2012-13
PSYCHIATRY RESIDENCY RECRUITMENT

Department of Psychiatry and Behavioral Sciences

VALUES

- **Excellence** – We are committed to the highest level of performance.

- **Integrity/Ethics** – We are committed to the highest ethical standards in all aspects of our work and through our actions. We expect from ourselves honesty, integrity and accountability.

- **Teamwork/Collaboration/Collegiality** – We foster a community where caring and fairness result in collegiality. We are committed to teamwork and cooperative relationships. We take pride in what we do as individuals and as part of a team.

- **Discovery/Innovation/Scientific Advancement/Scholarship** – We value innovation through creativity, discipline, unwavering commitment, and responsibility. Our faculty, staff, trainees, and partners form a strong and vital community committed to excellence in innovation and science.

- **Social Responsibility/Service/Citizenship/Community** – We are committed to the emotional and physical well-being of our community and will actively partner to ensure the provision of mental health services.
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<td>Group Meeting with Dr. Rapaport (WMB)</td>
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Dear Residency Applicant,

We want to welcome you to your interview day here at Emory University’s Department of Psychiatry and Behavioral Sciences. Residency training is of paramount importance to the department and we have an outstanding program at Emory. We expose our trainees to a wide range of experiences led by world-class researchers and clinicians. Our goal is to foster your professional development as physicians who specialize in psychiatry. Our program fosters critical thinking, autonomy, and lifelong learning.

We provide comprehensive psychiatric services to an incredibly diverse set of patients within our multi-hospital training program, including the Emory Healthcare System as well as our affiliate hospitals, Grady Memorial Hospital and the Atlanta VA Medical Center. Residents participate in our interdisciplinary programs that span the human life cycle, from work with neonates to the care of geriatric patients. We are expanding both research and international training opportunities for our residents. We are fortunate to be part of an academic complex that includes the Yerkes National Primate Center (directed by one of our faculty), as well as world renowned schools of law, religion, business, public health and nursing and the Carter Center. This affords ambitious residents a myriad of rich academic opportunities. Upon graduation, we are confident that our residents will have tools to be the next generation of leaders in the field.

The city of Atlanta’s diversity adds to the richness of the training experience. Emory is located in a thriving metropolis with a thriving arts, music, and dining scene. We believe that Emory and Atlanta is not only a wonderful place to train, but also to live. So, enjoy your time with us and get to know some of our residents, our residency leadership team, and faculty. You will see that a culture of excellence permeates. We encourage you to ask questions and engage our residents in discussions about their training experience.

This is an exciting time to be in psychiatry residency training: our field is rapidly advancing as we discover answers to mysteries of the human mind. Our department is one of the world leaders in this endeavor. We invite you to embark on this journey with us at Emory!

Sincerely,

Mark H. Rapaport, M.D.
Reunette W. Harris Professor
Chair and Chief of Psychiatric Services

Ann C. Schwartz, M.D.
Associate Professor
Department of Psychiatry & Behavioral Sciences
Program Director
Dear Applicant,

Thank you for applying to Emory. You are among the elite group of medical student graduates who have chosen psychiatry. Emory has one of the best clinical and research programs in the United States interviewing only about 12% of applicants. So first congratulations and we hope your interview day will be a rewarding experience. We all look forward to meeting you.

Today we have one of the best residency programs in the United States. At Emory you will receive a clinical experience second to none with Emory University and Midtown hospitals as top ten academic centers, a VA with one of the largest psychiatric services in the Southeast, an urban psychiatric center, Grady, which provides training in the severely mentally ill and emergency psychiatry and a geriatric psychiatry hospital, Wesley Woods.

Emory also has one of the largest neuromodulation programs in the country with electroconvulsive therapy, transcranial magnetic therapy and deep brain stimulation all available to our patients. There is also a psychoanalytic training program as well as nationally recognized expertise in cognitive behavioral therapy. Emory has all of the ACGME fellowship programs including child, addiction, forensic, geriatric and consultation/ liaison fellowships.

But the strength of our program is largely due to our residents. Let me give you some concrete examples of the collaboration of our residents and faculty. The residents published 35 research articles in the last year and were first author on about one-third of the articles, presented ten abstracts and published six book chapters with the faculty. For example, Dr. Tang and I published a series outlining the methodology and efficacy of electroconvulsive therapy in the Chinese literature and we will both be in Beijing at the end of October to present that data.

The residents also were awarded a number of prestigious regional and national awards and positions including fellowships to the American Psychoanalytic Association, American Psychiatric Leadership group, National Institute of Mental Health "Brain Camp", Donald J. Cohen Fellowship Program of the IACAPAP 20th World Congress in Paris, American Association of Child and Adolescent Psychiatry Educational Outreach Program Grant as well as American Psychiatric Association Minority Fellowship grant, Childhood Autism Foundation (CADEF) Travel Grant, Joe & Hope Skobba Memorial Resident Research Award from the Georgia Psychiatric Physicians Association, and a resident member of the American Psychiatric Associations Council on Communications.

