care research on an individual level. An experienced team of medical doctors, psychologists, social workers, and nurses seek to discover improved treatments for depression and anxiety disorders.

Trauma and Anxiety Recovery Program (TARP)
http://psychiatry.emory.edu/programs/tarp/
This program offers clinical services and clinical research services to individuals suffering from various anxiety disorders including Posttraumatic Stress Disorder (PTSD), phobias, obsessive compulsive disorder (OCD), panic disorder and other anxiety-related problems. TARP utilizes virtual reality exposure therapy to treat patients with anxiety disorders, addictions, and pain.

Women’s Mental Health
http://womensmentalhealth.emory.edu/
The Emory Women’s Mental Health Program is an academic center of excellence for the psychiatric care of women. This program provides state-of-the-art care for mental illness in women with an emphasis on pregnancy, the postpartum period, and breast-feeding.
Clinical Electives

Addiction Psychiatry (VAMC)
Adults with Autism-Spectrum Disorders and Neurodevelopmental Disabilities (Emory)
Assertive Community Treatment (ACT) (Grady)
Elective in Clinical Psychiatric Oncology (Emory)
Child Psychiatry (Emory and Grady)
Consultation/Liaison Service – Emory University Hospital
Consultation/Liaison Service – Grady Hospital
Consultation-Liaison Service - Atlanta VA
General Psychiatry Practice Elective (Emory)
Family Therapy Elective (Grady)
Faculty Staff Assistance Program
Forensic Psychiatry (Grady)
Geriatric Psychiatry and ECT Elective (Wesley Woods)
Geriatric Psychiatry Outpatient Elective (VA)
Grady ED Elective
Grady NIA Project
HIV/AIDS Mental Health/Substance Abuse Elective (Grady)
Inpatient Palliative Care Consults (Grady)
Senior Resident Psychopharmacology Elective (Emory)
Safety, Trauma, and Recovery – VA StaR (PTSD/Substance Abuse treatment program)
Sleep Medicine Elective (Emory)
Student Health Clinic Elective (Emory University)
Time-Limited Dynamic Psychotherapy (Grady)
Medical Toxicology Elective (Grady)
Emory Women’s Mental Health Program Perinatal Clinical Care

Research Electives

Child Psychiatry Research at Grady
Grady Trauma Project
Mood and Anxiety Disorders Program: Clinical Trials Elective (Emory)
PSTAR (Persistent Symptoms: Treatment Assessment and Recovery) (Grady)
Schizophrenia Research (VAMC)
Trauma Recovery Program (VAMC)
Emory Women’s Mental Health Program Psychiatric Clinical Research
Emory’s Veterans Program

“Emory's excellent psychotherapy program has provided the opportunity for me to train in cognitive behavioral therapy, interpersonal therapy, dialectical behavioral...
Other Education Program Activities

Didactics
All classes have protected time on Wednesday mornings for didactics. The didactics are organized into modules with individual module leaders who are experts in their particular area. The half-day didactics enable us to organize a coherent curriculum with no gaps and minimal redundancy in content. In addition, this allows us to have inter-class learning and class-wide workshops. The centralized didactics help foster collegiality and socialization for both residents and faculty.

Regular Meetings with Program Leadership
The Program Directors meet with each individual resident class approximately every six weeks. These meetings give the residents an opportunity to discuss both individual and group topics of importance relative to their learning goals and their experiences. In addition there are individual, semi-annual meetings to review progress, set learning goals, and review career plans.

Resident/Faculty Events
Residents, faculty, and their families participate in an annual picnic. This year, the event was held at the home of the Department’s Chairman, Dr. Mark Rapaport. In addition, the department hosts the graduation ceremony in June and an annual holiday party in December.

Resident Retreat
Residents have an annual retreat in the spring to facilitate team building. In addition, residents are asked to work on goals for the following year and provide suggestions for program improvement. Activities in past years have included whitewater rafting, hiking in the Georgia Mountains, and enjoying a ropes course.

Grand Rounds
The Emory Department of Psychiatry Grand Rounds is a bi-monthly lecture presentation featuring a variety of national figures in American psychiatry. This speaker series is a forum that supplements the formal didactic program and provides for the dissemination of new information from medical research and/or societal issues relevant to psychiatry. Grand Rounds are typically held the second and fourth Wednesdays of the month. Following Grand Rounds, there is an informal resident lunch with the Grand Rounds speaker.

Residency Program Evaluation Committee (PEC) Meeting
The PEC meets monthly on the first Tuesday of the month. The meetings are open to all residents who are always welcome to suggest agenda items to any members of the committee to consider business relating to the Residency Education Program. Residents are encouraged to voice their opinions which can be an important way to shape the program.

Resident Meeting
There is a monthly meeting in which residents of all training years unite and discuss ways to further improve the residency. This activity adds to the cohesion of the program and promotes cross talk among classes. The elected residency class president organizes these ideas and presents them to the program leadership.
**Resident Research Lunch**

There is a monthly meeting for residents interested in learning more about research within the department. It also serves as a forum for residents interested in research to discuss ideas, data, and other research opportunities. The lunch takes multiple formats including presentations by faculty members, journal clubs, as well as informal discussions about research topics.

