2018-2019
PSYCHIATRY RESIDENCY RECRUITMENT

Department of Psychiatry and Behavioral Sciences
VALUES

- **Excellence** – We are committed to the highest level of performance.

- **Integrity/Ethics** – We are committed to the highest ethical standards in all aspects of our work and through our actions. We expect from ourselves honesty, integrity and accountability.

- **Teamwork/Collaboration/Collegiality** – We foster a community where caring and fairness result in collegiality. We are committed to teamwork and cooperative relationships. We take pride in what we do as individuals and as part of a team.

- **Discovery/Innovation/Scientific Advancement/Scholarship** – We value innovation through creativity, discipline, unwavering commitment, and responsibility. Our faculty, staff, trainees, and partners form a strong and vital community committed to excellence in innovation and science.

- **Social Responsibility/Service/Citizenship/Community** – We are committed to the emotional and physical well-being of our community and will actively partner to ensure the provision of mental health services.
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Interview Schedule

8:00 am – 8:30 am  Welcome/Program Introduction with Dr. Schwartz (Executive Park)
8:30 am – 9:00 am  Welcome/Department Chairman with Dr. Rapaport (Executive Park)
9:00 am – 11:15 am Interviews (Executive Park)
11:30 am - 12:00 pm Shuttle to Grady Memorial Hospital
12:15 pm - 1:15 pm Lunch with Residents/Tour (Grady Hospital)
1:15 pm - 1:45 pm Group Meeting with Dr. Norquist, Cotes, or Ward (Grady Hospital)
2:00 pm - 2:45 pm City Bus Tour
2:45 pm – 3:00 pm Tour of Emory University Hospital at Wesley Woods
3:15 pm - 3:45 pm Group Meeting and Wrap Up with Chief Resident (Executive Park)
Message from
Chair and Program Director

Dear Residency Applicant,

We want to welcome you to your interview day here at Emory University's Department of Psychiatry and Behavioral Sciences. Residency training is of paramount importance to the department and we have an outstanding program at Emory. We expose our trainees to a wide range of experiences led by world-class researchers and clinicians. Our goal is to foster your professional development as physicians who specialize in psychiatry. Our program fosters critical thinking, autonomy, and lifelong learning.

We provide comprehensive psychiatric services to an incredibly diverse set of patients within our multi-hospital training program, including the Emory Healthcare System as well as our affiliate hospitals, Grady Memorial Hospital and the Atlanta VA Medical Center. Residents participate in our interdisciplinary programs that span the human life cycle, from work with neonates to the care of geriatric patients. We are expanding both research and international training opportunities for our residents. We are fortunate to be part of an academic complex that includes the Yerkes National Primate Center (directed by one of our faculty), as well as world-renowned schools of law, religion, business, public health and nursing and the Carter Center. This affords ambitious residents a myriad of rich academic opportunities. Upon graduation, we are confident that our residents will have tools to be the next generation of leaders in the field.

The city of Atlanta’s diversity adds to the richness of the training experience. Emory is located in a thriving metropolis with a thriving arts, music, and dining scene. We believe that Emory and Atlanta is not only a wonderful place to train, but also to live. So, enjoy your time with us and get to know some of our residents, our residency leadership team, and faculty. You will see that a culture of excellence permeates. We encourage you to ask questions and engage our residents in discussions about their training experience.

This is an exciting time to be in psychiatry residency training: our field is rapidly advancing as we discover answers to mysteries of the human mind. Our department is one of the world leaders in this endeavor. We invite you to embark on this journey with us at Emory!

Sincerely,

Mark H. Rapaport, M.D.
Reunette W. Harris Professor
Chair and Chief of Psychiatric Services

Ann C. Schwartz, M.D.
Professor of Psychiatry & Behavioral Sciences
Director of Residency Education
Message from
Vice-Chair of Education

Dear Applicant,

Thank you for applying to Emory. You are among the elite group of medical student graduates who have chosen psychiatry. Emory has one of the best clinical and research programs in the United States interviewing only about 10% of applicants. So first congratulations and we hope your interview day will be a rewarding experience. We all look forward to meeting you.

Today we have one of the best residency programs in the United States. At Emory you will receive a clinical experience second to none with Emory University and Midtown hospitals as top ten academic centers, a VA with one of the largest psychiatric services in the Southeast, an urban psychiatric center, Grady, which provides training in the severely mentally ill and emergency psychiatry.

Emory also has one of the largest neuromodulation programs in the country with electroconvulsive therapy, transcranial magnetic therapy and deep brain stimulation all available to our patients. Within the residency program, we have two specialty tracks, the psychotherapy track and the research track, and we are looking into adding additional tracks such as community psychiatry. There is also a psychoanalytic training program as well as nationally recognized expertise in cognitive behavioral therapy. Emory has all of the ACGME fellowship programs including child, addiction, forensic, geriatric and psychosomatic fellowships.

But the strength of our program is largely due to our residents. Let me give you some concrete examples of the collaboration of our residents and faculty. The residents published several research articles in the last year with our faculty and were first author on many of the articles. In addition, the residents presented numerous abstracts/posters locally and regionally, as well as nationally at conferences.

The residents also received a number of prestigious regional and national awards and positions including the American Society for Clinical Psychopharmacology (ASCP) New Investigator Award, American Psychiatric Association (APA) Resident Recognition Award, APA Diversity Leadership Fellowship, APA/APAF Leadership Fellowship, and the Rappeport Fellowship Award of the American Academy of Psychiatry and the Law. In addition, our residents were recipients of the American Academy of Addiction Psychiatry Resident Travel Scholarship, Society of Biological Psychiatry Travel Award, American Group Psychotherapy Association Travel Scholarship, and the Walter Wellborn Fellowship Award. And that was just the last academic year! These awards continue to add to the national prominence of our program.

This is an exciting time and you are coming to a dynamic residency program. We look forward to meeting you on the interview day.

William M. McDonald, M.D.
JB Fuqua Professor of Psychiatry
Vice-Chair for Education
Program Leadership

Mark Hyman Rapaport, M.D.  
Chair and Chief of Psychiatric Services  
Reunette W. Harris Professor  
mark.h.rapaport@emory.edu  
Medical School: University of California, San Diego  
Internship: Long Beach Veterans Administration and the University of California  
Residency: University of California, San Diego  
Research Fellowship: University of California, San Diego  
Clinical Fellowship: National Institute of Mental Health  
Areas of interest: Biologic genesis of anxiety disorders, bipolar disorder, depression and immunity abnormalities in schizophrenia

William McDonald, M.D.  
Vice-Chair of Education  
Professor of Psychiatry  
wmdona@emory.edu  
Medical School: Duke University Medical School  
Residency/Chief Residency: Duke University Medical School  
Areas of interest: Neuroanatomy and clinical features of mood disorders particularly in late life

Ann Schwartz, M.D.  
Residency Program Director  
Professor of Psychiatry and Behavioral Sciences  
aschwa2@emory.edu  
Medical School: Medical College of Wisconsin  
Residency: Emory University  
Areas of interest: Psychiatric education, Consultation Liaison psychiatry, professionalism

Robert Cotes, M.D.  
Associate Program Director  
Assistant Professor of Psychiatry  
robert.o.cotes@emory.edu  
Medical School: West Virginia University School of Medicine  
Residency: Dartmouth  
Areas of interest: Schizophrenia, psychiatric education

Kellie Clearo, M.D., RPh  
Residency Program Director, Medicine / Psychiatry, Assistant Professor of Medicine and Psychiatry  
kclearo@emory.edu  
Medical School: University of Washington  
Internship: State University of New York (SUNY), Brooklyn  
Residency: Duke University School of Medicine  
Areas of interest: Hospital medicine, outpatient psychiatry, behavioral therapy, substance abuse, integration of medicine and psychiatry and residency education

Martha Ward, M.D.  
Associate Program Director, General Psychiatry  
Associate Program Director, Medicine/Psychiatry  
Director, Emory Psychiatry Residency Outpatient Psychotherapy Training Program  
Assistant Professor of Psychiatry and Internal Medicine  
mcrag@emory.edu  
Medical School: Emory University School of Medicine  
Residency: Emory Combined Internal Medicine/Psychiatry Residency  
Areas of interest: Improving medical care for individuals with severe mental illness, medical trainee wellness

Andrew H. Miller, M.D.  
Director of Resident Research  
Director of Psychiatric Oncology  
William P. Timmie Professor of Psychiatry and Behavioral Sciences  
amill02@emory.edu  
Medical School: Medical College of Georgia  
Residency: Albert Einstein College of Medicine, New York  
Areas of interest: Impact of the activated immune system on behavior and health, and the role of glucocorticoid hormones and their receptors in the regulation of inflammatory responses.

Michael Treadway, Ph.D.  
Assistant Professor of Psychology and Psychiatry, Training Director, Psychiatry  
Residency Research Training Track  
m.treadway@emory.edu  
Undergraduate: Columbia University  
Graduate: Vanderbilt University  
Internship: McLean Hospital/Harvard Medical School  
Post-Doc: McLean Hospital/Harvard Medical School  
Areas of interest: Understanding the molecular and circuit-level mechanisms of psychiatric symptoms related to mood, anxiety, and decision-making employing a variety of methods, including multimodal neuroimaging techniques (fMRI, MRS, and PET), behavioral paradigms, computational modeling, and clinical/personality assessment.
Amitha Dhingra, M.D.  
Chief Resident, Emory  
Medical School:  
Northeast Ohio Medical University  
Future Plans: Geriatric Psychiatry Fellowship, Emory University School of Medicine  
Academic Interests:  
Neuromodulation, improving diagnostic accuracy, polypharmacy in the geriatric population, patient outcomes

Mina Boazak, M.D.  
Co-Chief Resident, Grady  
Medical School:  
American University of the Caribbean School of Medicine  
Future Plans: Clinical informatics  
Academic Interests:  
Utilizing technology to identify and reform disparities in clinical care in local and global settings.

Hannah Potvin, M.D.  
Co-Chief Resident, Grady  
Medical School:  
University of Texas Medical Branch School of Medicine  
Future Plans: private practice  
Academic Interests:  
narrative medicine, women’s mental health, student health psychiatry, and integrative health

Hassan Naqvi, M.D.  
Co-Chief Resident, Emory Outpatient Psychotherapy Training Program and Ambulatory Services  
Medical School: SUNY Upstate Medical University College of Medicine  
Future Plans: Forensic Psychiatry Fellowship, Yale School of Medicine  
Academic Interests:  
Psychotherapy, cultural psychiatry, novel substances of abuse, medical student and resident education, forensic psychiatry, violence and suicide risk assessments, political violence.