And that was just the last academic year! These awards have not only increased the national prominence of our program but have been the impetus behind changes in our program. Some examples: Nisha Shah has used her fellowship to develop the resident rotation on the International Medical Clinic at Grady, Arshya Vahabzadeh has been an important voice on the APA Council on Communications and Justine Wittenauer was the editor for the July Issue of the APA’ resident journal.

This is an exciting time and you are coming to a dynamic residency program. We look forward to meeting you on the interview day.

William M. McDonald, M.D.
JB Fuqua Professor of Psychiatry
Vice-Chair for Education
Chief, Grady Psychiatry
Program Leadership

Mark Hyman Rapaport, M.D.
Chair and Chief of Psychiatric Services
Reunette W. Harris Professor
mark.h.rapaport@emory.edu

Medical School: University of California, San Diego
Internship: Long Beach Veterans Administration and the University of California
Residency: University of California, San Diego
Research Fellowship: University of California, San Diego
Clinical Fellowship: National Institute of Mental Health
Areas of interest: Biologic genesis of anxiety disorders, bipolar disorder, depression and immunity abnormalities in schizophrenia

Ann Schwartz, M.D.
Residency Program Director
Associate Professor of Psychiatry
aschwa2@emory.edu

Medical School: Medical College of Wisconsin
Residency: Emory University
Areas of interest: Psychiatric education, Psychosomatic Medicine

William McDonald, M.D.
Vice-Chair of Education
Professor of Psychiatry
wmcdona@emory.edu

Medical School: Duke University Medical School
Residency/Chief Residency: Duke University Medical School
Areas of interest: Neuroanatomy and clinical features of mood disorders particularly in late life

Miles Crowder, M.D.
Senior Associate Program Director
Assistant Professor of Psychiatry
mcrowde@emory.edu

Undergraduate: Emory University
Medical School: Emory University
Internship: West Virginia University
Residency: University of Wisconsin
Areas of interest: Psychiatric education

Robert Cotes, M.D.
Associate Program Director
Assistant Professor of Psychiatry
robert.o.cotes@emory.edu

Medical School: West Virginia University School of Medicine
Residency: Dartmouth
Areas of interest: Schizophrenia, psychiatric education

D. Jeffrey Newport, M.D., M.S., M.Div.
Associate Program Director, Research Track
Associate Director, Women’s Mental Health Program
dnewpor@emory.edu

Medical School: University of South Carolina
Residency: Emory University
Areas of interest: Clinical studies of women’s mental health with a particular emphasis on the psychobiology of psychiatric illness during pregnancy and the postpartum, the pharmacokinetics of psychotropic medication during pregnancy and lactation, and the persistent neuroendocrine and behavioral impact of early life adverse experiences
## Chief Residents

### 2012 - 2013

<table>
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<tr>
<th>Name</th>
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<th>Future Plans</th>
<th>Academic Interest</th>
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<tr>
<td>Nadia Sawicki, M.D.</td>
<td>Jefferson Medical College of Thomas Jefferson University</td>
<td>General Adult Psychiatry, Psychoanalytic psychotherapy</td>
<td>Psychoanalysis</td>
</tr>
<tr>
<td>John Douglas, M.D., M.B.A.</td>
<td>Georgetown University School of Medicine</td>
<td>Addiction Psychiatry Fellowship Program at New York University</td>
<td>Administration and leadership, and President of the House Staff Organization for all Emory residents and fellows.</td>
</tr>
<tr>
<td>Maria Thottungal, M.D.</td>
<td>Rush Medical College</td>
<td>Practice dynamically informed medication management &amp; psychotherapy in an outpatient setting</td>
<td>Perinatal psychiatry, PTSD among veterans and personality disorders</td>
</tr>
<tr>
<td>Nisha Shah, M.D.</td>
<td>Jefferson Medical College of Thomas Jefferson University</td>
<td>Public and Private Practice, along with aspects of cultural psychiatry</td>
<td>Patent advocacy, community psychiatry, cultural psychiatry, and psychotherapy including psychoanalysis</td>
</tr>
<tr>
<td>Alexandra Sawicki, M.D.</td>
<td>Jefferson Medical College of Thomas Jefferson University</td>
<td>Adult general psychiatry, academic or private practice</td>
<td>Psychotherapy education, interviewing skills, physician mental health, psychoanalytic training, basic science of psychotherapy</td>
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# Program Office Administration