**Bite-Sized Teaching**

In the Bite-Sized Teaching (BST) conference, 4 residents give 8 minute talks during noon conference related to the theme of the day (i.e. mood disorders, neuroscience, psychiatry/neurology, etc.) followed by Q&A. Each resident is paired with an attending coach to help develop the talk and practice presentation skills. The content is developed with the idea in mind of educating residents on important topics within psychiatry.
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<tr>
<th>Evidence-Based Medicine</th>
<th>Protected Didactic Time</th>
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<td>Evidence-based principles are integrated into the residents’ didactic curriculum over the course of the residency. Emphasis is placed on asking key questions, searching the literature and critically appraising all types of scholarly articles. Journal club activities are also included embedded in clinical rotations to reinforce these principles.</td>
<td>Residents throughout the program are free from clinical responsibilities on Wednesday mornings to focus on their education. The didactic curriculum is designed to maximize the learning potential of the clinical experience, equip the learner with the tools to provide evidence-based patient care, and facilitate a spirit of life-long learning upon graduation.</td>
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<th>Elective Opportunities</th>
<th>International Opportunities</th>
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<td>Residents have 1.5 months of elective time in their PGY-2 year, and have an additional 12 months of elective time in their PGY-4 year. Several clinical and research opportunities are available at a diverse number of sites. Detailed descriptions of these opportunities is available on our website. Popular electives include Women’s Mental Health, forensic, child &amp; adolescent psychiatry, and research electives.</td>
<td>Residents have the opportunity to gain exposure to international activities, both locally and abroad. Residents may elect to rotate in Cultural Psychiatry elective at Grady Hospital, providing psychiatric evaluation and treatment to a largely South/Middle American population (namely Latino) and a diverse population of refugees (Bhutanese, Bangladeshis). In addition, in collaboration with The Carter Center, residents may participate in the Liberia Project, focused on scaling up services and training mental health providers in a post-conflict, low-income environment.</td>
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<th>Residency Research Track</th>
<th>Scholarship/Research</th>
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<td>A formal research track is available for residents who wish to pursue a career as a clinical scientist. The goal of this track is to provide interested residents with specialized research training and experiences, mentoring them towards a research-focused career. Residents have participated in deep brain stimulation, neuroimaging, and PTSD research.</td>
<td>We support our residents in their scholarship and research efforts. Residents can participate in research electives in during their elective months in their PGY-2 and PGY-4 years. To name a few, research electives include the Grady Trauma Project, the Grady NIA project, autism research, Clinical Trials Program in mood and anxiety disorders, Safety, Trauma, and Recovery Program (STaR), and Trauma Recovery Program. Research and psychotherapy tracks are also available for residents.</td>
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<th>Resident Research Group</th>
<th>Mentorship</th>
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<td>The group was formed with the purpose of helping residents learn of research being conducted by both Emory faculty and non-Emory researchers. The expectation of the faculty mentors is to share personal insights on their research experiences, future opportunities, and developments related to the field of psychiatry and medicine. The group meets monthly.</td>
<td>We have various mentoring opportunities in the program. Individual mentors are available for all residents, and are matched with faculty based on areas of interest. Class mentors are assigned to work with each PGY group and meet with the classes regularly. Research mentorship (Mentor Match Program) is available. In addition, we offer peer to peer mentorship.</td>
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<th>Psychotherapy Track</th>
<th>Supported Career Development</th>
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<td>A formal psychotherapy track is available for interested residents. The goal is to provide an intensive experience for residents interested in deepening and broadening their understanding and technical proficiency in psycho-therapy.</td>
<td>Whether a resident is interested in a research, teaching, or clinical career, program leadership supports and mentors residents as they hone their interests. During semi-annual meetings with program leadership, interests are explored and guidance is provided. Seminars about employment after residency are strategically placed throughout the didactic curriculum.</td>
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<th>Emory Psychoanalytic Institute</th>
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<td>Residents may apply to this unique training opportunity in psychoanalysis. The institute provides an integrated curriculum of postgraduate courses as well as organized programs of clinical case supervision in psychoanalysis or psychoanalytic psychotherapy.</td>
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**ENHANCED ACCESS TO RESEARCH** is supported through an enriched research-based curriculum for all residents and web-based tools to support research activities.

- New curriculum includes experiential learning activities and direct contact with program faculty and their laboratories through our “Particle to Professor” series.
- A web-based “Mentor-Match” program that allows immediate access of all residents to individualized guidance in finding a laboratory and a mentor is underway. This will facilitate a resident’s ability to become embedded in a research lab early in training, maximizing opportunities for participating in lab meetings, seminars and journal clubs.
- Our Residency Research Website is another innovative way of improving access to all residents by providing targeted research-based information such as upcoming research meetings and research award opportunities as well as toolkits for writing manuscripts and grant applications.
- Travel funds to research meetings will also be made available to all residents.

**PROACTIVE ENGAGEMENT** of interested residents will begin during residency recruitment and will continue throughout the first 2 years of residency.

- The Director and/or Associate of Residency Research will meet with each resident with a background in research or significant interest in pursuing research, to assist them in finding a research “home” and defining professional development goals.
- A research track for PGY-3 and 4 residents provides opportunities for mentored research activities, with the goal of applying for a fifth year research fellowship.
- Numerous research training opportunities across the Emory campus are available for residents, depending on specific scientific goals and training needs.