Justin Palanci, M.D.  
Co-Chief Resident, Emory Outpatient Psychotherapy Training Program and Ambulatory Services  
Medical School: George Washington University School of Medicine and Health Sciences  
Future Plans: Academic psychiatry  
Academic Interests:  
First episode psychosis, Open Dialogue, psychotherapy for psychotic disorders, teaching

Veronica Novosad, M.D.  
Chief Resident, VA Medical Center  
Medical School: University of Florida College of Medicine  
Future Plans: General adult psychiatry  
Academic Interests:  
Women’s mental health, trauma, psychotherapy (CBT, CBT for insomnia, exposure and response prevention (ERP), Cognitive Processing Therapy), resident and medical student education, quality improvement
General Psychiatry Residency Education Program Coordinators

Yamylex Belis, B.A.  
Residency Program Coordinator  
yamylex.belis@emory.edu

Sandra Saltibus, B.T.  
Residency Program Coordinator  
ssaltib@emory.edu

Outpatient Psychotherapy Training Program (OPTP)

Andrew Furman, M.D.  
Medical Director  
afurman@emory.edu

Martha Ward, M.D.  
Director, Outpatient Psychotherapy Program – Emory Clinic  
mcaig@emory.edu

Psychopharmacology Training Program

Jeffrey Rakofsky, M.D.  
Clinic Director  
jrakof@emory.edu

Del Hanson  
Clinic Manager  
dhanso2@emory.edu
Other Department Leaders

**Nadine Kaslow, Ph.D.**
Director of Postdoctoral Residency Program in Health Service Psychology, Professor of Psychiatry
**Areas of interest:** assessment and treatment of family violence and treatment of depression and suicide in youth and adults, couples and family therapy, women’s mental health, pediatric psychology and a competency-based approach to psychology education and supervision

**Steven Levy, M.D.**
Bernard C. Holland Professor of Psychiatry
**Medical School:** Duke University School of Medicine
**Internship:** Massachusetts General Hospital
**Residency:** Yale University Affiliated Hospitals
**Fellowship:** National Institute of Mental Health
**Other:** Columbia University Psychoanalytic Center
**Areas of interest:** Psychotherapy, Ego Psychology, Psychoanalytic Research, Community Mental Health

**Jennifer Holton, M.D.**
Program Director, Child and Adolescent Psychiatry
Assistant Professor of Psychiatry
**Medical School:** University of Medicine and Dentistry of New Jersey, New Jersey Medical School
**Residency:** Mount Sinai Medical Center, New York, NY: Residencies in pediatrics, psychiatry and child/adolescent psychiatry (triple board)
**Areas of interest:** Education

**Peter Ash, M.D.**
Program Director, Forensic Fellowship
Professor of Psychiatry
**Medical School:** University of Pennsylvania
**Residency:** University of Michigan
**Fellowship:** Child Psychiatry Fellowship, University of Michigan
**Areas of interest:** Forensic child psychiatry, adolescent culpability, restoration of competency to stand trial, jail diversion

**Adriana Hermida, M.D.**
Program Director, Geriatric Fellowship
Assistant Professor of Psychiatry
**Medical School:** Universidad del Cauca, Colombia
**Residency:** University of Chicago
**Fellowship:** Geriatric Psychiatry, Northwestern University
**Areas of interest:** Psychiatric manifestation of neurological disorders such as Parkinson’s Disease, Alzheimer’s Disease and Huntington’s Disease, neuroimaging in psychiatry and neuromodulation therapies in treatment resistant depression

**Christoffel Le Roux, M.D.**
Program Director, Addiction Fellowship
Assistant Professor of Psychiatry
**Medical School:** Stellenbosch University Faculty of Medicine, Morehouse University School of Medicine
**Residency:** Loma Linda University
**Fellowship:** Emory University
**Areas of interest:** The Disease of Addiction, The Elements of Recovery, Alcoholics Anonymous, Co-Dependence, Military Training and Demilitarization in Recovery, Posttraumatic and Bicultural Stress in Recovery, Spirituality, Resident Physician Education

**Raymond Young, M.D.**
Division Chief, Psychiatric Consultation Liaison Services for Emory Healthcare, Program Director, Consultation Liaison Fellowship Program
Assistant Professor of Psychiatry
**Medical School:** The Medical College of Ohio (now known as University of Toledo School of Medicine)
**Residency:** Rush Presbyterian St. Luke’s Medical Center (Internal Medicine-Psychiatry Residency)
**Areas of interest:** Delirium, Conversion Disorder, Geriatric Psychiatry, Organ Transplantation, education of residents, students
Hospitals Within the Program

EMORY UNIVERSITY HOSPITAL (EUH)

- 587-bed adult tertiary and quaternary care facility with more than 18,000 patients admitted annually
- Ten-bed NIH-funded General Clinical Research Center
- Members of the Atlanta community have repeatedly designated Emory University Hospital the Consumer’s Choice Award winner
- Emory University Hospital was ranked the number one hospital in the state of Georgia for the 6th year in a row.
- The Medical Education Building on Emory’s campus hosts patient simulators, testing labs, wireless technology, and numerous study and small group classrooms

EMORY ROTATION DESCRIPTIONS:

- **Consultation/Liaison (EUH)**
  - Patient Population/Health System: Urban to rural; private
  - Daily bedside attending rounds with Emory faculty
  - PGY-2 residents present cases to the team
  - Medical student teaching opportunities available
  - Residents cover emergent psychiatric consultations in the EUH Emergency Department (ED)
  - Bi-weekly journal club
  - Monthly case conference with senior faculty
  - Home call covering the adult inpatient unit direct admissions and unit issues, average of every 7 nights
  - General Psychiatry and Internal Medicine-Psychiatry residents spend two months on Emory's Consultation/Liaison service during their 2nd year of residency
  - 3rd and 4th year medical students may also rotate on the consultation service as part of their required clerkship as well as elective rotations
  - Since 2012, the consultation liaison service has also provided clinical experiences for physician assistant students
GRADY MEMORIAL HOSPITAL (GMH)

- Opened in 1892 for the purpose of providing medical care to Atlanta’s indigent population of Fulton and DeKalb counties
- A 953-bed facility with nearly 30,000 inpatients and more than 600,000 outpatients treated each year
- Internationally recognized teaching hospital staffed exclusively by doctors from Emory University and Morehouse schools of medicine
- 25 percent of all doctors practicing medicine in Georgia received some or all of their training at Grady
- Grady Emergency Care Center is the leading Level One trauma center in the region

- The Marcus Stroke and Neuroscience Center at Grady is a Neurocritical Care Unit for acute, time-dependent neurological emergencies, incorporating the most advanced equipment and a host of ground-breaking advancements in method and facility design.
- Grady utilizes the EPIC electronic medical record system
- Grady was selected by State officials as the site of the Georgia Cancer Center for Excellence in cancer treatment and prevention that opened in January 2003
- Grady Memorial Hospital opened an NIH-funded General Clinical Research Center (GCRC) and which is one of the few public hospitals in the nation with a GCRC on site

GRADY ROTATION DESCRIPTIONS:

- **Grady Inpatient Psychiatric Unit**
  - 24-bed unit focused on the underserved
  - Each intern manages a team of 4-6 patients with one on one supervision from an attending
  - Interns obtain in depth experience stabilizing severe psychiatric disease
  - All interns have their own individual office while in this rotation

- **Emergency Department (ED) and Crisis Intervention Service (CIS)**
  - Interns develop expertise at evaluating and stabilizing psychiatric emergencies
  - Extensive experience managing patients who are acutely suicidal, homicidal, psychotic, and manic
  - Grady is the main involuntary hold (1013) receiving facility for Atlanta
  - Interns work-up patients and then present them to supervising faculty

- **Community Psychiatry**
  - One month rotation recently added in response to resident feedback
  - Rotation’s goal is to broaden the resident’s exposure to a variety of outpatient settings our patients may commonly encounter
  - Interns work on an Assertive Community Treatment Team, a Clozaril Clinic, a Med/Psych Clinic, with groups in Psychosocial Rehabilitation, and in a Mental Health Clinic with the Atlanta City Detention Center
  - An additional component of the rotation includes the resident practicing and receiving supervision in Motivational Enhancement Therapy

- **Night Float**
  - Two week rotation working nights (Saturdays off) in the first and second half of the six month block on the psychiatry service
  - Interns cover both the inpatient unit and CIS but spend most of their time evaluating psychiatric emergencies in the ED
  - Enables interns not to take call on any psychiatry rotation during the work week
  - Offers direct supervision by a senior resident onsite and attending offsite

- **Grady Consultation/Liaison Service**
  - Two month PGY-2 rotation
  - Daily teaching rounds as well as bedside supervision from the consultation-liaison faculty
  - Extensive experience managing patients with wide range of psychiatric diagnoses, including cognitive disorders (e.g., delirium and dementia), psychotic disorders, affective disorders, anxiety disorders, substance use disorders, somatoform disorders, and personality disorders
  - Evaluate and manage patients who have issues regarding decisional capacity, issues with adherence, maladaptive coping skills, and chronic pain
  - Medical student teaching opportunities available
  - Weekly evidence-based journal club
ATLANTA VA MEDICAL CENTER (VA)

- The Atlanta VA Medical Center (VAMC), located on 26 acres in Decatur, is one of eight medical centers in the VA Southeast Network
- 445-bed facility classified as a complexity level 1A tertiary care facility
- The VA is a teaching hospital, providing a full range of patient care services complete with state-of-the-art technology, education, and research
- The medical center oversees six VA community-based outpatient clinics
- One of the largest VA research programs in the nation including one of the national VA Rehabilitation Research Centers of Excellence, which consists of over 400 projects conducted by 140 principal research investigators with more than 300 research associates and staff

ATLANTA VA ROTATION DESCRIPTIONS:

- **VA Inpatient**
  - Patient Population/Health System: Veterans with PTSD, traumatic brain injuries, and substance dependence are unique to this population, however General Psychiatric cases are common as well
  - Daily rounds with Emory and VA faculty
  - Strong emphasis on interdisciplinary team approach to enhance systems based learning
  - Resident call is 24 hours, every 6-7 days in the VA Psych Emergency Department with attending coverage overnight via telephone
  - Daily didactic activities; Wednesdays are the exception (general program didactics)
  - Residents present case Conferences once monthly with Master Clinicians
  - Observed Interviews conducted 1-2 times monthly with board certified psychiatrists
  - Medical student teaching opportunities are always available at this site

- **VA Addiction**
  - Patient Population/Health System: Veterans with co-morbid substance dependence and other psychiatric disorders at the VA 28-day intensive outpatient rehabilitation program (IOP)
  - Strong emphasis on interdisciplinary team approach to treat addiction in the veteran population.
  - Residents split their time between group psychotherapy, treatment team, intake assessments, psychiatric management of IOP patients, and inpatient consultation
  - Faculty supervision with senior addiction psychiatrist
  - Present a journal article in group or individual supervision
  - Teach patients in the treatment program about a mental health topic of relevance to them
EMORY WESLEY WOODS HOSPITAL (WW)

- A 64-acre wooded campus comprised of a 44 bed acute care hospital, two long-term care nursing facilities, an independent living facility for seniors, a 10-bed inpatient hospice facility, and an outpatient center
- Wesley Woods is one of only and handful of geriatric centers in the United States nationally recognized for its comprehensive care to individuals and families facing age-related health care issues

WESLEY WOODS ROTATION DESCRIPTIONS:

- **Geriatric Psychiatry (WW)**
  - PGY-2s provide acute psychiatric care for geriatric patients who are voluntarily or involuntarily hospitalized
  - Bi-weekly participation in ECT with Attending Psychiatrist
  - Residents provide weekly comprehensive evaluations in the outpatient geriatric clinic, which accepts referrals from southeast region
  - Home call covering the adult inpatient unit direct admissions and unit issues, average of every 7 nights
  - Monthly geriatric case conference
  - Medical student teaching opportunities

- **Adult Inpatient Psychiatry (WW)**
  - Patient Population/Health System: private, voluntary, specialized service accepting referrals from southeast region
  - 22-bed inpatient unit for acute psychiatric care
  - 22-bed medical behavioral health unit specializing in the care of patients with a primary behavioral health diagnosis who have active medical comorbidities
  - Exposure to ECT and ketamine infusions for treatment resistant depression
  - Daily interviewing with attending Psychiatrist
  - Residents present cases daily at morning report
  - Bi-weekly journal club
  - Monthly case conference with senior faculty
  - Medical and physician assistant student teaching opportunities
  - Home call covering adult inpatient unit direct admissions and unit issues, average every 7 days
Fellowships

ADDICTION FELLOWSHIP

- Directed by Christoffel Le Roux, MD (Christoffel.LeRoux@va.gov)
- One-year fellowship program
- Residents receive direct supervision in evaluation and treatment of men and women of different ages, ethnic and socioeconomic backgrounds with addictions to all of the major classes of addicting substances
- Three clinical sites: VAMC substance abuse treatment program (8 months); Grady Memorial Hospital (2 months); and one at Talbott Recovery Campus (2 months)
- Supervised training in performing patient evaluations, managing rehabilitation and detoxification, and treating psychiatric co-morbidities
- Weekly Wednesday morning seminars
- Fellowship highlights include experience with the Infectious Disease Program, Drug Court, the Impaired Professionals Program, scholarship opportunities and quality improvement projects, Buprenorphine Treatment training (AAAP’s “Half and Half” course), and a book club and journal club