## Residency Education Program

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<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Diahann JohnBaptiste, M.P.A.</td>
<td>Program Coordinator</td>
<td><a href="mailto:djohnba@emory.edu">djohnba@emory.edu</a></td>
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<tr>
<td>Yamylex Belis, B.A.</td>
<td>Program Coordinator</td>
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## Outpatient Psychotherapy Training Program (OPTP)

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<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Andrew Furman, M.D.</td>
<td>Medical Director</td>
<td><a href="mailto:afurman@emory.edu">afurman@emory.edu</a></td>
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<tr>
<td>Carol Levy, M.N., M.P.H.</td>
<td>Clinical Director</td>
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<tr>
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<td>Administrative Assistant</td>
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<tr>
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## Psychopharmacology Training Program

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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Jeffrey Rakofsky, M.D.</td>
<td>Clinic Director</td>
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<tr>
<td>Del Hanson</td>
<td>Clinic Manager</td>
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### Other Department Leaders

**Nadine Kaslow, Ph.D.**  
Director, Postdoctoral Fellowship Program in Professional Psychology, Professor of Psychiatry  
Areas of interest: assessment and treatment of family violence, assessment and treatment of depression and suicide in youth and adults, couples and family therapy, women’s mental health, pediatric psychology and a competency-based approach to psychology education and supervision

**Steve Levy, M.D.**  
Bernard C. Holland Professor of Psychiatry  
Medical School: Duke University School of Medicine  
Internship: Massachusetts General Hospital  
Residency: Yale University Affiliated Hospitals  
Fellowship: National Institute of Mental Health  
Other: Columbia University Psychoanalytic Center  
Areas of interest: Psychotherapy, Ego Psychology, Psychoanalytic Research, Community Mental Health

**Arden Dingle, M.D.**  
Program Director  
Child and Adolescent Psychiatry  
Associate Professor of Psychiatry  
Medical School: University of Medicine and Dentistry of New Jersey, New Jersey Medical School  
Residency: Mount Sinai Medical Center, New York, NY: Residencies in pediatrics, psychiatry and child/adolescent psychiatry (triple board)  
Areas of interest: Education

**Peter Ash, M.D.**  
Program Director  
Forensic Fellowship  
Associate Professor  
Medical School: University of Pennsylvania  
Residency: Univ. of Michigan  
Fellowship: Child Psychiatry Fellowship, Univ. of Michigan  
Areas of interest: Forensic child psychiatry, adolescent culpability, restoration of competency to stand trial, jail diversion

**Karen Drexler, M.D.**  
Program Director, Addiction Fellowship  
Associate Professor of Psychiatry  
Medical School: Duke University  
Residency: Wilford Hall US Air Force Medical Center  
Areas of interest: Substance Use Disorders, Clinical Trials for Substance Use Disorder Treatment

**Adriana Hermida, M.D.**  
Program Director, Geriatric Fellowship  
Assistant Professor of Psychiatry  
Medical School: Universidad del Cauca, Colombia  
Residency: University of Chicago  
Fellowship: Geriatric Psychiatry, Northwestern University  
Areas of interest: Psychiatric manifestation of neurological disorders such as Parkinson’s Disease, Alzheimer’s Disease and Huntington’s Disease, neuroimaging in psychiatry and neuromodulation therapies in treatment resistant depression

**Kellie Clearo, M.D., RPh**  
Co-Program Director, Medicine/Psychiatry  
Assistant Professor of Medicine  
Assistant Professor of Psychiatry  
Undergraduate: University of Florida  
Medical School: University of Washington  
Med/Psych/Chief Residency: Duke University and State University of N.Y.  
Areas of interest: Hospital medicine, outpatient psychiatry, behavioral therapy, substance abuse, integration of medicine and psychiatry and residency education

**Raymond Young, M.D.**  
Co-Program Director, Medicine/Psychiatry  
Program Director, Psychosomatic Fellowship  
Assistant Professor of Psychiatry  
Associate Chief of Geriatric Psychiatry  
Medical Director: Partial Hospitalization Program  
Medical School: The Medical College of Ohio (now known as University of Toledo School of Medicine), Toledo, Ohio  
Residency: Rush Presbyterian St. Luke’s Medical Center (Internal Medicine-Psychiatry Residency),  
Areas of interest: Delirium, Conversion Disorder, Geriatric Psychiatry, Organ Transplantation, education of residents, students
Hospitals Within the Program

EMORY UNIVERSITY HOSPITAL (EUH)

- 587-bed adult tertiary and quaternary care facility with more than 18,000 patients admitted annually
- Ten-bed NIH-funded General Clinical Research Center
- Members of the Atlanta community have repeatedly designated Emory University Hospital the Consumer's Choice Award winner
- The Medical Education Building on Emory's campus hosts patient simulators, testing labs, wireless technology, and numerous study and small group classrooms