**INNOVATIVE RESEARCH PROGRAMS** provide a multitude of scientific opportunities. The following highlight some specific areas of focus that residents may become engaged in:

- **Neurobiology of Fear and Trauma-Related Disorders**: Includes broad research training opportunities, from animal models of fear and fear regulation to human studies of Posttraumatic Stress Disorder in civilian and military populations.
- **Neuromodulation of Mood Disorders**: Training in a wide array of sophisticated neuroimaging and neurotherapeutic modalities, for adult and geriatric populations, focused on the spectrum of affective and anxiety disorders.
- **Behavioral Immunology and Neuroendocrinology**: Focuses on the role of the immune and neuroendocrine systems in regulation of behavior and examines treatment strategies targeting the immune system. Also includes training in complementary and alternative medicine for mood and anxiety disorders, including neuroendocrine and immune mechanisms that mediate treatment outcomes.
- **Neurodevelopment and Social Translational Neuroscience**: Translational neuroscience and applied clinical approaches are utilized to identify the etiological mechanisms in abnormal social-emotional development and the neurobiological processes involved in normal social behavior. Includes a broad array of clinical research training opportunities that span the developmental continuum, as well as basic science opportunities.
- **Community Mental Health Research**: Unique training opportunities in the application of public health policy to psychiatric disorders, assessing healthcare utilization among the mentally ill, and identifying biopsychosocial predictors of suicidality in high risk community mental health patients.
Our Residents

PGY-1 Residents

HOUSESTAFF
- 42 Core Psychiatry
- 11 Medicine/Psychiatry Combined

DEMOGRAPHICS
- 20 Female
- 22 Male

PGY-2 Residents

GEOGRAPHY
- 39 Medical Schools Represented
- 15 US states
- 5 Countries

BOARD PASS RATE*
- 100% - ABPN Board pass rate
*Based on ABPN Residency Program Summary Report

POST-GRADUATION
- All 2016 graduates seeking fellowship matched, including many who secured appointments at their top choices

RESIDENTS RATE THE PROGRAM*
- 93% of the residents identify diversity of patient populations as strength
- 92.9% of the residents rate the diversity of clinical venues as a strength
*Annual Survey Results

PGY-3 Residents

STRENGTHS AND UNIQUE OPPORTUNITIES
- Diversity of clinical venues, and patient populations
- Multi-sites with diverse clinical opportunities (private, public, VA)
- Early exposure to psychotherapy training (Psychoanalytic training program)
- Offer all ACGME accredited fellowships
- Breadth of research opportunities
- Early elective opportunities (beginning in the PGY-2 year)
- Programs in multiple clinical areas (examples in Clinical and Research Program section)
- Residency education program centralized at the Tuft’s House
- Opportunities for mentorship with diverse group of faculty

PGY-4 Residents

COMMENTS ABOUT DIDACTIC CURRICULUM
- “Positive intern experience – regular noontime lectures/didactics, morning sign out”
- “Attendings are extremely devoted to teaching”
- “Excellent collegial atmosphere with resident camaraderie”
- While at Grady, you are exposed to a variety of serious, chronically ill patients, that by the end of the intern year, you are comfortable managing
- “Plentiful moonlighting opportunities – you can double your salary!”

COMMENTS ABOUT THE OVERALL PROGRAM
- “Bigger researchers who are willing to teach the basic stuff”
- “Incorporates faculty research into the didactics”
- “Consistent scheduling and diversity of lectures”
- “Didactic time is protected”
- “Diversity of topics covered”
- “High quality teachers/presenters”
- “Psychotherapy curriculum”
- “Well organized, speakers well prepared”

* Identify diversity of patient populations as strength of the training program
Residency training at Emory University offers outstanding opportunities for research. Funded by the National Institute of Mental Health, the Psychiatry Residency Research Track provides research support for all levels of psychiatry research. For those interested in academic research career, matching directly into the research track can provide career mentorship, funding, focused didactics and training, and substantial protected time for research activities. Residents completing the research track will be highly qualified to obtain a research fellowship following residency and to compete for early career grant awards. For those interested in exploring research interests during residency but unsure as to how research may fit into their long-term career goals, the research track can also provide access to specialized research training, financial support and career mentoring.

How to apply
Applicants focused on pursuing a research career are encouraged to apply directly to the research track, which may be ranked separately from the general residency. However, residents who match into the general program may still join and receive support from the research track over the course of their training at Emory.

Research Track Components
During the first year, residents who match directly into the research track can expect to receive career mentorship, focused didactics on research methods, design and statistics, and participate in a mentor-match program to help identify appropriate research mentors for their interests within the greater Emory community.

During the second year, track residents will have the opportunity to participate in a two-month Research Intensive Elective to pursue research activities on campus or abroad, depending on their research and training goals. These electives will provide an opportunity for residents to explore and solidify research interests, and to become embedded in a lab early in their residency training.

During the third and fourth years, residents will receive significant protected time to engage in research activities. This will include 50% protected time in PGY-3, and up to 80% protected time in PGY-4. Research track participants will also receive up to $3,000 per year to support research activities and expenses. In addition to research support funds, track residents may also receive up to $2,000 per year to present their research at national and international meetings. Finally, track residents in the third and fourth years will have the opportunity to participate in specialized research training through the Atlanta Clinical Translational Science Institute (ACTSI - the Emory Clinical and Translational Science Award - CTSA) including the Master of Science in Clinical Research (MSCR) program or the Certificate Program in Translational Research (CPTR).