CHILD AND ADOLESCENT FELLOWSHIP

- Directed by Jennifer Holton, MD (Jennifer.e.holton@emory.edu)
- Two-year program which has been designed to offer training composed of a well balanced mix of clinical experiences, formal didactics, and theoretical orientations
- Close supervision from faculty members which fosters professional development
- Exposure to issues of teaching, research, and administration with varying levels of participation depending on the situation
- Well supervised experiences in diagnosing and treating all the major psychiatric disorders in children, adolescents and families
- Progressive exposure to broad theoretical perspectives of development, from infancy through adolescents
- Comprehensive exposure to the practice of child and adolescent psychiatry within medical and community settings
- In-depth experience with administrative and clinical aspects of a variety of health care systems; critical training in reading the literature as well as basic research methodology

FORENSIC FELLOWSHIP

- Directed by Peter Ash, MD (pash01@emory.edu)
- One-year program
- Contains a blend of state government interest and private university academic orientation has produced a growing program which emphasizes forensic teaching, public policy development, research, and, for child psychiatrists, a variety of child forensic experiences.
- Considerable individual supervision is provided
- Program provides flexibility in experiences depending on a fellow’s interests
- Didactics include a weekly case-oriented seminar and a weekly seminar on the non-criminal AAPL Landmark Cases
- Fellows may audit one course each term at the Emory University School of Law
- Opportunities to participate at a state government level on policy development and in research projects aimed at informing public policy decision-making
- Fellows are encouraged in to participate in ongoing research projects or to develop their own.
- Participate in training other professionals and in helping train psychiatry and child psychiatry residents who rotate through the program
GERIATRIC FELLOWSHIP

- Directed by Adriana Hermida, MD (ahermid@emory.edu)
- One-year program
- Training is conducted at the Wesley Woods Geriatric Hospital and affiliations
- Fellows receive direct supervision in medical, neurological and psychiatry evaluation and management of a varied geriatric population
- The fellow will also have the opportunity to have in-depth training in Electroconvulsive Therapy (ECT)
- Fellows will receive selective training at other affiliations such as 12 Executive Park, Atlanta VA Medical Center, Budd Terrace, and Fountainview Nursing Home
- Ongoing seminars covering specific reading assignments from three geriatric psychiatry textbooks covering areas of normal aging, pharmacokinetics and pharmacodynamics, diagnostic issues, management, treatment outcome, psychotherapy, cultural diversity, epidemiology, quality of life issues, death and dying issues, psychological testing in the elderly and medical ethics

CONSULTATION LIAISON FELLOWSHIP

- Directed by Raymond Young, MD (ryoung2@emory.edu)
- One-year program
- Fellows spend four months at Emory University Hospital, four months at Grady Memorial Hospital, and four months at the Atlanta VA Medical Center
- Rotations include training in psychiatric consultation and management of medical and surgical inpatients and outpatients
- Fellows also have a continuity clinic in the Organ Transplantation Center
- Weekly seminars and teaching conferences covering the full range of consultation liaison medicine topics throughout the year at the two sites
- Daily teaching rounds where the emphasis is on diagnostic and interviewing skills, increasing knowledge, case presentations, short-term therapy, optimizing collegial relationships with other health providers, and professionalism
- Considerable individual supervision is provided
- Fellows participate in ongoing quality improvement projects in collaboration with the VA Quality Fellowship Program
- Fellows also participate in ongoing research projects and are encouraged to develop their own
Residency Program Goals

The primary goal of the general psychiatry program is to foster an educational environment that allows residents to meet their full potential as emerging leaders in the field of psychiatry. The program provides a strong base in psychiatric principles in the first two clinical years that is common for all the residents. During these years, all of the residents complete their neurology and medicine/pediatric requirements and are immersed in hospital-based psychiatry. The strength of the inpatient training program is in the variety of patient settings which range from Grady Memorial Hospital (a county hospital with a majority of patients who are from underserved minority groups and lower socioeconomic groups), the Atlanta VA Hospital (serving a diverse population of veterans with state of the art substance abuse and trauma services), Emory Wesley Woods Hospital (a free-standing psychiatric hospital which has a wide catchment area for adult and elderly patients with mood and psychotic disorders) and Emory University Hospital (serving primarily patients with treatment-resistant psychiatric disorders who have private insurance). These different settings allow for the residents to understand the importance of the psychosocial factors in the presentation and care of mental illnesses and afford a unique training opportunity that draws upon the strengths of each hospital.

The residents also develop skills in evaluating and managing psychiatric outpatients early in the residency including their experience evaluating patients in the Grady emergency room as a PGY-1 and evaluating and treating outpatient psychotherapy patients at the beginning of the second year. Psychotherapy training is a primary goal of the program and the residents are introduced to psychotherapy in the second year and continue with psychotherapy training throughout the residency program. During residency, the training in psychotherapy progresses from learning basic psychotherapy skills in the second year to an understanding of time-limited symptom-focused psychotherapy and long-term insight-oriented psychodynamic therapy as they progress through the residency.

In the second year, residents begin the process of exploring specific areas of interest in psychiatry. Residents can choose two one-month electives in a wide variety of clinical and research electives in order to develop their interests in a specific area of psychiatry. Second year residents also develop skills in evaluating and treating the spectrum of psychiatric disorders from geriatric patients at Wesley Woods to children and adolescents through supervised clinical experiences.

During the third year, residents continue to develop skills in managing outpatients in psychotherapy and psychopharmacology in a number of diverse settings including the outpatient psychotherapy and psychopharmacology programs at Executive Park, outpatient psychiatry clinics at the Grady Park Place, the VA Mental Hygiene Clinic, or Emory Student Health. In addition, the residents continue their training from the PGY-2 year in child and adolescent psychiatry with additional intensive training at the Child Outpatient Clinic at Executive Park.

The fourth year is designed to allow residents to prepare for their post-residency careers and specialize in specific areas of psychiatry. The residents are given a variety of options including choosing a chief residency position including the Emory Hospital, VA Medical Center, Grady Memorial, Emory Ambulatory Services at EP12, and Residency Research. Residents may also choose to develop a research project or a clinical specialty such as geriatric psychiatry or electroconvulsive therapy.

Overall the educational focus of the program changes from developing basic inpatient skills to gaining experience in an outpatient setting. As individual residents progress through the program they also develop individual areas of expertise which can range from clinical psychiatry to psychoanalysis and research. The program goals shift during the residency from a common shared experience of the basics of psychiatry to increasingly allowing residents to choose from a variety of experiences to develop their individual career paths.
PGY-1 Goals

The primary goals of the PGY-1 year are to provide a foundation in internal medicine/pediatrics and neurology, and also to provide an introduction to the evaluation and care of both acute and chronically ill psychiatric patients. Residents are allowed to choose from a variety of experiences on internal medicine and/or pediatrics including inpatient rotations, outpatient consultation services and emergency room medicine. Residents choose these rotations based on their individual goals with residents interested in child psychiatry often electing to spend more time on pediatric rotations and residents interested in emergency psychiatry opting for the emergency services rotations.

During the 6-month psychiatry rotation, the residents are based on the Thirteenth Floor and in the Emergency Department of Grady Memorial Hospital. The Thirteenth Floor has the full complement of psychiatric training resources including the psychiatric emergency room (Crisis Intervention Services - CIS), and an inpatient psychiatric unit. The strength of the program for these beginning residents is that they can be closely supervised by the faculty and followed on each of the rotations across these units. Overall goals can be monitored closely, remediation plans put into place for residents who are not achieving the goals and residents who are doing well can be given more appropriate autonomy based on feedback from supervisors.

Seminar lectures focus on basic emergency psychiatric skills such as suicide assessment and commitment law, diagnostic and treatment criteria for the major psychiatric disorders with a focus on the psychotic disorders and substance abuse and psychopharmacology related to management of patients with severe, acute and chronic psychiatric disorders.

The overall goals of the PGY-1 year are:

- **Medicine/ Pediatrics; Neurology:** To gain knowledge in internal medicine/pediatrics and neurology in understanding the appropriate workup and management of acutely and chronically ill patients. In the process, interns learn to work with a team and gain an appreciation for medical issues in psychiatry as well as how psychiatry can interface with medical services and neurology.

- **Inpatient Psychiatry:**
  - To develop proficiency in evaluation, diagnosis and treatment of patients with severe mental illness, firmly rooted in the principles of evidence based medicine
  - To familiarize residents with the community resources available and how to access them.
  - To enhance the resident’s appreciation of a multidisciplinary team approach to psychiatric care. Evaluate the resident in a multidisciplinary team setting and facilitate their development as an effective member of the team.
  - To further the resident’s understanding that mental illness falls within the context of a patient’s life and the understanding that patients’ are treated in the context of their life circumstances.
  - To gain an appreciation that mental illness is a multidimensional process involving biological, psychological, and social dimensions, and that appropriate care should involve all domains.

- **Emergency Psychiatry:**
  - To develop proficiency in the evaluation, diagnosis and treatment of patients in an emergency room setting
  - To learn how to do suicide assessments and assess patients for inpatient admission vs. management in the community
  - To understand the medicolegal issues related to the process of involuntary commitment
**PGY-2 Goals**

The goals of the second year are to build on the developed capacities of the first year and to introduce more advanced knowledge and methods of care. The residents continue rotations on inpatient psychiatry at the Atlanta VA Medical Center and the Emory University Hospital at Wesley Woods where they extend their psychiatric knowledge in different patient populations. In the PGY-2 year, residents provide care in different treatment settings with patient populations that have different challenges and learning opportunities than those they worked with as PGY-1 residents. The residents are also on call at Wesley Woods and the VA emergency room and again this adds to their emergency psychiatry training by exposing them to different patient populations and a range of community resources.

Seminar lectures topics are expanded to include more lectures on the mood and anxiety disorders including diagnostic criteria and psychopharmacology and somatic treatments (e.g. electroconvulsive therapy and transcranial magnetic stimulation) for these disorders, lectures on child and adolescent development and introductory lectures on psychotherapy.

In addition to the inpatient goals cited above for the PGY-1 year, the residents assume increasing autonomy in the care of the psychiatric inpatients and develop the capacity to take a leadership role on the inpatient treatment team. There are a number of other goals added to the PGY-2 year:

- **Consultation/ Liaison Psychiatry:** To develop expertise in the diagnosis, treatment and management of a variety of psychiatric disorders in patients with co-morbid medical/surgical illnesses and in the interactions with their physicians and support staff. The residents participate in C/L psychiatry at both Grady and Emory Hospitals.

- **Child and Adolescent Psychiatry:**
  - To train general psychiatrists to conduct psychopharmacology, psychotherapy, and hospitalization of adolescents. Residents have a one-month rotation (2 days per week) of child and adolescent consultations at Children’s Hospital at Scottish Rite.
  - To familiarize the residents with the issues and problems that occurs in families with children and adolescents so that the residents can be more effective when working with adults who are parents.

- **Geriatric Psychiatry:** To develop expertise in the evaluation, diagnosis and management of geriatric patients with late-life affective disorders, psychosis, cognitive impairment and behavioral disorders in a one month inpatient rotation at Emory University Hospital at Wesley Woods.

- **Substance Use Disorder Psychiatry:** To introduce knowledge and treatment for substance use disorders through supervised individual and group therapy in a one month outpatient rotation at the VA.