EMORY ROTATION DESCRIPTIONS:

**Consultation/Liaison (EUH)**
- Patient Population/Health System: Urban to rural; private
- Daily bedside attending rounds with Emory faculty
- PGY-2 residents present cases
- Medical student teaching opportunities available
- Residents cover emergent psychiatric consultations in the EUH Emergency Department (ED), average 700 annually
- Bi-weekly journal club
- Monthly case conference with senior faculty
- Home call covering EUH ED consults, adult Inpatient unit direct admissions and unit issues, average every 7 days

**Adult Inpatient (EUH)**
- Patient Population/Health System: private, voluntary, specialized service accepting referrals from southeast region
- 16-bed Inpatient unit for acute psychiatric care, specializing in treatment of patients with significant medical or neurological co-morbidity
- Daily interviewing with attending Psychiatrist (Emory chief of service, faculty member)
- PGY2 residents cover emergent psychiatric consultations in the EUH ED, average 700 annually
- Residents present cases daily at morning report
- Bi-weekly journal club
- Monthly case conference with senior faculty
- Medical and physician assistant student teaching opportunities
- Home call covering EUH ED consults, Adult Inpatient unit direct admissions and unit issues, average every 7 days
GRADY MEMORIAL HOSPITAL (GMH)

- Opened in 1892 for the purpose of providing medical care to Atlanta’s indigent population of Fulton and DeKalb counties
- A 953-bed facility with nearly 30,000 inpatients and more than 600,000 outpatients treated each year
- Internationally recognized teaching hospital staffed exclusively by doctors from Emory University and Morehouse schools of medicine
- 25 percent of all doctors practicing medicine in Georgia received some or all of their training at Grady

- The Marcus Stroke and Neuroscience Center at Grady is a Neurocritical Care Unit for acute, time-dependent neurological emergencies, incorporating the most advanced equipment and a host of ground-breaking advancements in method and facility design
- Grady utilizes the EPIC electronic medical record system
- Grady was selected by State officials as the site of the Georgia Cancer Center for Excellence in cancer treatment and prevention that opened in January 2003
- Grady Memorial Hospital opened an NIH-funded General Clinical Research Center (GCRC) and which is one of the few public hospitals in the nation with a GCRC on site

GRADY ROTATION DESCRIPTIONS:

- **Grady Inpatient Psychiatric Unit**
  - 23-bed unit focused on the underserved
  - Each intern manages a team of 4-6 patients with one on one supervision from an attending
  - Interns obtain in depth experience stabilizing severe psychiatric disease
  - All interns have their own individual office while in this rotation

- **Crisis Intervention Service (CIS)**
  - Interns develop expertise at evaluating and stabilizing psychiatric emergencies
  - Extensive experience managing patients who are acutely suicidal, homicidal, psychotic, and manic
  - Grady is the main involuntary hold (1013) receiving facility for Atlanta
  - Interns work-up patients and then present them to supervising faculty

- **Night Float**
  - Two week rotation working nights with Saturday off in the first and second half of each interns’ six month block on the psychiatry service
  - Interns cover both the inpatient unit and CIS but spend most of their time evaluating psychiatric emergencies in the CIS
  - Enables interns to not take call on any psychiatry rotation during the work week
  - Offers direct supervision by a senior resident onsite and attending offsite

- **Grady Consultation/Liaison Service**
  - Two month PGY-2 rotation
  - Daily teaching rounds as well as bedside supervision from the consultation-liaison faculty
  - Extensive experience managing patients with wide range of psychiatric diagnoses, including cognitive disorders (e.g., delirium and dementia), psychotic disorders, affective disorders, anxiety disorders, substance use disorders, somatoform disorders, and personality disorders
  - Evaluate and manage patients who have issues regarding decisional capacity, issues with compliance, maladaptive coping skills, and chronic pain
  - Medical student teaching opportunities available
  - Weekly evidence-based journal club
ATLANTA VA MEDICAL CENTER (VA)

- The Atlanta VA Medical Center (VAMC), located on 26 acres in Decatur, is one of eight medical centers in the VA Southeast Network
- 405-bed facility classified as a complexity level 1A tertiary care facility
- The VA is a teaching hospital, providing a full range of patient care services complete with state-of-the-art technology, education, and research
- The medical center oversees six VA community-based outpatient clinics
- One of the largest VA research programs in the nation including one of the national VA Rehabilitation Research Centers of Excellence, which consists of over 400 projects conducted by 140 principal research investigators with more than 300 research associates and staff

ATLANTA VA ROTATION DESCRIPTIONS:

- **VA Inpatient**
  - Patient Population/Health System: Veterans with PTSD, traumatic brain injuries, and substance dependence are unique to this population, however General Psychiatric cases are common as well
  - Daily rounds with Emory and VA faculty
  - Strong emphasis on interdisciplinary team approach to enhance systems based learning
  - Resident call is 24 hrs, every 4-5 days in the VA Psych Emergency Department with attending coverage overnight via telephone
  - Daily didactic activities; Wednesdays are the exception (general program didactics)
  - Residents present case Conferences once monthly with Master Clinicians
  - Observed Interviews conducted 1-2 times monthly with clinicians who have been Part 2 Board Examiners
  - Medical student teaching opportunities are always available at this site

- **VA Addiction**
  - Patient Population/Health System: Veterans with co-morbid substance dependence and other psychiatric disorders at the VA 28-day intensive outpatient rehabilitation program (IOP)
  - Strong emphasis on interdisciplinary team approach to treat addiction in the veteran population.
  - Residents split their time between group psychotherapy, treatment team, intake assessments, psychiatric management of IOP patients, and inpatient consultation
  - Faculty supervision with senior addiction psychiatrist
  - Present a journal article in group or individual supervision
  - Teach patients in the treatment program about a mental health topic of relevance to them
WESLEY WOODS GERIATRIC CENTER (WW)

• A 64-acre wooded campus comprised of an acute care hospital, two long-term care nursing facilities, an independent living facility for seniors, a 10-bed inpatient hospice facility, and an outpatient center
• Wesley Woods is one of only handful of geriatric centers in the United States nationally recognized for its comprehensive care to individuals and families facing age-related health care issues

WESLEY WOODS ROTATION DESCRIPTIONS:

• Geriatric Psychiatry (WW)
  - PGY-2s provide acute psychiatric care for geriatric patients who are voluntarily or involuntarily hospitalized
  - Bi-weekly participation in ECT with Attending Psychiatrist
  - Residents provide weekly comprehensive evaluations in the outpatient geriatric clinic, which accepts referrals from southeast region
  - Home call covering EUH ED consults, Adult Inpatient unit direct admissions and EUH Adult Inpatient unit issues, average of every 7 nights
  - Monthly geriatric case conference
  - Medical student teaching opportunities
Fellowships

**ADDICTION FELLOWSHIP**
- Directed by Karen Drexler, MD (Karen.drexler@va.gov)
- One-year fellowship program
- Residents receive direct supervision in evaluation and treatment of men and women of different ages, ethnic and socioeconomic backgrounds with addictions to all of the major classes of addicting substances
- Four clinical sites: VAMC substance abuse treatment program (8 months); Grady Memorial Hospital (2 months); a rotation at Metro Atlanta Recovery Residences (1 month) and one at Talbott Recovery Campus (1 month)
- Supervised training in performing patient evaluations, managing rehabilitation and detoxification, and treating psychiatric co-morbidities
- Weekly Wednesday morning seminars
- Fellowship highlights include experience with the Infectious Disease Program, Drug Court, the Impaired Professionals Program, scholarship opportunities and quality improvement projects, Buprenorphine Treatment training (AAAP’s “Half and Half” course), and a book club and journal club

**CHILD AND ADOLESCENT FELLOWSHIP**
- Directed by Arden Dingle, MD (adingle@emory.edu)
- Two-year program which has been designed to offer training composed of a well balanced mix of clinical experiences, formal didactics, and theoretical orientations
- Close supervision from faculty members which fosters professional development
- Exposure to issues of teaching, research, and administration with varying levels of participation depending on the situation
- Well supervised experiences in diagnosing and treating all the major psychiatric disorders in children, adolescents and families
- Progressive exposure to broad theoretical perspectives of development, from infancy through adolescents
- Comprehensive exposure to the practice of child and adolescent psychiatry within medical and community settings
- In-depth experience with administrative and clinical aspects of a variety of health care systems; critical training in reading the literature as well as basic research methodology
- Personal experience with a private practice in the training clinic

**FORENSIC FELLOWSHIP**
- Directed by Peter Ash, MD (pash01@emory.edu)
- One-year program
- Contains a blend of state government interest and private university academic orientation has produced a growing program which emphasizes forensic teaching, public policy development, research, and, for child psychiatrists, a variety of child forensic experiences.
- Considerable individual supervision is provided
- Program provides flexibility in experiences depending on a fellow’s interests
- Didactics include a weekly case-oriented seminar and a weekly seminar on the non-criminal AAPL Landmark Cases
- Fellows may audit one course each term at the Emory University School of Law
- Opportunities to participate at a state government level on policy development and in research projects aimed at informing public policy decision-making
- Fellows are encouraged in to participate in ongoing research projects or to develop their own.
- Participate in training other professionals and in helping train psychiatry and child psychiatry residents who rotate through the program
GERIATRIC FELLOWSHIP