Recent Accomplishments by Research Track Residents

- Dr. David Goldsmith named a 2016 Laughlin Fellow of The American College of Psychiatrists
- Dr. David Goldsmith’s recent publication in Molecular Psychiatry
• Dr. Neguine Rezaii’s recent publication in Cognitive Neuropsychiatry

• Dr. Laura Hack’s recent poster presentation at the 71st Annual Meeting of the Society of Biological Psychiatry
  Laura M. Hack, Nadine Provençal, Tobias Wiechmann, Maik Koedel, Monika Rex-Haffner, Christoph Anacker, Elisabeth Binder. Exposure to Glucocorticoids during Hippocampal Neurogenesis: Effects on DNA Hydroxymethylation. Poster session presented at: 71st Annual Meeting of the Society of Biological Psychiatry; 2016 May 12-14; Atlanta, GA.

For more information about the Residency Research Track, visit the website: http://tinyurl.com/EmoryPsychResTrack. For questions or further information, send an email to PsychResTrack@emory.edu.
The goal of the Emory Psychiatry Residency Psychotherapy Track is to provide an intensive experience for psychiatry residents interested in deepening and broadening their understanding and technical proficiency in psychotherapy. The Psychotherapy Track is a two-year elective opportunity for PGY-3 and PGY-4 residents to develop their clinical and academic interest in psychotherapy.

**Expectations**

During the PGY-3 year 18-20 hours (5 half days) and during the PGY-4 year 36 hours (9 half days) will be dedicated to the psychotherapy activities described below.

- **Clinical Activity**
  Residents will have between 8-12 hours of weekly face-to-face time with psychotherapy patients in individual, couples/family, and group format.

- **Educational Training**
  Residents will receive a rich educational experience in the practical application of psychotherapy via the core curriculum, as well as weekly Cognitive Behavioral Therapy and Psychodynamic case conferences. Additionally, residents in the psychotherapy track will participate in psychotherapy elective seminars covering a broad range of topics such as family/marital therapy, Short-term Psychodynamic Therapy, and Exposure and Response Prevention Therapy.

- **Scholarly Project**
  Beginning in the 3rd year residents in the track will work with a faculty mentor to develop a research or performance improvement project that will result in dissemination of the project during 4th year via co-authored papers and conference presentations.

- **Supervision**
  In addition to supervisors in cognitive and dynamic therapy that all residents work with during the 3rd and 4th year, a single mentor/supervisor will provide longitudinal mentorship during the PGY-3 and PGY-4 year. This supervisor will be responsible for providing extra didactic training and overseeing the residents scholarly project. The advisor will have an expertise in the psychotherapy orientation that the resident wishes to specialize in during the 4th year.

- **Outpatient Chief Resident**
  During the 4th year, as a chief resident, participants in this track will have additional responsibilities including the supervision of PGY-2 residents and participating in the administration of the Outpatient Psychotherapy Training Program and the Outpatient Psychopharmacology Program.
### Resident Roster
#### 2016-17 Psychiatry
#### PGY-1 Residents

<table>
<thead>
<tr>
<th>Name</th>
<th>Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jessica Chang</td>
<td>Medical College of Georgia at Georgia Regents University</td>
</tr>
<tr>
<td>Ann Marie Decker</td>
<td>University of Maryland School of Medicine</td>
</tr>
<tr>
<td>Jesse Fredeen</td>
<td>Marshall University Joan C. Edwards School of Medicine</td>
</tr>
<tr>
<td>Andrea Green</td>
<td>Wake Forest School of Medicine of Wake Forest Baptist Medical Center</td>
</tr>
<tr>
<td>Carolina Medeiros</td>
<td>Universidade Federal do Ceará (UFC) Faculdade de Medicina</td>
</tr>
<tr>
<td>Gaby Ritfeld</td>
<td>Universiteit Leiden Medical Center</td>
</tr>
<tr>
<td>Eric Stanshine</td>
<td>Temple University School of Medicine</td>
</tr>
<tr>
<td>Joseph Vinson</td>
<td>Medical College of Georgia at Georgia Regents University</td>
</tr>
<tr>
<td>James Walker</td>
<td>Emory University School of Medicine</td>
</tr>
<tr>
<td>Joseph Wilson</td>
<td>Emory University School of Medicine</td>
</tr>
<tr>
<td>Diana Woodall</td>
<td>University of North Carolina at Chapel Hill School of Medicine</td>
</tr>
<tr>
<td>Name</td>
<td>Institution</td>
</tr>
<tr>
<td>-----------------------</td>
<td>-----------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Mina Boazak</td>
<td>American University of the Caribbean School of Medicine</td>
</tr>
<tr>
<td>Rachel Conrad</td>
<td>Baylor College of Medicine</td>
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<tr>
<td>Amitha Dhingra</td>
<td>Northeast Ohio Medical University</td>
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<tr>
<td>Sai Hu</td>
<td>Philadelphia College of Osteopathic Medicine</td>
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<tr>
<td>Zachary Hudson</td>
<td>Medical College of Georgia at Georgia Regents University</td>
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<tr>
<td>Helaina Jaffe</td>
<td>Rutgers, Robert Wood Johnson Medical School</td>
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<tr>
<td>Michael Lowley</td>
<td>Imperial College London Faculty of Medicine</td>
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<tr>
<td>Hassan Naqvi</td>
<td>State University of New York Upstate Medical University</td>
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<tr>
<td>Veronica Novosad</td>
<td>University of Florida College of Medicine</td>
</tr>
<tr>
<td>Justin Palanci</td>
<td>George Washington University School of Medicine and Health Sciences</td>
</tr>
<tr>
<td>Hannah Potvin</td>
<td>University of Texas Medical Branch School of Medicine</td>
</tr>
<tr>
<td>James Ragazino</td>
<td>Northeast Ohio Medical University</td>
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</table>
### Resident Roster 2016-17 Psychiatry PGY-3 Residents