- **Outpatient psychiatry:**
  - To begin supervised individual psychotherapy with patients that the residents will continue to treat throughout the remainder of their residency.
  - To begin supervised group and couple’s therapy

- **Electives:** Two one-month elective blocks allow residents to participate in a wide range of elective activities that include research and clinical areas. The intent of the electives is to allow residents to gain experience in areas of possible interest and to work with faculty and staff in programs that they are not exposed to in the first two years of the general residency.
The goal of the third year is to develop and extend the resident’s capacity to manage psychiatric outpatients. The residents are based at Executive Park 12 for their outpatient psychotherapy and psychopharmacology clinics as well as their outpatient child experience. Residents have additional experiences in an outpatient setting near the Grady campus (Park Place), VA Medical Center, or Emory University Student Health & Counseling Services.

Seminar lectures are on increasingly advanced topics in the diagnosis and care of psychiatric disorders including additional topics in depression and anxiety with an emphasis on treatment resistant patients. Seminar lectures also focus on advanced topics in child and adolescent psychiatry and in family and group therapy.

- **Outpatient Psychotherapy Training Program (OPTP) at Executive Park 12:**
  - To continue supervised, individual psychotherapy with patients referred to the sliding scale resident clinic with an increasing number of hours devoted to supervision and outpatient psychotherapy.
  - To include supervision and therapy in a number of psychotherapy modalities including psychodynamic, time limited, cognitive behavioral and behavioral therapy.

- **Outpatient Child and Adolescent Psychiatry:**
  - To gain competence in the evaluation and treatment of children and adolescents in an outpatient setting for one afternoon a week for the entire year. Outpatient experiences include a general psychopharmacology clinic, an ADHD clinic, and a CBT and Behavioral Activation Clinic. The resident will serve as the primary therapist for the patients.

- **Outpatient care at the Grady Outpatient Clinic, VA Mental Hygiene Clinic, OR Emory University Student Health & Counseling Services:**
  - To manage outpatients in both an individual and group mode, diagnosing and treating chronic mental illness in four half-day blocks over the entire year.
  - To train the residents to treat patients over a longer period of time that allows for a deeper therapeutic relationship, more opportunities for developing diagnoses over time and observing the long term advantages and sequelae of medications.

- **Psychopharmacology at Executive Park 12:**
  - To train residents in the careful diagnostic outpatient evaluation of patients seeking psychopharmacological management in a clinic with expert psychopharmacologists in a private insurance clinic for one half day a week over one year. These patients are private pay or insurance and are a different mix than the patients seen at the primary outpatient clinics.
  - To train residents in state-of-the-art, evidence-based psychopharmacological management of patients with a range of psychiatric diagnoses and develop skills for life-long learning as it relates to psychopharmacology practice.
PGY-4 Goals

The goals of the PGY-4 year are to prepare the resident for post residency and to ensure that they use the final year effectively as part of developing their career plan. By the fourth year, the goals for their career plan are well developed through the mentoring process with the faculty and the biannual resident reviews that have been conducted since their PGY-1 year. The specific goals for each resident vary considerably.

In general, residents interested in academic careers, or refining their teaching or inpatient psychiatry skills will apply for the chief resident positions. There are five chief resident positions including Emory Chief, Emory Ambulatory Chief, Grady Chief, VA Chief, and Residency Research Chief. Each of the positions offers unique opportunities and challenges. For example, the ambulatory or outpatient chief resident position has added an innovative opportunity for a resident who wants to pursue a career in private psychiatry. This position offers a resident the opportunity to develop skills in managing a large clinic. This Chief Resident will learn everything about the clinic from the budgetary issues to the issues related to clinical care. The Grady Chief Resident has significant clinical responsibilities for both the emergency room and the inpatient wards. The VA Chief Resident is largely responsible for administration and preparing the seminars for the residents and medical students and is particularly suited to a resident considering a VA based career. The Emory Chief Resident has administrative, teaching and clinical responsibilities.

Often the Chief Resident at each of the sites is considering a post residency career at that hospital and this position allows them to try working with the faculty at that hospital in a leadership position.

Some residents will use the time to complete requirements and all will continue with outpatient psychotherapy and psychopharmacology cases. Most residents will have ample time to try a number of electives including electives in research and clinical areas.

The seminars for the final year include a number of the lectures which have been left unassigned and the residents chose special topics. Popular topics include private practitioners discussing how to manage a private practice, advanced research topics and a return of the most popular lecturers from the previous years.
# Rotation Summary by Year

<table>
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<tr>
<th>Year</th>
<th>Rotation Details</th>
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<tbody>
<tr>
<td><strong>PGY1</strong></td>
<td>6 months Psychiatry (Inpatient, Community Psychiatry, and Psychiatric Emergency Service)</td>
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<tr>
<td></td>
<td>2 months Emory Inpatient at WW</td>
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<tr>
<td><strong>PGY2</strong></td>
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<tr>
<td><strong>PGY3</strong></td>
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<td><strong>PGY4</strong></td>
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*Overall Summary of Rotations per year (rotations are not necessarily completed in this order)*

**Intern Resident comments:**
“I am really impressed by the amount of one on one time with the attendings during the intern year. Our attendings are very personable and have an open door policy for my questions big or small. When dealing with such an acutely ill population it is comforting to know that there is help with any issue that may arise.”
Outpatient Psychotherapy Training Program (OPTP)

Psychotherapy training is a high priority in our residency program. The centerpiece is the Outpatient Psychotherapy Training Program (OPTP), which offers didactic instruction and experiential learning. This centrally administered program is continuous during the resident's rotations through other services. It is overseen by Martha Ward, MD, the director of the outpatient psychotherapy treatment program at Emory Brain Health Center. Over sixty full-time or adjunct faculty with a variety of psychotherapy backgrounds supervise residents.

After introductory lectures, residents begin their supervised psychotherapeutic work in the PGY-2 year and continue throughout the remainder of the residency. There are a wide variety of patients seen in the outpatient program from a range of sociodemographic backgrounds who present with a broad spectrum of diagnostic disorders and clinical presentations. Patients are referred from many areas of the community including Emory faculty/staff, student health, and student counseling services, self-referrals, and referrals from other mental health professionals. Required time commitment at the OPTP is 4 hours per week for PGY-2s and 12 hours per week for PGY-3s/PGY-4s.

PGY-2 residents see at least 2 psychotherapy patients and receive supervision with an onsite faculty member and the chief resident. PGY-3 and 4 residents have 6 hours dedicated to direct patient care that may include intakes and psychotherapy (individual, group, and couple/family). They also have a minimum of 2-3 hours of supervision provided on or off campus and participate in case conferences and didactic seminars for dynamic and cognitive behavioral therapy.

Each resident is expected to learn and practice a variety of therapeutic modalities and approaches. Therapeutic modalities include individual, group, and couple/family therapy and adjunctive psychopharmacological therapy. Therapeutic approaches include but are not limited to: brief and long-term psychodynamic psychotherapy, cognitive behavioral therapy including third wave approaches, supportive psychotherapy, and therapy guided by integrative approaches. An enhanced focus on evidence-based treatment approaches may involve the resident’s participation in psychotherapy research projects conducted in the OPTP.

A Chief Residency in the Outpatient Services is offered as an elective in the PGY-4 year. The Chief Resident’s work is divided between the OPTP and the Emory Psychopharmacology Clinic. There is also a psychotherapy track offered that begins in the PGY-3 year for those residents interested in advanced training in psychotherapy methods and research.
Clinical and Research Programs

Our department is able to provide a myriad of different types of training experiences for psychiatric residents and fellows in a variety of psychiatry subspecialties. Below are examples of some of our outstanding clinical services, and world-class research and training opportunities.

Emory Autism Resource Center (EARC)
http://www.psychiatry.emory.edu/PROGRAMS/autism/index.html
The EARC is a University-based program for children adolescents and adults with autism and related disorders, their families, and professionals and agencies that serve them. The Center has become a model for diagnosis, family support, innovative treatment and a vital source for professional training. This program provides treatment and consultative services which strive to promote full community participation for persons with autism.

The Child and Adolescent Mood Program (CAMP)
http://www.camp-emory.com/
AMP is an interdisciplinary clinical research program that aims to provide and improve best practices for children and adolescents with mental health difficulties, including mood disorders such as depression, anxiety, or bipolar disorder. The CAMP team provides outpatient clinical services including psychopharmacological evaluations and medication management, individual therapy, family therapy, parent skills training, group therapy, and diagnostic, intelligence, and achievement testing.

Emory Behavioral Immunology Program
https://behavioralimmunology.com/
Investigators in the Behavioral Immunology Program are interested in interactions among the brain, endocrine system and the immune system, especially as they relate to the effects of inflammation on the development of psychiatric disorders including depression, anxiety disorders and schizophrenia. They also study the impact of inflammation on the brain in medically ill patients including those with cancer. Investigators are exploring a variety of treatment strategies that target the immune system to treat psychiatric disorders.

Veterans Program at Emory Healthcare
http://www.emoryhealthcare.org/veterans
Emory’s Veterans Program offers post-9/11 veterans collaborative treatment for Posttraumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), anxiety, depression and conditions stemming from Military Sexual Trauma (MST) at no cost to the veteran. Treatment is conducted by top specialists in the fields of psychiatry, psychology, neurology, rehabilitative medicine and wellness working in concert to provide individualized care.

Fuqua Center for Late-Life Depression
http://fuquacenter.org/index.php
This Center’s mission is to improve elderly adults’ access to treatment for depression and provide education to improve public awareness and understanding of elder patient depression in an effort to de-stigmatize and eliminate discrimination associated with mental illness. Together with the Geriatric Psychiatry Outpatient Clinic, the Fuqua Center provides comprehensive geriatric psychiatry treatment services to elderly patients, including inpatient and outpatient psychiatric care, peer support, psychotherapy, preventative care and chronic disease management for seniors.
Grady NIA Project
http://www.psychiatry.emory.edu/PROGRAMS/niaproject/home.htm
“Nia” is a principle of Kwanzaa, and means “Purpose.” This research program includes a number of projects, including investigating both risk factors (including intimate partner violence) and protective factors for suicide attempts in African American women and examining risk and protective factors for suicide attempts in abused, African American women. In addition, the NIA project is assessing a culturally-relevant group empowerment intervention program for abused, suicidal African American women. Other projects are focusing on expanding efforts to examine culturally-informed, empowerment-based, psychoeducational interventions for abused and suicidal African American women to see if it is more beneficial than standard care in reducing suicidal thoughts, depression, and domestic violence.

Grady Trauma Project (GTP)
http://www.gradytraumaproject.com/
This project aims to determine the relative contribution of genetic and trauma-related risk factors for Posttraumatic Stress Disorder (PTSD) in a cross-sectional study of a highly traumatized, low socioeconomic status, minority urban population. The project examines three independent factors that contribute to the relative risk for PTSD following trauma: genotype polymorphism, lifetime history of trauma, and peri-traumatic emotional response to the PTSD-related event. Genetic risk factors include genetic polymorphisms that have been shown to contribute to the development of psychopathology in other stress-related psychiatric disorders.

Maternal Substance Abuse and Child Development Program
http://www.psychiatry.emory.edu/PROGRAMS/GADrug/index.html
This project was among the first to establish a program for screening pregnant women for alcohol use in order to identify the extent of the problem in Georgia as well as methods for prevention in this group. The program was able to establish that alcohol effects could be seen in the newborn infant. In addition, the project found that an informational intervention with pregnant women could reduce alcohol and other drug use and improve birth outcomes.

Mood and Anxiety Disorders Program
http://www.psychiatry.emory.edu/PROGRAMS/Emoryclinicaltrials/index.html
The Mood and Anxiety Disorders Program is dedicated to conducting global health care research on an individual level. An experienced team of medical doctors, psychologists, social workers, and nurses seek to discover improved treatments for depression and anxiety disorders.

Trauma and Anxiety Recovery Program (TARP)
http://psychiatry.emory.edu/programs/tarp/
This program offers clinical services and clinical research services to individuals suffering from various anxiety disorders including Posttraumatic Stress Disorder (PTSD), phobias, obsessive compulsive disorder (OCD), panic disorder and other anxiety-related problems. TARP utilizes virtual reality exposure therapy to treat patients with anxiety disorders, addictions, and pain.