- Directed by Adriana Hermida, MD (ahermid@emory.edu)
- One-year program
- Training is conducted at the Wesley Woods Geriatric Hospital and affiliations
- Fellows receive direct supervision in medical, neurological and psychiatry evaluation and management of a varied geriatric population
- The fellow will also have the opportunity to have in-depth training in Electroconvulsive Therapy (ECT)
- Fellows will receive selective training at other affiliations such as Wesley Woods Health Center, Budd Terrace, Presbyterian Village, AG Rhodes Nursing, and Fountainview Nursing Home
- Ongoing seminars covering specific reading assignments from three geriatric psychiatry textbooks covering areas of normal aging, pharmacokinetics and pharmacodynamics, diagnostic issues, management, treatment outcome, psychotherapy, cultural diversity, epidemiology, quality of life issues, death and dying issues, psychological testing in the elderly and medical ethics

PSYCHOSOMATICS FELLOWSHIP

- Directed by Raymond Young, MD (ryoung2@emory.edu)
- One-year program
- Fellows spend six months at Grady Memorial Hospital, and six months at the Atlanta VA Medical Center
- Rotations include training in psychiatric consultation and management of medical and surgical inpatients and outpatients
- Weekly seminars and teaching conferences covering the full range of psychosomatic medicine topics throughout the year at the two sites
- Daily teaching rounds where the emphasis is on diagnostic and interviewing skills, increasing knowledge, case presentations, short-term therapy, optimizing collegial relationships with other health providers, and professionalism
- Considerable individual supervision is provided
- Fellows will participate in ongoing research projects and are encouraged to develop their own
Elective Opportunities
Residents have 1.5 months of elective time in their PGY2 year, and have an additional 12 months of elective time in their PGY4 year. Several clinical and research opportunities are available at a diverse number of sites. Detailed descriptions of these opportunities is available on our website. Popular electives include Women’s Mental Health, forensic, child & adolescent psychiatry, and research electives.

Evidence-Based Medicine
Evidence-based principles are integrated into the residents’ didactic curriculum over the course of the residency. Emphasis is placed on asking key questions, searching the literature and critically appraising all types of scholarly articles. Journal club activities are also included embedded in clinical rotations to reinforce these principles.

Resident Research & Quality Forum
The group was formed with the purpose of helping residents learn of research being conducted by both Emory faculty and non-Emory researchers. The expectation of the faculty mentors is to share personal insights on their research experiences, future opportunities, and developments related to the field of psychiatry and medicine. The group meets monthly.

International Opportunities
Residents have the opportunity to gain exposure to international activities, both locally and abroad. Residents may elect to rotate in Cultural Psychiatry elective at Grady Hospital, providing psychiatric evaluation and treatment to a largely South/Middle American population (namely Latino) and a diverse population of refugees (Bhutanese, Bangladeshis). In addition, in collaboration with The Carter Center, residents may participate in the Liberia Project, focused on scaling up services and training mental health providers in a post-conflict, low-income environment.

Scholarship/Research
We support our residents in their scholarship and research efforts. Residents can participate in research electives in during their elective months in their PGY2 and PGY4 years. To name a few, research electives include the Grady Trauma Project, the Grady NIA project, autism research, Clinical Trials Program in mood and anxiety disorders, the First Episode Schizophrenia Research Project (ACES), Safety, Trauma, and Recovery Program (STaR), Trauma Recovery Program, and Women’s Mental Health Program.

Supported Career Development
Whether a resident is interested in a research, teaching, or clinical career, program leadership supports and mentors residents as they hone their interests. During semi-annual meetings with program leadership, interests are explored and guidance is provided. Seminars about employment after residency are strategically placed throughout the didactic curriculum.

Curriculum Innovations

Mentored Research Training Track
Interested residents may participate in a PGY4 research project. The goal of this track is to nurture the research interests with an interest in research and mentor them as they plan their careers. For example, residents have participated in deep brain stimulation, neuroimaging, and PTSD research.

Protected Didactic Time
Residents throughout the program are free from clinical responsibilities on Wednesday mornings to focus on their education. The didactic curriculum is designed to maximize the learning potential of the clinical experience, equip the learner with the tools to provide evidence-based patient care, and facilitate a spirit of life-long learning upon graduation.

Emory Psychoanalytic Institute
Residents may apply to this unique training opportunity in psychoanalysis. The institute provides an integrated curriculum of postgraduate courses as well as organized programs of clinical case supervision in psychoanalysis or psychoanalytic psychotherapy.
Clinical and Research Programs

Our department is able to provide a myriad of different types of training experiences for psychiatric residents and fellows in a variety of psychiatry subspecialties. Below are examples of some of our outstanding clinical services, and world class research and training opportunities.