<table>
<thead>
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<tbody>
<tr>
<td>Michael Armbruster</td>
<td>University of Florida College of Medicine</td>
</tr>
<tr>
<td>Virginia Dawson</td>
<td>University of Louisville School of Medicine</td>
</tr>
<tr>
<td>Sarah Debrey</td>
<td>Rush Medical College of Rush University Medical Center</td>
</tr>
<tr>
<td>Laura Hack</td>
<td>Virginia Commonwealth University School of Medicine</td>
</tr>
<tr>
<td>Georgina Hartzell</td>
<td>Washington University in St. Louis School of Medicine</td>
</tr>
<tr>
<td>Jungjin Kim</td>
<td>State University of New York Upstate Medical University</td>
</tr>
<tr>
<td>John Mahler</td>
<td>University of Connecticut School of Medicine</td>
</tr>
<tr>
<td>Collin Reiff</td>
<td>Sackler School of Medicine</td>
</tr>
<tr>
<td>Neguine Rezaii</td>
<td>Shahid Beheshti University of Medical Sciences</td>
</tr>
<tr>
<td>Rafael Tapias</td>
<td>Morehouse School of Medicine</td>
</tr>
<tr>
<td>Matthew Thrun-Nowicki</td>
<td>State University of New York Downstate Medical Center College of Medicine</td>
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### Resident Roster

#### 2016-17 Psychiatry

**PGY-4 Residents**

<table>
<thead>
<tr>
<th>Name</th>
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</thead>
<tbody>
<tr>
<td>Aliana Abascal</td>
<td>University of Miami Leonard M. Miller School of Medicine</td>
</tr>
<tr>
<td>Ada Njoku Animashaun</td>
<td>University of Illinois</td>
</tr>
<tr>
<td>Jason Carness</td>
<td>State University of New York Downstate Medical Center College of Medicine</td>
</tr>
<tr>
<td>David Halverson</td>
<td>University of Wisconsin School of Medicine and Public Health</td>
</tr>
<tr>
<td>William “Howard” Hudson</td>
<td>Medical College of Georgia at Georgia Health Sciences University</td>
</tr>
<tr>
<td>Emily Novik</td>
<td>Sackler School of Medicine</td>
</tr>
<tr>
<td>Andrew Owens</td>
<td>Edward Via Virginia College of Osteopathic Medicine</td>
</tr>
<tr>
<td>Jonathan Peeples</td>
<td>University of Mississippi School of Medicine</td>
</tr>
</tbody>
</table>
PGY-1 Residents

Shan Elahi  
Duke University School of Medicine

Panrapee Mahautmr  
Keck School of Medicine of the University of Southern California

PGY-2 Residents

Trygve Dolber  
Case Western Reserve University School of Medicine

Elizabeth McCord  
Louisiana State University School of Medicine in New Orleans

PGY-3 Residents

Lauren Gensler  
Emory University School of Medicine

Jonathan Kaplan  
Rush Medical College of Rush University Medical Center

Stefan Routt  
Indiana University School of Medicine
Resident Roster
2016-17 Combined Internal Medicine/Psychiatry Residents

PGY-4 Residents

Stephanie Schmitz
University of Maryland
School of Medicine

Marsha Stern
Tulane University
School of Medicine

PGY-5 Residents

Daniel Cucco
State University of New York Downstate Medical Center
College of Medicine

Vera Tate
University of Arkansas for Medical Sciences
College of Medicine
## Core Psychiatry

<table>
<thead>
<tr>
<th>Name</th>
<th>Medical School</th>
<th>Post Residency Plans</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nisha Fernandes, MD</td>
<td>University of Minnesota Medical School</td>
<td>Meridian Psychiatric Partners; Chicago, IL</td>
</tr>
<tr>
<td>Constantine Galifianakis, MD</td>
<td>University of Maryland School of Medicine</td>
<td>Addiction Psychiatry Fellowship; University of Maryland</td>
</tr>
<tr>
<td>David Goldsmith, MD</td>
<td>Emory University School of Medicine</td>
<td>Assistant Professor, Emory Department of Psychiatry and Behavioral Sciences</td>
</tr>
<tr>
<td>Chelsea Hickerson, MD</td>
<td>University of Tennessee Health Science Center College of Medicine</td>
<td>Assistant Professor, Emory Department of Psychiatry and Behavioral Sciences</td>
</tr>
<tr>
<td>Todd Hoffenberg, MD</td>
<td>University of Miami Leonard M. Miller School of Medicine</td>
<td>Inpatient Attending and Associate Medical Director, Wesley Woods Hospital</td>
</tr>
<tr>
<td>Kathryn Johnson Cottone, MD</td>
<td>Howard University College of Medicine</td>
<td>Child and Adolescent Psychiatry Fellowship; Emory University</td>
</tr>
<tr>
<td>Susan Kirsch, MD</td>
<td>State University of New York Downstate Medical Center College of Medicine</td>
<td>Child and Adolescent Psychiatry Fellowship; Emory University</td>
</tr>
<tr>
<td>Virginia “Paige” Litz, DO</td>
<td>Touro College of Osteopathic Medicine</td>
<td>Child and Adolescent Psychiatry Fellowship; Medical University of South Carolina</td>
</tr>
<tr>
<td>Cristina Poscablo-Stein, MD, MPH</td>
<td>George Washington University School of Medicine and Health Sciences</td>
<td>Private Practice</td>
</tr>
<tr>
<td>Mahalia Way, MD, PhD</td>
<td>Weill Cornell Medical College</td>
<td>Staff Psychiatrist; Emory Student Health</td>
</tr>
</tbody>
</table>