Women’s Mental Health
http://womensmentalhealth.emory.edu/
The Emory Women’s Mental Health Program is an academic center of excellence for the psychiatric care of women. This program provides state-of-the-art care for mental illness in women with an emphasis on pregnancy, the postpartum period, and breast-feeding.
Clinical/Elective Electives

Clinical Electives

- Addiction Psychiatry (VAMC)
- Adults with Autism-Spectrum Disorders and Neurodevelopmental Disabilities (Emory)
- Assertive Community Treatment (ACT) (Grady)
- Carter Center (Liberia Project or Policy Focus)
- Child Psychiatry (Emory)
- Clinical Psychiatric Oncology (Emory)
- Consultation/Liaison Service (Emory, Grady, or VA)
- General Psychiatry Practice Elective (Emory)
- Family Therapy Elective (Grady)
- Faculty Staff Assistance Program (Emory)
- Forensic Psychiatry (Grady)
- Gender Clinic (Grady)
- Geriatric Psychiatry and ECT Elective (Wesley Woods)
- Geriatric Psychiatry Outpatient Elective (VA)
- Grady Emergency Department (ED) Elective
- Grady NIA Project
- HIV/AIDS Mental Health/Substance Abuse Elective (Grady)
- Medical Toxicology Elective (Grady)
- Palliative Care Consults (VA)
- Senior Resident Psychopharmacology Elective (Emory)
- Safety, Trauma, and Recovery –StaR (PTSD/Substance Abuse Treatment Program) (VA)
- Sleep Medicine Elective (Emory)
- Social Medicine: Urban Health Initiative (Grady)
- Student Health Clinic Elective (Emory University)
- Suboxone Clinic (Grady)
- Time-Limited Dynamic Psychotherapy (Grady)
- Women’s Mental Health Program Perinatal Clinical Care (Emory)

Research Electives

- Child Psychiatry Research
- Grady Trauma Project
- Mood and Anxiety Disorders Program: Clinical Trials Elective (Emory)
- PSTAR (Persistent Symptoms: Treatment Assessment and Recovery) (Grady)
- Schizophrenia Research (VAMC)
- Trauma Recovery Program (VAMC)
- Emory Women’s Mental Health Program Psychiatric Clinical Research
- Emory’s Veterans Program

“Emory’s excellent psychotherapy program has provided the opportunity for me to train in cognitive behavioral therapy, interpersonal therapy, dialectical behavioral therapy and psychodynamic therapy.”

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Other Education Program Activities

Didactics
All classes have protected time on Wednesday mornings for didactics. The didactics are organized into modules with individual module leaders who are experts in their particular area. The half-day didactics enable us to organize a coherent curriculum with no gaps and minimal redundancy in content. In addition, this allows us to have inter-class learning and class-wide workshops. The centralized didactics help foster collegiality and socialization for both residents and faculty.

Grand Rounds
The Emory Department of Psychiatry Grand Rounds is a bi-monthly lecture presentation featuring a variety of national figures in American psychiatry. This speaker series is a forum that supplements the formal didactic program and provides for the dissemination of new information from medical research and/or societal issues relevant to psychiatry. Grand Rounds are typically held the second and fourth Wednesdays of the month. Following Grand Rounds, there is an informal resident lunch with the Grand Rounds speaker.

Regular Meetings with Program Leadership
The Program Directors meet with each individual resident class approximately every six weeks. These meetings give the residents an opportunity to discuss both individual and group topics of importance relative to their learning goals and their experiences. In addition, there are individual, semi-annual meetings to review progress, set learning goals, and review career plans.

Bite-Sized Teaching Conference
In the Bite-Sized Teaching (BST) conference, three residents give 8 minute talks during noon conference related to the theme of the day (i.e. mood disorders, neuroscience, psychiatry/neurology, etc.) followed by Q&A. Each resident is paired with an attending coach to help develop the talk and practice presentation skills. The content is developed with the idea in mind of educating residents on important topics within psychiatry.

Peer Mentorship “The Big-Little Program”
The department of psychiatry prides itself in fostering a healthy environment for residents. Amongst our efforts we provide multiple opportunities for mentorship. The Big-Little Program is a peer mentorship program that strives to aid residents in their transition from medical school through to residency. Applicants are linked to a peer mentor upon acceptance to residency. While mentorship relationships vary, most participants find their mentors to be a good source of information on life in Atlanta, preparation for residency, and in many instances these relationships develop into long lasting friendships.

Diversity and Inclusion Subcommittee
Residents have an opportunity to participate in the Diversity and Inclusion Subcommittee that focuses on optimizing ways in which the department can create and sustain a culture that fosters representation, inclusiveness and celebrates diversity across many domains, including but not limited to, age, sex and gender, sexual orientation, gender identity, race, ethnicity, indigenous background, culture, national origin, language, religion, spiritual orientation, ability status, social class, education, veteran status, political persuasion, professional interests, and other cultural and professional dimensions. We are committed to recruiting and developing a diverse group of students and innovative leaders in Psychiatry.
Resident Retreat
Residents have a two-day annual retreat in the spring to facilitate team building. In addition, residents are asked to work on goals for the following year and provide suggestions for program improvement. Activities in past years have included whitewater rafting, hiking in the Georgia Mountains, and enjoying a ropes course.

Residency Program Evaluation Committee (PEC) Meetings
The PEC meets monthly on the first Tuesday of the month. The meetings are open to all residents who are always welcome to suggest agenda items to any members of the committee to consider business relating to the Residency Education Program. Residents are encouraged to voice their opinions which can be an important way to shape the program.

Resident Meetings
There is a monthly meeting in which residents of all training years unite and discuss ways to further improve the residency. This activity adds to the cohesion of the program and promotes cross talk among classes. The elected residency class president organizes these ideas and presents them to the program leadership.

Resident Research Lunches
There is a monthly meeting for residents interested in learning more about research within the department. It also serves as a forum for residents interested in research to discuss ideas, data, and other research opportunities. The lunch takes multiple formats including presentations by faculty members, journal clubs, as well as informal discussions about research topics.

Resident/Faculty Events
Residents, faculty, and their families participate in an annual picnic. This year, the event was held at a local park and included all specialties in the Brain Health Center. In addition, the department hosts the graduation ceremony in June and an annual holiday party in December.

Selective Seminars
The PGY-4s have a didactic module called "Selective Seminars." The class collectively decides on special topics and speakers for this module, based on interests of the class. Topics in the past have been starting a private practice, contract negotiation, financial planning, billing/coding to name a few.

Wellness Subcommittee
A Wellness Committee has been established in the Department of Psychiatry and Behavioral Sciences and focuses on optimizing ways in which the department can create and sustain a culture that fosters wellness. The committee is comprised of faculty, staff, and trainees from across disciplines, sites, programs, and job functions.
## Evidence-Based Medicine
Evidence-based principles are integrated into the residents’ didactic curriculum over the course of the residency. Emphasis is placed on asking key questions, searching the literature and critically appraising all types of scholarly articles. Journal club activities are also included embedded in clinical rotations to reinforce these principles.

## Protected Didactic Time
Residents throughout the program are free from clinical responsibilities on Wednesday mornings to focus on their education. The didactic curriculum is designed to maximize the learning potential of the clinical experience, equip the learner with the tools to provide evidence-based patient care, and facilitate a spirit of life-long learning upon graduation.

## Elective Opportunities
Residents have 1.5 months of elective time in their PGY-2 year, and have an additional 12 months of elective time in their PGY-4 year. Several clinical and research opportunities are available at a diverse number of sites. Detailed descriptions of these opportunities are available on our website. Popular electives include Women’s Mental Health, forensic psychiatry, child & adolescent psychiatry, and research electives.

## Supported Career Development
Whether a resident is interested in a research, teaching, or clinical career, program leadership supports and mentors residents as they hone their interests. During semi-annual meetings with program leadership, interests are explored and guidance is provided. Seminars about employment after residency are strategically placed throughout the didactic curriculum.

## Residency Research Track
A formal research track is available for residents who wish to pursue a career as a clinical scientist. The goal of this track is to provide interested residents with specialized research training and experiences, mentoring them towards a research-focused career. Residents have participated in deep brain stimulation, neuroimaging, and PTSD research.

## Scholarship/Research
We support our residents in their scholarship and research efforts. Residents can participate in research electives in during their elective months in their PGY-2 and PGY-4 years. To name a few, research electives include the Grady Trauma Project, the Grady NIA project, autism research, Clinical Trials Program in mood and anxiety disorders, Safety, Trauma, and Recovery Program (STaR), and Trauma Recovery Program. Research and psychotherapy tracks are also available for residents.

## Resident Research Group
The group was formed with the purpose of helping residents learn of research being conducted by both Emory faculty and non-Emory researchers. The expectation of the faculty mentors is to share personal insights on their research experiences, future opportunities, and developments related to the field of psychiatry and medicine. The group meets monthly.

## Mentorship
We have various mentoring opportunities in the program. Individual mentors are available for all residents, and are matched with faculty based on areas of interest. Class mentors are assigned to work with each PGY group and meet with the classes regularly. Research mentorship (Mentor Match Program) is available. In addition, we offer peer-to-peer mentorship.

## Psychotherapy Track
A formal psychotherapy track is available for interested residents. The goal is to provide an intensive experience for residents interested in deepening and broadening their understanding and technical proficiency in psychotherapy.

## Emory Psychoanalytic Institute
Residents may apply to this unique training opportunity in psychoanalysis. The institute provides an integrated curriculum of postgraduate courses as well as organized programs of clinical case supervision in psychoanalysis or psychoanalytic psychotherapy.

### Global Health Opportunities
Residents have the opportunity to gain exposure to global health activities, both locally and abroad. Residents may elect to rotate in our Clarkston Refugee Mental Health Clinic, providing psychiatric evaluation and treatment to individuals from a variety of ethnic and racial backgrounds. In addition, in collaboration with The Carter Center, residents may participate in the Liberia Project, focused on scaling up services and training mental health providers in a post-conflict, low-income environment. Residents may also participate in the Global health Residency Scholars’ Program, a year-long program that consists of monthly didactic seminars, an ethics course, and an in-country rotation in Addis Ababa, Ethiopia, accompanied by an Emory faculty member.
The Bite-Sized Teaching (BST) conference is a novel resident-taught lecture series that provides high-yield, engaging lectures in a time-efficient and memorable manner. In the BST conference, three trainees give 8-minute talks during a noon conference related to the theme of the day, followed by Q&A. A faculty coach is assigned to each trainee to mentor them in content selection, innovative use of audiovisual materials, and lecture delivery. The content is developed with the idea in mind of educating trainees on important topics within psychiatry.

Our audience survey feedback indicates that learners appreciate the brevity and creativity of these lectures and their shorter format. By using residents as teachers, this conference format has the added benefit of providing residents with the opportunity to grow as educators and develop their public speaking skills.

Recent presentations at the BST conference have included:

**Suicide**
- Media Risk Assessment: Is Suicide Contagious? (presenter: Carolina Medeiros, MD)
- Interpersonal Theory of Suicidal Behavior (presenter: Yara Mekawi, MA)
- Suicide & Social Media: 140 Characters or Less (presenter: Hannah Potvin, MD)

**Diversity**
- Hispanic Mental Health through the Lens of Intersectionality (presenter: Andrea Florez, PhD)
- Mental Health Outreach in Faith-Based Communities (presenter: Hassan Naqvi, MD)
- The Pew and the Couch: The Role of Religion and Spirituality in Recovery (presenter: Joseph Vinson, MD)

**Psychotherapy**
- Love Talk: Using the 5 Love Languages to Communicate Love (presenter: Virginia Dawson, MD)
- 1/10th of 1% of everything you need to know about psychodynamic theory (presenter: John Mahler, MD)
- Incorporative Principles of Dialogic Practice into Everyday Client Interactions (presenter: Amanda McMillan, MD)

Feedback from attendees:
- “I enjoyed the opportunity to learn directly from my colleagues.”
- “The multiple, short presentations were engaging and kept my attention.”
- “Brings together residents and faculty at all levels.”
- “Short, sweet, to the point.”
- “Fun, quick facts, resident driven.”
- “Short, easy to digest and stay focused.”
- “Good effort by residents, fun to see different styles.”
- “Timely, informative, relevant.”
- “Great review of current topics in psychiatry.”
- “Engaging and memorable presentations.”
**ENHANCED ACCESS TO RESEARCH** is supported through an enriched research-based curriculum for all residents and web-based tools to support research activities.