Emory Autism Resource Center (EARC)
http://www.psychiatry.emory.edu/PROGRAMS/autism/index.html
The EARC is a University-based program for children adolescents and adults with autism and related disorders, their families, and professionals and agencies that serve them. The Center has become a model for diagnosis, family support, innovative treatment and a vital source for professional training. This program provides treatment and consultative services which strive to promote full community participation for persons with autism.

The Child and Adolescent Mood Program (CAMP)
http://www.camp-emory.com/
CAMP is an interdisciplinary clinical research program that aims to provide and improve best practices for children and adolescents with mental health difficulties, including mood disorders such as depression, anxiety, or bipolar disorder. The CAMP team provides outpatient clinical services including psychopharmacological evaluations and medication management, individual therapy, family therapy, parent skills training, group therapy, and diagnostic, intelligence, and achievement testing.

Emory Mind-Body Program
http://www.psychiatry.emory.edu/PROGRAMS/mindbody/about.html
Investigators in the Mind-Body program are interested in interactions among the brain, endocrine system and the immune system, especially as they relate to the effects of stress on the immune system and the role of the immune system in behavioral alterations including depression, fatigue and cognitive dysfunction. The impact of specific strategies to limit the effects of stress on immunity and the effects of the immune system on the brain including pharmacologic approaches and meditation are of special interest.

Fuqua Center for Late-Life Depression
http://www.psychiatry.emory.edu/PROGRAMS/fuquacenter/index.htm
This Center’s mission is to improve elderly adults’ access to treatment for depression and provide education to improve public awareness and understanding of elder patient depression in an effort to de-stigmatize and eliminate discrimination associated with mental illness. Together with the Geriatric Psychiatry Outpatient Clinic, the Fuqua Center provides comprehensive geriatric psychiatry treatment services to elderly patients, including inpatient and outpatient psychiatric care, peer support, psychotherapy, preventative care and chronic disease management for seniors.

Grady NIA Project
http://www.psychiatry.emory.edu/PROGRAMS/niaproject/home.htm
“Nia” is a principle of Kwanzaa, and means “Purpose.” This research program includes a number of projects, including investigating both risk factors (including intimate partner violence) and protective factors for suicide attempts in African American women and examining risk and protective factors for suicide attempts in abused, African American women. In addition, the NIA project is assessing a culturally-relevant group empowerment intervention program for abused, suicidal African American women. Other projects are focusing on expanding efforts to examine culturally-informed, empowerment-based, psychoeducational interventions for abused and suicidal African American women to see if it is more beneficial than standard care in reducing suicidal thoughts, depression, and domestic violence.

Grady Trauma Project (GTP)
http://www.gradytraumaproject.com/
This project aims to determine the relative contribution of genetic and trauma-related risk factors for Posttraumatic Stress Disorder (PTSD) in a cross-sectional study of a highly traumatized, low socioeconomic status, minority urban population. The project examines three independent factors that contribute to the relative risk for PTSD following trauma: genotype polymorphism, lifetime history of trauma, and per-traumatic emotional response to the PTSD-related event. Genetic risk factors include genetic polymorphisms that have been shown to contribute to the development of psychopathology in other stress-related psychiatric disorders.
Maternal Substance Abuse and Child Development Program
http://www.psychiatry.emory.edu/PROGRAMS/GADrug/index.html
This project was among the first to establish a program for screening pregnant women for alcohol use in order to identify the extent of the problem in Georgia as well as methods for prevention in this group. The program was able to establish that alcohol effects could be seen in the newborn infant. In addition, the project found that an informational intervention with pregnant women could reduce alcohol and other drug use and improve birth outcomes.

Mood and Anxiety Disorders Program
http://www.psychiatry.emory.edu/PROGRAMS/Emoryclinicaltrials/index.html
The Mood and Anxiety Disorders Program is dedicated to conducting global health care research on an individual level. An experienced team of medical doctors, psychologists, social workers, and nurses seek to discover improved treatments for depression and anxiety disorders.

Trauma and Anxiety Recovery Program (TARP)
http://psychiatry.emory.edu/programs/tarp/
This program offers clinical services and clinical research services to individuals suffering from various anxiety disorders including Posttraumatic Stress Disorder (PTSD), phobias, obsessive compulsive disorder (OCD), panic disorder and other anxiety-related problems. TARP utilizes virtual reality exposure therapy to treat patients with anxiety disorders, addictions, and pain.