## Internal Medicine/Psychiatry

<table>
<thead>
<tr>
<th>Name</th>
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</thead>
<tbody>
<tr>
<td>Erika Heard, MD</td>
<td>Duke University School of Medicine</td>
<td>Geriatric Psychiatry Fellowship; Emory University</td>
</tr>
</tbody>
</table>
Resident Events

Past Residents –vs.– Faculty Kickball Games
House staff

General Responsibilities

Each resident participating in the Emory University School of Medicine Residency Training program (TRAINING PROGRAM) has the responsibility to:

1.01 Provide compassionate, timely, and appropriate patient care; accept the duties, responsibilities and rotations assigned by the resident's department Chair or the Chair's designee; abide by the rules, regulations and policies of Emory University, Emory University School of Medicine, and the hospitals to which the resident is assigned; and conform to the ethical and professional standards of the medical profession;

1.02 Develop a personal program of self-study and professional growth with guidance from the teaching staff;

1.03 Participate fully in educational activities, accept and follow direction provided by faculty members and more senior residents and, as directed, assume responsibility for teaching and supervising other residents, medical students, and other health care students;

1.04 Participate, as appropriate, in institutional committees and councils, especially those that relate to patient care review and activities;

1.05 Apply reasonable cost containment measures in the provision of patient care;

1.06 Obtain a GA Temporary Postgraduate Permit or a GA Medical License. Each PGY 1- PGY 7 resident/fellow participating in Emory University Residency Training program has the responsibility to obtain a GA Temporary Postgraduate Training Permit. If you already have a GA Medical License, you are not obligated to get a permit. If you are PGY 8 or higher, you must obtain a GA Medical License. Refer to sections 5.04, 5.05, and 5.06.

1.07 Maintain complete and up-to-date immunity and health records in the OGME (See Section 3);

1.08 Inform OGME and the Program Director of changes in address and personal phone number;

1.09 Inform the Benefits Section of Emory University's Human Resources Department (404-727-7613) of any events requiring a change of benefits or tax status (e.g., change in marital status, birth or the adoption of a child).
House staff

Benefits

The Residency Program provides the following group benefit plans. You may also enroll your eligible dependents for health, dental and vision coverage.

http://www.hr.emory.edu/eu/index.html

ANNUAL STIPENDS FOR July 1, 2016 - June 30, 2017

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<th>PGY</th>
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<td>4</td>
<td>$5,229.67</td>
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</table>

HEALTH CARE PLANS
Residents have the POS Health Plan. The POS Health Plan is a conventional medical plan where members pay co-pays for some services (co-pays are fixed fee amounts that you pay at the time you receive services). The POS Plan also uses co-insurance for some services (co-insurance is the portion of expense you must pay for care, in most cases, after meeting your deductible). The deductible is a set amount that typically you must pay before co-insurance starts. Refer to the Quick Guide for deductible amounts. The POS Plan also has an out-of-pocket maximum to protect you in the event you have significant medical expenses during the year. The POS Plan allows members to receive services from a national network of providers and facilities. Preventive care is covered at 100% under the POS Plan.

DENTAL PLAN
As a resident, you are eligible for participation in the Aetna PPO dental plan. Eligibility is not contingent upon participation in either of the health care options. The plan is a traditional PPO plan with an annual maximum benefit. Emory realizes that good dental health begins with routine preventive care. To this end, services received by either In- or Out-of-Network providers are covered by the plan at 100% up to reasonable and customary: oral examinations, routine cleanings and polishing, fluoride, sealants (permanent molars only), full mouth series X-rays, and space maintainers

FLEXIBLE SPENDING ACCOUNTS
These accounts are set up to accumulate money on a before-tax basis to pay eligible out-of-pocket health/dental care and dependent care expenses. There are annual minimum and maximum contribution amounts.

RETIREMENT BENEFITS
Emory offers the Medical House Staff a 403(b) Roth Plan and a 403(b) Savings Plan. Employees can make contributions to one or more of the following retirement vendors: Fidelity Investments, TIAA-CREF, and The Vanguard Group.

DISABILITY INSURANCE
After a 90-day disability waiting period, benefits are payable at 60% of salary to a maximum of $5,000 per month.
AUTO/HOMEOWNERS/RENTERS INSURANCE
Emory University offers stipend deductions to residents for auto, homeowners and renters insurance through MetPay (MetLife Auto & Home). The premiums are discounted, and the resident pays the entire cost.

SICK LEAVE
Twelve calendar days of sick leave per year. There is no carry-over provision.

VACATION/LEAVE
Fifteen calendar days of compensated leave per year. There is no carry-over provision.

FACULTY and STAFF ASSISTANCE PROGRAM (FSAP)
The Emory Employee Assistance Program offers a broad range of confidential, professional services, which address a variety of personal concerns, social issues, health questions, and organizational needs. Call (404) 727-4328 or visit http://fsap.emory.edu/index.html for more information.