- New curriculum includes experiential learning activities and direct contact with program faculty and their laboratories through our “Particle to Professor” series.

- A web-based “Mentor-Match” program that allows immediate access of all residents to individualized guidance in finding a laboratory and a mentor is underway. This will facilitate a resident’s ability to become embedded in a research lab early in training, maximizing opportunities for participating in lab meetings, seminars and journal clubs.

- Our Residency Research Website is another innovative way of improving access to all residents by providing targeted research-based information such as upcoming research meetings and research award opportunities as well as toolkits for writing manuscripts and grant applications.

- Travel funds to research meetings will also be made available to all residents.

**PROACTIVE ENGAGEMENT** of interested residents will begin during residency recruitment and will continue throughout the first 2 years of residency.

- The Director and/or Associate of Residency Research will meet with each resident with a background in research or significant interest in pursuing research, to assist them in finding a research “home” and defining professional development goals.

- A research track for PGY-3 and 4 residents provides opportunities for mentored research activities, with the goal of applying for a fifth year research fellowship.

- Numerous research training opportunities across the Emory campus are available for residents, depending on specific scientific goals and training needs.

**INNOVATIVE RESEARCH PROGRAMS** provide a multitude of scientific opportunities. The following highlight some specific areas of focus that residents may become engaged in:

- **Neurobiology of Fear and Trauma-Related Disorders:** Includes broad research training opportunities, from animal models of fear and fear regulation to human studies of Posttraumatic Stress Disorder in civilian and military populations.

- **Neuromodulation of Mood Disorders:** Training in a wide array of sophisticated neuroimaging and neurotherapeutic modalities, for adult and geriatric populations, focused on the spectrum of affective and anxiety disorders.

- **Behavioral Immunology and Neuroendocrinology:** Focuses on the role of the immune and neuroendocrine systems in regulation of behavior and examines treatment strategies targeting the immune system. Also includes training in complementary and alternative medicine for mood and anxiety disorders, including neuroendocrine and immune mechanisms that mediate treatment outcomes.

- **Neurodevelopment and Social Translational Neuroscience:** Translational neuroscience and applied clinical approaches are utilized to identify the etiological mechanisms in abnormal social-emotional development and the neurobiological processes involved in normal social behavior. Includes a broad array of clinical research training opportunities that span the developmental continuum, as well as basic science opportunities.

- **Community Mental Health Research:** Unique training opportunities in the application of public health policy to psychiatric disorders, assessing healthcare utilization among the mentally ill, and identifying biopsychosocial predictors of suicidality in high risk community mental health patients.
## Our Residents

### PGY-1 Residents

**HOUSESTAFF**
- 46 Core Psychiatry
- 11 Medicine/Psychiatry Combined

**DEMOGRAPHICS**
- 27 Female
- 30 Male

### PGY-2 Residents

**GEOGRAPHY**
- 43 Medical Schools represented
- 24 US states
- 8 Countries

**BOARD PASS RATE***
- 100% - ABPN Board pass rate
*Based on ABPN Residency Program Summary Report

### PGY-3 Residents

**STRENGTHS AND UNIQUE OPPORTUNITIES**
- Diversity of clinical venues, and patient populations
- Multi-sites with diverse clinical opportunities (private, public, VA)
- Early exposure to psychotherapy training (psychoanalytic training program)
- Offer all ACGME accredited fellowships
- Breadth of research opportunities
- Early elective opportunities (beginning in the PGY-2 year)
- Programs in multiple clinical areas (examples in Clinical and Research Program section)
- Residency education program centralized at the Brain Health Center
- Opportunities for mentorship with diverse group of faculty

### PGY-4 Residents

**COMMENTS ABOUT DIDACTIC CURRICULUM**
- “Positive intern experience – regular noontime lectures/didactics, morning sign out”
- “Attendings are extremely devoted to teaching”
- “Excellent collegial atmosphere with resident camaraderie”
- While at Grady, you are exposed to a variety of serious, chronically ill patients, that by the end of the intern year, you are comfortable managing”
- “Plentiful moonlighting opportunities – you can double your salary!”

**COMMENTS ABOUT THE OVERALL PROGRAM**
- “Bigger researchers who are willing to teach the basic stuff”
- “Incorporates faculty research into the didactics”
- “Consistent scheduling and diversity of lectures”
- “Didactic time is protected”
- “Diversity of topics covered”
- “High quality teachers/presenters”
- “Psychotherapy curriculum”
- “Well organized, speakers well prepared”

* Identify diversity of patient populations as strength of the training program

93%

93% of the residents identify diversity of patient populations as strength
92.9% of the residents rate the diversity of clinical venues as a strength
*Annual Survey Results

### PGY-4 Residents

**POST-GRADUATION**
- All 2018 graduates seeking fellowship matched, including many who secured appointments at their top choices

**RESIDENTS RATE THE PROGRAM***
- 93% of the residents identify diversity of patient populations as strength
- 92.9% of the residents rate the diversity of clinical venues as a strength
*Annual Survey Results
Residency training at Emory University offers outstanding opportunities for research. Funded by a R25 grant from the National Institute of Mental Health, the Psychiatry Residency Research Track provides research support for all levels of psychiatry research. For those interested in an academic research career, matching directly into the Research Track can provide career mentorship, funding, focused didactics and training, and substantial protected time for research activities. Residents completing the Research Track will be highly qualified to obtain a research fellowship following residency and to compete for early career grant awards. For those interested in exploring research interests during residency but unsure as to how research may fit into their long-term career goals, the Research Track can also provide access to specialized research training, financial support and career mentoring.

**How to apply**

Applicants focused on pursuing a research career are encouraged to apply directly to the Research Track, which may be ranked separately from the general residency. However, residents who match into the general program may still join and receive support from the Research Track over the course of their training at Emory.

**Research Track Components**

The Research Track consists of three levels, each of which has benefits and requirements. Track levels do not necessarily correspond with PGY level. Progression through the levels will depend upon increasing commitment to a career in research and the fulfillment of the level-specific requirements. Residents at all levels of the Research Track are required to attend at least 50% of the Clinical Scientist Training Program (CSTP) meetings AND at least 50% of the research lunch meetings. Additionally, any resident receiving funding from the Track must keep a document of their research-related activities, publications, and awards in preparation for progress reports and resubmission of the R25 grant.

- **Level 1:** May receive up to $1500 for travel to present current or past research results at meetings. Dr. David Goldsmith is the contact person to access Level 1 funds and to discuss progression from Level 1 to Level 2.

- **Level 2:** May receive up to $3000 for travel (to present current research results) and/or for approved research projects. To obtain funding for research, Level 2 residents must submit a 1-page summary of research goals to track leadership and complete the online Clinical Research Certificate Program. In addition, up to two months of protected time (salary support) for a *Research Intensive Elective* is available (PGY-2s only). This elective is designed to help interested residents refine their research interests and goals and obtain a mentor. Dr. Michael Treadway is the contact person to access Level 2 funds and to discuss progression from Level 2 to Level 3.

- **Level 3:** Are eligible for up to 50% protected time in the PGY-3 year and up to 80% in the PGY-4 year. Level 3 residents may also receive up $5000 for travel and research per year. These residents can participate in specialized research training through the Atlanta Clinical Translational Science Institute (ACTSI - the Emory Clinical and Translational Science Award - CTSA) including the Master of Science in Clinical Research (MSCR) program or the Certificate Program in Translational Research (CPTR).
To qualify, residents must have a primary NIH-funded research mentor and obtain approval from research track leadership of a research project (including hypotheses and aims) that is of sufficient scientific quality and depth to merit NIH, NSF, or foundation funding. Residents must also meet weekly with research track leadership for advanced mentorship in core research skills, such as grant writing and manuscript preparation. Finally, all Level 3 residents must complete the Emory Ethics in Research Program. Dr. Andrew Miller is the contact person for Level 3.

Recent Accomplishments by Level 3 Research Track Residents:

- Dr. Neguine Rezaii’s publication in Psychophysiology:

- Dr. Neguine Rezaii was accepted into the Neuropsychiatry Fellowship at Harvard/MGH starting in July 2018.

- Dr. Laura Hack’s publication in Alcoholism: Clinical and Experimental Research:

- Dr. Laura Hack earned an Early Career Investigator Travel Fellowship to present her poster at the 72nd Annual Meeting of the Society of Biological Psychiatry:

- Dr. Laura Hack was accepted into a Research Fellowship at Stanford University SOM starting in July 2018.

For more information about the Residency Research Track, visit the website: http://tinyurl.com/EmoryPsychResTrack. For questions or further information, send an email to PsychResTrack@emory.edu.
Psychotherapy Track

The goal of the Emory Psychiatry Residency Psychotherapy Track is to provide an intensive experience for psychiatry residents interested in deepening and broadening their understanding and technical proficiency in psychotherapy. The Psychotherapy Track is a two-year elective opportunity for PGY-3 and PGY-4 residents to develop their clinical and academic interest in psychotherapy.

Expectations
During the PGY-3 year 18-20 hours (5 half-days) and during the PGY-4 year 36 hours (9 half-days) will be dedicated to the psychotherapy activities described below.

- **Clinical Activity**
  Residents will have between 8-12 hours of weekly face-to-face time with psychotherapy patients in individual, couples/family, and group format.

- **Educational Training**
  Residents will receive a rich educational experience in the practical application of psychotherapy via the core curriculum, as well as weekly Cognitive Behavioral Therapy and Psychodynamic case conferences. Additionally, residents in the psychotherapy track will participate in psychotherapy elective seminars covering a broad range of topics such as family/marital therapy, Short-term Psychodynamic Therapy, and Exposure and Response Prevention Therapy.

- **Scholarly Project**
  Beginning in the 3rd year residents in the track will work with a faculty mentor to develop a research or performance improvement project that will result in dissemination of the project during 4th year via co-authored papers and conference presentations.

- **Supervision**
  In addition to supervisors in cognitive and dynamic therapy that all residents work with during the 3rd and 4th year, a single mentor-supervisor will provide longitudinal mentorship during the PGY-3 and PGY-4 year. This supervisor will be responsible for providing extra didactic training and overseeing the residents scholarly project. The advisor will have an expertise in the psychotherapy orientation that the resident wishes to specialize in during the 4th year.

- **Outpatient Chief Resident**
  During the 4th year, as a chief resident, participants in this track will have additional responsibilities including the supervision of PGY-2 residents and participating in the administration of the Outpatient Psychotherapy Training Program and the Outpatient Psychopharmacology Program.
## Resident Roster

### 2018-19 Psychiatry

#### PGY-1 Residents

<table>
<thead>
<tr>
<th>Name</th>
<th>Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Andrew Ebner</td>
<td>Emory University School of Medicine</td>
</tr>
<tr>
<td>Karen Giles</td>
<td>Medical College of Wisconsin</td>
</tr>
<tr>
<td>Jennifer Grant</td>
<td>Emory University School of Medicine</td>
</tr>
<tr>
<td>Sehar Jessani</td>
<td>Temple University School of Medicine</td>
</tr>
<tr>
<td>Karyn Korsah</td>
<td>Univ. of TX Medical Branch School of Medicine</td>
</tr>
<tr>
<td>Benson Ku</td>
<td>Hofstra Northwell School of Medicine</td>
</tr>
<tr>
<td>Aniket Malhotra</td>
<td>Maulana Azad Medical College</td>
</tr>
<tr>
<td>Christopher Mora</td>
<td>Charles E. Schmidt College of Medicine at FL Atlantic Univ.</td>
</tr>
<tr>
<td>Cody Overmyer</td>
<td>Western Michigan University School of Medicine</td>
</tr>
<tr>
<td>Erica Weber</td>
<td>Charles E. Schmidt College of Medicine at FL Atlantic University</td>
</tr>
<tr>
<td>Chenhang “Sylvia” Zou</td>
<td>University of Alabama School of Medicine</td>
</tr>
</tbody>
</table>
## Resident Roster
### 2018-19 Psychiatry
#### PGY-2 Residents

<table>
<thead>
<tr>
<th>Name</th>
<th>Institution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cody Browning</td>
<td>Medical University of South Carolina College of Medicine</td>
</tr>
<tr>
<td>Brandi Burke</td>
<td>Michigan State University College of Human Medicine</td>
</tr>
<tr>
<td>Justin Ellis</td>
<td>Texas Tech University Health Sciences Center School of Medicine</td>
</tr>
<tr>
<td>Brittany Friend</td>
<td>USF Health Morsani College of Medicine</td>
</tr>
<tr>
<td>Michael Lucido</td>
<td>Jacobs School of Medicine and Biomedical Sciences at the University of Buffalo</td>
</tr>
<tr>
<td>Bridget McNulty</td>
<td>University of Washington School of Medicine</td>
</tr>
<tr>
<td>Elon Richman</td>
<td>Ben Gurion University Of the Negev Faculty of Health Sciences</td>
</tr>
<tr>
<td>Adam Rudolph</td>
<td>Virginia Commonwealth University School of Medicine</td>
</tr>
<tr>
<td>Ashley Subler</td>
<td>Wright State University Boonshoft School of Medicine</td>
</tr>
<tr>
<td>David Thylur</td>
<td>Keck School of Medicine of the University of Southern California</td>
</tr>
<tr>
<td>Jack Van Bezooyen</td>
<td>Keck School of Medicine of the University of Southern California</td>
</tr>
</tbody>
</table>
### Resident Roster

#### 2018-19 Psychiatry

##### PGY-3 Residents

<table>
<thead>
<tr>
<th>Name</th>
<th>Institution/University</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jessica Chang</td>
<td>Medical College of Georgia at Georgia Regents University</td>
</tr>
<tr>
<td>Ann Marie Decker</td>
<td>University of Maryland School of Medicine</td>
</tr>
<tr>
<td>Jesse Fredeen</td>
<td>Marshall University Joan C. Edwards School of Medicine</td>
</tr>
<tr>
<td>Andrea Green</td>
<td>Wake Forest School of Medicine of Wake Forest Baptist Medical Center</td>
</tr>
<tr>
<td>Ahmad Umair Janjua</td>
<td>Ross University School of Medicine</td>
</tr>
<tr>
<td>Carolina Medeiros</td>
<td>Universidade Federal do Ceará (UFC) Faculdade de Medicina</td>
</tr>
<tr>
<td>Gaby Ritfeld</td>
<td>Universiteit Leiden Medical Center</td>
</tr>
<tr>
<td>Eric Stanshine</td>
<td>Temple University School of Medicine</td>
</tr>
<tr>
<td>Joseph Vinson</td>
<td>Medical College of Georgia at Georgia Regents University</td>
</tr>
<tr>
<td>James Walker</td>
<td>Emory University School of Medicine</td>
</tr>
<tr>
<td>Joseph Wilson</td>
<td>Emory University School of Medicine</td>
</tr>
<tr>
<td>Diana Woodall</td>
<td>University of North Carolina at Chapel Hill</td>
</tr>
</tbody>
</table>
# Resident Roster

## 2018-19 Psychiatry

### PGY-4 Residents

<table>
<thead>
<tr>
<th>Name</th>
<th>School/University</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mina Boazak</td>
<td>American University of the Caribbean School of Medicine</td>
</tr>
<tr>
<td>Amitha Dhingra</td>
<td>Northeast Ohio Medical University</td>
</tr>
<tr>
<td>Sai Hu</td>
<td>Philadelphia College of Osteopathic Medicine</td>
</tr>
<tr>
<td>Zachary Hudson</td>
<td>Medical College of GA at GA Regents Univ.</td>
</tr>
<tr>
<td>Helaina Jaffe</td>
<td>Rutgers, Robert Wood Johnson Medical School</td>
</tr>
<tr>
<td>Hassan Naqvi</td>
<td>State University of New York Upstate Medical University</td>
</tr>
<tr>
<td>Veronica Novosad</td>
<td>University of Florida College of Medicine</td>
</tr>
<tr>
<td>Justin Palanci</td>
<td>George Washington Univ. School of Medicine and Health Sciences</td>
</tr>
<tr>
<td>Hannah Potvin</td>
<td>University of TX Medical Branch School of Medicine</td>
</tr>
<tr>
<td>James “Eric” Ragazino</td>
<td>Northeast Ohio Medical University</td>
</tr>
</tbody>
</table>
# Resident Roster

## 2018-19 Combined Internal Medicine/Psychiatry Residents

<table>
<thead>
<tr>
<th>PGY-1 Residents</th>
<th>PGY-2 Residents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nathan Scheiner</td>
<td>Daiysha Smith</td>
</tr>
<tr>
<td>University of Minnesota Medical School</td>
<td>Brody School of Medicine at East Carolina University</td>
</tr>
<tr>
<td>Kate Measom</td>
<td>Nathan Skoller</td>
</tr>
<tr>
<td>Medical University of SC College of Medicine</td>
<td>TX A&amp;M Health Science Center College of Medicine – Dallas</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PGY-3 Residents</th>
<th>PGY-4 Residents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shan Elahi</td>
<td>Panrapee Mahautmr</td>
</tr>
<tr>
<td>Duke University School of Medicine</td>
<td>Keck School of Medicine of the Univ. of Southern CA</td>
</tr>
<tr>
<td>Trygve Dolber</td>
<td>Elizabeth McCord</td>
</tr>
<tr>
<td>Case Western Reserve Univ. School of Medicine</td>
<td>Louisiana State Univ. School of Medicine in New Orleans</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PGY-5 Residents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lauren Gensler</td>
</tr>
<tr>
<td>Emory University School of Medicine</td>
</tr>
<tr>
<td>Jonathan Kaplan</td>
</tr>
<tr>
<td>Rush Medical College of Rush University Medical Center</td>
</tr>
<tr>
<td>Stefan Routt</td>
</tr>
<tr>
<td>Indiana University School of Medicine</td>
</tr>
</tbody>
</table>
## 2018 Program Graduates

**CORE | GENERAL PSYCHIATRY**

<table>
<thead>
<tr>
<th>NAME</th>
<th>MEDICAL SCHOOL</th>
<th>POST RESIDENCY PLANS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Michael E. Armbruster, Jr., MD</td>
<td>University of Florida COM</td>
<td>Forensic Psychiatry Fellowship, Emory University SOM</td>
</tr>
<tr>
<td>Virginia Dawson, MD</td>
<td>University of Louisville SOM</td>
<td>Private Practice, Atlanta, GA</td>
</tr>
<tr>
<td>Sarah M. Debrey, MD</td>
<td>Rush Medical College of Rush Univ.</td>
<td>Assistant Professor, Emory University SOM, Attending Outpatient Psychiatrist, Grady, Atlanta, GA</td>
</tr>
<tr>
<td>Laura M. Hack, MD, Ph.D.</td>
<td>Virginia Commonwealth University SOM</td>
<td>Research Fellowship, Palo Alto VAMC, Stanford University SOM</td>
</tr>
<tr>
<td>Georgina E. Hartzell, MD</td>
<td>Washington University SOM in St. Louis</td>
<td>Child and Adolescent Psychiatry Fellowship, Columbia-Cornell NYP University Hospital</td>
</tr>
<tr>
<td>Jungjin Kim, MD</td>
<td>SUNY Upstate Medical Center COM</td>
<td>Addiction Psychiatry Fellowship, MGH McLean Hospital, Harvard MS</td>
</tr>
<tr>
<td>John W. Mahler, MD</td>
<td>University of Connecticut SOM</td>
<td>Outpatient Psychiatrist, Wenatchee Valley Medical Group, Wenatchee Valley Medical Group, Washington</td>
</tr>
<tr>
<td>Amanda L. McMillan, MD</td>
<td>Mercer University SOM</td>
<td>Private Practice, Decatur, GA</td>
</tr>
<tr>
<td>Collin M. Reiff, MD</td>
<td>Sackler SOM</td>
<td>Addiction Psychiatry Fellowship, New York University</td>
</tr>
<tr>
<td>Neguine Rezaii, MD</td>
<td>Shahid Beheshti University of Medical Sciences</td>
<td>Neuropsychiatry Fellowship, MGH McLean Hospital, Harvard MS</td>
</tr>
<tr>
<td>Rafael E. Tapias, MD</td>
<td>Morehouse SOM</td>
<td>Child and Adolescent Psychiatry Fellowship, Columbia Cornell NY University Hospital</td>
</tr>
<tr>
<td>Matthew C. Thrun-Nowicki, MD, MPH</td>
<td>SUNY Downstate Medical Center COM</td>
<td>Forensic Psychiatry Fellowship, Columbia Univ. SOM</td>
</tr>
</tbody>
</table>

**COMBINED | INTERNAL MEDICINE & PSYCHIATRY**

<table>
<thead>
<tr>
<th>NAME</th>
<th>MEDICAL SCHOOL</th>
<th>POST RESIDENCY PLANS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stephanie R Schmitz, MD</td>
<td>University of Maryland SOM</td>
<td>Palliative Care Fellowship, Icahn SOM at Mount Sinai</td>
</tr>
<tr>
<td>Marsha Stern, MD</td>
<td>Tulane University School of Medicine</td>
<td>Assistant Professor, Emory University SOM, Attending Psychiatrist, Grady, Atlanta GA</td>
</tr>
</tbody>
</table>

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Resident Gatherings
House staff General Responsibilities

Each resident participating in the Emory University School of Medicine Residency Training program (TRAINING PROGRAM) has the responsibility to:

1.01 Provide compassionate, timely, and appropriate patient care; accept the duties, responsibilities and rotations assigned by the resident's department Chair or the Chair’s designee; abide by the rules, regulations and policies of Emory University, Emory University School of Medicine, and the hospitals to which the resident is assigned; and conform to the ethical and professional standards of the medical profession;

1.02 Develop a personal program of self-study and professional growth with guidance from the teaching staff;

1.03 Participate fully in educational activities, accept and follow direction provided by faculty members and more senior residents and, as directed, assume responsibility for teaching and supervising other residents, medical students, and other health care students;

1.04 Participate, as appropriate, in institutional committees and councils, especially those that relate to patient care review and activities;

1.05 Apply reasonable cost containment measures in the provision of patient care;

1.06 Obtain a GA Temporary Postgraduate Permit or a GA Medical License. Each PGY 1- PGY 7 resident/fellow participating in Emory University Residency Training program has the responsibility to obtain a GA Temporary Postgraduate Training Permit. If you already have a GA Medical License, you are not obligated to get a permit. If you are PGY 8 or higher, you must obtain a GA Medical License. Refer to sections 5.04, 5.05, and 5.06.

1.07 Maintain complete and up-to-date immunity and health records in the OGME;

1.08 Inform OGME and the Program Director of changes in address and personal phone number;

1.09 Inform the Benefits Section of Emory University's Human Resources Department (404-727-7613) of any events requiring a change of benefits or tax status (e.g., change in marital status, birth or the adoption of a child).