ADDITIONAL OPTIONAL BENEFITS
Library Privileges
Membership in Emory Federal Credit Union
Benefits for domestic partners
Membership to recreation and fitness facilities
WHERE TO LIVE IN ATLANTA?
The Atlanta metropolitan area has a variety of housing options. Whether your tastes are downtown dwellings, neighborhood nesting’s, or country comforts, our city has it all. Since you will be working at three different hospitals, location is important. Grady Hospital is located in downtown/midtown Atlanta and Emory and the VA are located northeast of downtown. The longest commute from hospital to hospital is just under 8 miles and approximately 25 minutes depending on traffic. The majority of our residents live in either the Midtown/Virginia Highlands area or in Decatur. The Midtown/Virginia Highlands area is very cosmopolitan, artsy, and young, and there is a lot of nightlife, eateries and shopping. This area is very close to Grady and Emory Midtown hospitals. Decatur is closer to the Emory and VA hospitals and is not quite as urban and fast-paced as the midtown area, but there still are plenty of eateries, bars and shops in the area.

ATTRACTIONS
Atlanta is host to professional sports teams in football, baseball, basketball, soccer, football, and basketball. Aside from sports, there are a multitude of other events and attractions to enjoy in Atlanta – the Black Arts Festival, Jazz Festival, Peachtree Road Race, Cyclorama, Georgia Aquarium, The High Museum, Underground Atlanta, Fernbank Science Center, World of Coca-Cola, Six Flags Over Georgia, Zoo Atlanta, Stone Mountain Park and a host of other museums, gardens, parks, concert venues, historical attractions and arts and educational centers.

2016 RANKINGS
#1 – Annual Top 10 Moving Destinations (Penske)
#1 – Top Cities for Young Entrepreneurs (Under 30 CEO)
#2 – Top 25 Most affordable housing in metro areas in the U.S (Interest.com)
#2 – America’s Most Tech-Friendly Cities (PC World)
#3 – Top 20 Cities- FORTUNE 500 headquarters (Fortune)
#4 – Metros for Entrepreneurial Activity (Kauffman Index)
#4 – America’s Smartest Cities (MOVOTO)

ATLANTA HAS: *AtlantaHostel.com
- 41 public golf courses
- 54 public parks
- 71 streets with the name "Peachtree"
- home of the Martin Luther King, Jr. Center for Nonviolent Social Change
- the largest aquarium in the world
- the largest mall in the Southeast - Lenox Square
- the World of Coca-Cola- Atlanta Coke Museum
- the world’s largest bas-relief sculpture - Georgia’s Stone Mountain Park
- the largest 10K race in the world - The annual Peachtree Road Race with 60,000 runners
- the second-largest convention center in the world - the Georgia World Congress Center

COMMENTS ABOUT ATLANTA:
- “Cheap, direct flights from Atlanta to all over the world!”
- “Atlanta is an amazing city with lots of outdoor activities, like mountain biking, within an hour’s drive of the city”
- “Atlanta is a foodie town. There’s food from all regions (and a lot of it is affordable)”
- “A diverse and exciting night life”
- “Tons of festivals, conventions, shows, concerts, and improv comedy”

* Most affordable housing (Interest.com, a Bankrate company, and Atlanta Journal Constitution)
A $50,000 Salary in Atlanta is comparable to:

- $113,877 in New York City
- $83,693 in San Francisco
- $72,250 in Washington, D.C.
- $60,052 in Chicago
- $61,603 in Seattle

<table>
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<th></th>
<th>ATLANTA</th>
<th>NEW YORK</th>
<th>SAN FRANCISCO</th>
<th>SEATTLE</th>
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<td>$109</td>
<td>$111</td>
<td>$116</td>
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<tr>
<td>DRY CLEANING</td>
<td>$8.52</td>
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<td>$12.12</td>
<td>$12.40</td>
<td>$8.86</td>
<td>$9.01</td>
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**WEATHER IN ATLANTA**

<table>
<thead>
<tr>
<th>FALL</th>
<th>Sept</th>
<th>Oct</th>
<th>Nov</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Average High/Low Temp:</td>
<td>82/64</td>
<td>73/53</td>
<td>63/44</td>
</tr>
<tr>
<td>Average Rainfall:</td>
<td>3.27</td>
<td>2.44</td>
<td>2.95</td>
</tr>
<tr>
<td>Days of Rain:</td>
<td>7</td>
<td>7</td>
<td>8</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>SPRING</th>
<th>Mar</th>
<th>Apr</th>
<th>May</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average High/Low Temp:</td>
<td>65/44</td>
<td>73/50</td>
<td>80/59</td>
</tr>
<tr>
<td>Average Rainfall:</td>
<td>5.35</td>
<td>4.49</td>
<td>3.15</td>
</tr>
<tr>
<td>Days of Rain:</td>
<td>12</td>
<td>10</td>
<td>9</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>SUMMER</th>
<th>June</th>
<th>July</th>
<th>Aug</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average High/Low Temp:</td>
<td>87/67</td>
<td>89/71</td>
<td>88/70</td>
</tr>
<tr>
<td>Average Rainfall:</td>
<td>3.82</td>
<td>4.72</td>
<td>3.58</td>
</tr>
<tr>
<td>Days of Rain:</td>
<td>10</td>
<td>12</td>
<td>10</td>
</tr>
</tbody>
</table>
PRESENTATIONS/TEACHING:

David Goldsmith

POSTERS/ABSTRACTS:

Alina Abascal

Taryn Abrams
Halverson D, Abrams T, Vo LC, Frank M, Hankin D. “Inappropriate Medication Use in Vulnerable Elder Patients on VA’s Inpatient Psychiatry Unit”. Poster presentation at Emory Quality Conference, Atlanta, GA (2016).