Please see the following website for additional information.
http://med.emory.edu/gme/housestaff/housestaff_policies/section1.html
House staff Benefits

The Residency Program provides the following group benefit plans. You may also enroll your eligible dependents for health, dental and vision coverage.

http://www.hr.emory.edu/eu/index.html

ANNUAL STIPENDS FOR July 1, 2018 - June 30, 2019

<table>
<thead>
<tr>
<th>PGY</th>
<th>Monthly</th>
<th>Annual</th>
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<tbody>
<tr>
<td>1</td>
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<td>$57,950</td>
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<tr>
<td>2</td>
<td>$5,109.75</td>
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<tr>
<td>3</td>
<td>$5,276.50</td>
<td>$63,318</td>
</tr>
<tr>
<td>4</td>
<td>$5,484.25</td>
<td>$65,811</td>
</tr>
</tbody>
</table>

HEALTH CARE PLANS
Residents have the POS Health Plan. The POS Health Plan is a conventional medical plan where members pay co-pays for some services (co-pays are fixed fee amounts that you pay at the time you receive services). The POS Plan also uses co-insurance for some services (co-insurance is the portion of expense you must pay for care, in most cases, after meeting your deductible). The deductible is a set amount that typically you must pay before co-insurance starts. Refer to the Quick Guide for deductible amounts. The POS Plan also has an out-of-pocket maximum to protect you in the event you have significant medical expenses during the year. The POS Plan allows members to receive services from a national network of providers and facilities. Preventive care is covered at 100% under the POS Plan.

DENTAL PLAN
As a resident, you are eligible for participation in the Aetna PPO dental plan. Eligibility is not contingent upon participation in either of the health care options. The plan is a traditional PPO plan with an annual maximum benefit. Emory realizes that good dental health begins with routine preventive care. To this end, services received by either In- or Out-of-Network providers are covered by the plan at 100% up to reasonable and customary: oral examinations, routine cleanings and polishing, fluoride, sealants (permanent molars only), full mouth series X-rays, and space maintainers.

FLEXIBLE SPENDING ACCOUNTS
These accounts are set up to accumulate money on a before-tax basis to pay eligible out-of-pocket health/dental care and dependent care expenses. There are annual minimum and maximum contribution amounts.

RETIREMENT BENEFITS
Emory offers the Medical House Staff a 403(b) Roth Plan and a 403(b) Savings Plan. Employees can make contributions to one or more of the following retirement vendors: Fidelity Investments, TIAA-CREF, and The Vanguard Group.

DISABILITY INSURANCE
After a 90-day disability waiting period, benefits are payable at 60% of salary to a maximum of $5,000 per month.
AUTO/HOMEOWNERS/RENTERS INSURANCE
Emory University offers stipend deductions to residents for auto, homeowners and renters insurance through MetPay (MetLife Auto & Home). The premiums are discounted, and the resident pays the entire cost.

SICK LEAVE
Twelve calendar days of sick leave per year. There is no carry-over provision.

VACATION/LEAVE
Fifteen calendar days of compensated leave per year. There is no carry-over provision.

FACULTY and STAFF ASSISTANCE PROGRAM (FSAP)
The Emory Employee Assistance Program offers a broad range of confidential, professional services, which address a variety of personal concerns, social issues, health questions, and organizational needs. Call (404) 727-4328 or visit http://fsap.emory.edu/index.html for more information.

ADDITIONAL OPTIONAL BENEFITS
Library Privileges
Membership in Emory Federal Credit Union
Benefits for domestic partners
Membership to recreation and fitness facilities at a reduced fee
**Living in Atlanta**

WHERE TO LIVE IN ATLANTA?
The Atlanta metropolitan area has a variety of housing options. Whether your tastes are downtown dwellings, neighborhood nesting’s, or country comforts, our city has it all. Since you will be working at three different hospitals, location is important. Grady Hospital is located in downtown/midtown Atlanta and Emory and the VA are located northeast of downtown. The longest commute from hospital to hospital is just under 8 miles and approximately 25 minutes depending on traffic. The majority of our residents live in either the Midtown/Virginia Highlands area or in Decatur. The Midtown/Virginia Highlands area is very cosmopolitan, artsy, and young, and there is a lot of nightlife, eateries and shopping. This area is very close to Grady and Emory Midtown hospitals. Decatur is closer to the Emory and VA hospitals and is not quite as urban and fast-paced as the midtown area, but there still are plenty of eateries, bars and shops in the area.

**ATTRACTIONS**
Atlanta is host to professional sports teams in football, baseball, basketball, soccer, football, and basketball. Aside from sports, there are a multitude of other events and attractions to enjoy in Atlanta – the Black Arts Festival, Jazz Festival, Mercedes-Benz Stadium, Peachtree Road Race, Atlanta Botanical Gardens, Cyclorama, Georgia Aquarium, High Museum of Art, the Center for Civil and Human Rights, Fernbank Science Center, World of Coca-Cola, Six Flags Over Georgia, Zoo Atlanta, Stone Mountain Park and a host of other museums, gardens, parks, concert venues, historical attractions and arts and educational centers.

2016 RANKINGS
#1 – Annual Top 10 Moving Destinations (Penske)
#1 – Top Cities for Young Entrepreneurs (Under 30 CEO)
#2 – Top 25 Most Affordable Housing in metro areas in the U.S (Interest.com)
#2 – America’s Most Tech-Friendly Cities (PC World)
#3 – Top 20 Cities- FORTUNE 500 headquarters (Fortune)
#4 – Metros for Entrepreneurial Activity (Kauffman Index)
#4 – America’s Smartest Cities (MOVOTO)

ATLANTA HAS: *Atlantahostel.com*
- 41 public golf courses
- 54 public parks
- 71 streets with the name "Peachtree"
- Home of the Martin Luther King, Jr. Center for Nonviolent Social Change
- The largest aquarium in the world
- The largest mall in the Southeast - Lenox Square
- The World of Coca-Cola- Atlanta Coke Museum
- The world’s largest bas-relief sculpture - Georgia’s Stone Mountain Park
- The largest 10K race in the world - The Annual Peachtree Road Race with 60,000 runners
- The third-largest convention center in the U.S. - the Georgia World Congress Center

COMMENTS ABOUT ATLANTA:
- “Cheap, direct flights from Atlanta to all over the world!”
- “Atlanta is an amazing city with lots of outdoor activities, like mountain biking, within an hour’s drive of the city”
- “Atlanta is a foodie town. There’s food from all regions (and a lot of it is affordable)”
- “A diverse and exciting night life”
- “Tons of festivals, conventions, shows, concerts, and improv comedy”
A $50,000 Salary in Atlanta is comparable to:

- **$112,450** in New York City (Manhattan)
- **$87,002** in San Francisco
- **$72,659** in Washington, D.C.
- **$58,551** in Chicago
- **$68,825** in Seattle

### WEATHER IN ATLANTA

**SOURCE: theweatherchannel.com**

<table>
<thead>
<tr>
<th>SEASON</th>
<th>MONTH</th>
<th>AVERAGE HIGH/LOW TEMP.</th>
<th>AVERAGE RAINFALL</th>
<th>DAYS OF RAIN</th>
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<tbody>
<tr>
<td><strong>FALL</strong></td>
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<td></td>
<td><strong>SEPT</strong></td>
<td><strong>OCT</strong></td>
<td><strong>NOV</strong></td>
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<td>Average High/Low Temp:</td>
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<td>73/53</td>
<td>63/44</td>
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<td>Average Rainfall:</td>
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<td>Days of Rain:</td>
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<tr>
<td><strong>WINTER</strong></td>
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<td><strong>DEC</strong></td>
<td><strong>JAN</strong></td>
<td><strong>FEB</strong></td>
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<td>52/33</td>
<td>57/37</td>
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<td>11</td>
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<td><strong>SPRING</strong></td>
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<td><strong>MAR</strong></td>
<td><strong>APR</strong></td>
<td><strong>MAY</strong></td>
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<td><strong>SUMMER</strong></td>
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<td><strong>JUNE</strong></td>
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<td><strong>AUG</strong></td>
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<tr>
<td>Days of Rain:</td>
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<td>12</td>
<td>10</td>
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Resident Accomplishments
2017-2018

PRESENTATIONS/TEACHING:

Mina Boazak

Virginia Dawson

John Mahler
“1/10th of 1% of everything you need to know about psychodynamic theory.” Psychotherapy Bite-Sized Teaching Conference, 2018.

Amanda McMillan

Carolina Medeiros

Hassan Naqvi
“Mental Health Outreach in Faith-Based Communities.” Diversity Bite-Sized Teaching Conference, 2018.

Hannah Potvin
“Suicide & Social Media: 140 Characters or Less.” Suicide Bite-Sized Teaching Conference, 2018.

Joseph Vinson

Collin Reiff
Presented his painting to a cancer patient at Brushes with Cancer in Tel Aviv. The painting reflects her 4-year journey with breast cancer and will tour as part of an exhibit. After, the painting will reside with the patient who it is a portrait of, Maya.
POSTERS/ABSTRACTS:

Mina Boazak


Brandi Burke

Rachel Conrad

Lauren Gensler

Laura Hack

Zachary Hudson


Helaina Jaffe
Jonathan Kaplan


Michael Lowley


Veronica Novosad

Justin Palanci

Elon Richman


Stephanie Schmitz
Nathan Skoller

Marsha Stern


PUBLICATIONS/CHAPTERS:

Brandi Burke

Mina Boazak


Virginia Dawson


Jesse Fredeen

Lauren Gensler

Laura Hack


Georgina Hartzell


Zachary Hudson

Jonathan Kaplan

Jungjin Kim


Hannah Potvin
Wrote an article entitled the Psychiatrist’s Dilemma for the April 2017 Community Psychiatrist, a publication of the American Association of Community Psychiatrists.

James “Eric” Ragazino

Negine Rezaii


Elon Richman

Nathan Skoller

RESEARCH:
Carolina Medeiros da Frota Ribeiro

Hassan Naqvi

Laura Hack
Neguine Rezaei
Research project on "Thought and Language" with Phillip Wolff, PhD (Emory Dept. of Linguistics). Initial finding were discussed Stanford University and received positive feedback.

OTHER AWARDS / ACCOMPLISHMENTS:

Mina Boazak
President, Emory Psychiatry Residency (2017-2018).

Neuroscience Education Institute (NEI) Young Investigators Poster Competition, 3rd Place (2017).

Recipient of the Walter Wellborn Fellowship Scholarship Award (2017). He utilized his fellowship funding to develop his interests in global mental health advocacy, and systems and policy in Liberia. Dr. Boazak spent a month in Liberia where he helped implement a “training of the trainers” model of the crisis intervention team strategy.

Sarah Debrey
Honored at Grady Memorial Hospital’s festivities for Mental Health Awareness Month.

Laura Hack

Recipient of Resident Research Award (2017).

Recipient of a Travel Award from the Society of Biological Psychiatry (2017).

Helaina Jaffe
Recipient of the Medical Student Resident Teaching Award (2018).

Jungjin Kim
Won 2nd place in the NEI Young Investigators Poster Competition (2017).


Recipient of TMS Health Solutions Advanced Training Symposium Full Tuition Scholarship to travel to a 3-day symposium in San Francisco (2017).

Recipient of the Walter Wellborn Fellowship Scholarship Award (2017). He utilized the funds to receive advanced training in motivational interviewing and cognitive behavioral therapy (CBT) for substance use disorders at the Beck Institute.

Recipient of General Psychiatry PRITE Award (2018).
Participant in the APA/APAF Leadership Fellowship (2017).

Elizabeth McCord
Received three awards from the Medicine Residency Program: Primary Care Center Award, Humanism Award and Citizenship Award.

Hassan Naqvi
Selected as a 2018 Rappeport Fellow by the Rappeport Fellowship Committee of the American Academy of Psychiatry and the Law.

Justin Palanci
Recipient of the Walter Wellborn Fellowship Scholarship Award (2018). He will be enhancing his training on the Open Dialogue Program centered at Grady with Dr. Rob Cotes as his faculty sponsor.

Hannah Potvin
Recipient of the Medical Student Resident Teaching Award (2018).

Neguine Rezaii

Elon Richman

Joseph Vinson
President, Emory Psychiatry Residency (2018-2019).