Jason Carness

Nisha Fernandes

Constantine Galifianakis
Saah T, Galifianakis C, Johnson K, Schwartz AC. “Improving the effectiveness of psychiatric consultations in the general medical hospital.” Poster presentation at the Georgia Psychiatric Physicians Association (GPPA) Winter CME meeting, Atlanta, GA.


Saah T, Galifianakis C, Johnson K, Schwartz AC. “Improving the effectiveness of psychiatric consultations in the general medical hospital.” Poster presentation at the Science of GME Projects Day, Atlanta, GA.
**Kristine Goins**  

**David Goldsmith**  
“Social Media and the Portrayal of Antidepressant Medication.” Poster presentation at the APA and the Science of GME Day.

Poster presentation at International Congress of Schizophrenia Research. “Meta-Analysis of Cytokine Alterations in Acute Psychiatric Patients: Comparisons between Schizophrenia, Bipolar Disorder, and Depression.”


1st Place GPPA Annual Meeting Poster Presentation: “Characteristics of persistent antipsychotic polypharmacy recipients: Findings from a national Medicaid data set with a specific emphasis on the State of Georgia.

**David Halverson**  
Halverson D, Abrams T, Vo LC, Frank M, Hankin D. “Inappropriate Medication Use in Vulnerable Elder Patients on VA’s Inpatient Psychiatry Unit”. Poster presentation at Emory Quality Conference, Atlanta, GA (2016).

**Erika Heard**  


**Chelsea Hickerson**  

**Howard Hudson**  
Ada Njoku

Emily Novik

Andrew Owens

Jonathan Peeples

Cristina Poscablo-Stein

Vera Tate

Krysti Vo
“No Apparent Cardiac Conduction Effects of Acute Treatment with Risperidone in Children with Autism" presented at 2015 APA conference and the GPPA.

Halverson D, Abrams T, Vo LC, Frank M, Hankin D. “Inappropriate Medication Use in Vulnerable Elder Patients on VA’s Inpatient Psychiatry Unit”. Poster presentation at Emory Quality Conference, Atlanta, GA (2016).

**PUBLICATIONS/CHAPTERS:**

David Goldsmith


**Jungjin Kim**

**Neguine Rezaii**


Book chapter on "Thought and Language" with Phillip Wolff, PhD (Emory Dept. of Linguistics).


**Krysti Vo**
Medical School research manuscript titled "Brain Activation in Middle Occipital Cortex during Successful Inhibition Predicts Early Relapse in Cocaine Dependence," in which she is first author, is currently in review.

**RESEARCH:**

**David Goldsmith**
Co-Investigator on three IRB approved studies

**Neguine Rezaii**
Research project on "Thought and Language" with Phillip Wolff, PhD (Emory Dept. of Linguistics). Initial finding were discussed Stanford University and received positive feedback.

**AWARDS:**

**David Goldsmith**
Honorable Mention for the 2014 NIMH Outstanding Resident Award

2014 Janssen Academic Research Mentoring Award

1st Place: Joe and Hope Skobba Memorial Award at Winter GPPA Meeting. “Attitudes regarding clozapine use among GPPA members: Findings from the 2015 Winter Meeting Clozapine Survey” (2016).

Resident Research Award for 2015-2016
Selected as a 2016 Laughlin Fellow of the American College of Psychiatrists.

Wellborn Fellowship Scholarship Award recipient (2015-2016) to explore interactions between the immune system and persistent symptoms of schizophrenia.

**Laura Hack**  
Honorable Mention for the 2016 NIMH Outstanding Resident Award.

**David Halverson**  
Medical Student Teaching Award for 2014-2015

Accepted into the 2016 Geriatric Mental Health Foundation Honors Scholar Program through the American Association for Geriatric Psychiatry.

**Erika Heard**  
Wellborn Fellowship Scholarship Award recipient (2015-2016). Utilized funds from the award to travel to Ethiopia as part of the prestigious Emory University School of Medicine (SOM) Emory Global Health Residency Scholars Program

**Todd Hoffenberg**  
PRITE Award for 2015-2016

**Howard Hudson**  
Wellborn Fellowship Scholarship Award recipient (2016-2017). Plans to utilize funds to pursue training in mindfulness-based cognitive therapy.

**Jungjin Kim**  
Medical Student Teaching Award for 2015-2016


**Cristina Poscablo-Stein**  
Wellborn Fellowship Scholarship Award recipient (2015-2016). Utilized to obtain professional training in Mindfulness-based Cognitive Therapy (MBCT) in order to provide high quality mindfulness instruction to patients in clinical practice.

**Vera Tate**  
Wellborn Fellowship Scholarship Award recipient (2016-2017). Plans to utilize funds to participate in an international medical mission to Ethiopia.

**Krysti Vo**  
Selected as an American Psychiatric Association (APA) Public Psychiatry Fellow for 2015-2017 and will serve on the APA committee during her term.

Resident-Fellow-Member Board of Trustee for the GPPA (2015-2016 term)

Social Chair, Political Correspondent, and Class Representative (2014-2015 term)
OTHER AWARDS/ACCOMPLISHMENTS:

David Goldsmith
Received the Janssen Resident Psychiatric Research Scholar Award. As a result, he received a scholarship to attend the annual APA meeting.

David Halverson
President, Emory Psychiatry Residency (2015-2016)

Collin Reiff
President, Emory Psychiatry Residency (2016-2017)