Women's Mental Health
http://womensmentalhealth.emory.edu/
The Emory Women’s Mental Health Program is an academic center of excellence for the psychiatric care of women. This program provides state-of-the-art care for mental illness in women with an emphasis on pregnancy, the postpartum period, and breastfeeding.
The primary goal of the general psychiatry program is to foster an educational environment that allows residents to meet their full potential as emerging leaders in the field of psychiatry. The program provides a strong base in psychiatric principles in the first two clinical years that is common for all the residents. During these years all of the residents complete their neurology and medicine/pediatric requirements and are immersed in hospital based psychiatry. The strength of the inpatient training program is in the variety of patient settings which range from Grady Memorial Hospital (a county hospital with a majority of patients who are from underserved minority groups and lower socioeconomic groups), the Atlanta VA Hospital (serving a diverse population of veterans with state of the art substance abuse and trauma services), Wesley Woods Hospital (a free standing geriatric hospital which has a wide catchment area for elderly patients with mood disorders and dementia) and Emory University Hospital (serving primarily patients with treatment resistant psychiatric disorders who have private insurance). These different settings allow for the residents to understand the importance of the psychosocial factors in the presentation and care of mental illnesses and afford a unique training opportunity that draw upon the strengths of each hospital.

The residents also develop skills in evaluating and managing psychiatric outpatients early in the residency including their experience evaluating patients in the Grady emergency room as a PGY-1 and evaluating and treating outpatient psychotherapy patients at the beginning of the second year. Psychotherapy training is a primary goal of the program and the residents are introduced to psychotherapy in the second year and continue with psychotherapy training throughout the residency program. During the residency the training in psychotherapy progresses from learning basic psychotherapy skills in the second year to an understanding of time limited symptom focused psychotherapy and long term insight oriented psychodynamic therapy as they progress through the residency.

In the second year, residents begin the process of exploring specific areas of interest in psychiatry. Residents can choose two one month electives in a wide variety of clinical and research electives in order to develop their interests in a specific area of psychiatry. Second year residents also develop skills in evaluating and treating the spectrum of psychiatric disorders from geriatric patients at Wesley Woods to children and adolescents through supervised clinical experiences.

During the third year, residents continue to develop skills in managing outpatients in psychotherapy and psychopharmacology in a number of diverse settings including the outpatient psychotherapy and psychopharmacology programs at Tufts House, outpatient psychiatry clinics at the Grady Park Place, the VA Mental Hygiene Clinic, Skyland Trail, or Emory Student Health. In addition, the residents continue their training from the PGY-2 year in child and adolescent psychiatry with additional intensive training at the Child Outpatient Clinic.

The fourth year is designed to allow residents to prepare for their post residency careers and specialize in specific areas of psychiatry. The residents are given a variety of options including choosing a chief residency position including the Emory Hospital, VA Medical Center, Grady Memorial and Emory Ambulatory Services. Residents may also choose to develop a research project or a clinical specialty such as geriatric psychiatry or electroconvulsive therapy. Overall the educational focus of the program changes from developing basic inpatient skills to gaining experience in an outpatient setting. As individual residents progress through the program they also develop individual areas of expertise which can range from clinical psychiatry to psychoanalysis and research. The program goals shift during the residency from a common shared experience of the basics of psychiatry to increasingly allowing residents to choose from a variety of experiences to develop their individual career path.
PGY-1 GOALS

The primary goals of the PGY-1 year are to provide a foundation in internal medicine/pediatrics and neurology, and also to provide an introduction to the evaluation and care of both acute and chronically ill psychiatric patients. Residents are allowed to choose from a variety of experiences on internal medicine and/or pediatrics including inpatient rotations, outpatient consultation services and emergency room medicine. Residents choose these rotations based on their individual goals with residents interested in child psychiatry often electing to spend more time on pediatric rotations and residents interested in emergency psychiatry opting for the emergency services rotations.

During the 6 month psychiatry rotation the residents are based entirely on the Thirteenth Floor of the Grady Memorial Hospital. The Thirteenth Floor has the full complement of psychiatric training resources including the psychiatric emergency room (Psychiatric Emergency Service (PES)), short term units for management of acute psychiatric interventions (Temporary Observation Unit and the Crisis Stabilization Unit (CSU)) and a longer stay (10–14 days) inpatient psychiatric unit. The strength of the program for these beginning residents is that they can be closely supervised by the faculty and followed on each of the rotations across these units. Overall goals can be monitored closely, remediation plans put into place for residents who are not achieving the goals and residents who are doing well can be given more appropriate autonomy based on feedback from supervisors.

Seminar lectures focus on basic emergency psychiatric skills such as suicide assessment and commitment law, diagnostic and treatment criteria for the major psychiatric disorders with a focus on the psychotic disorders and substance abuse and psychopharmacology related to management of patients with severe, acute and chronic psychiatric disorders.

The overall goals of the PGY-1 year are:

- **Medicine/ Pediatrics; Neurology**: To gain knowledge in internal medicine/pediatrics and neurology in understanding the appropriate workup and management of acutely and chronically ill patients. In the process learn to work with a team and gain an appreciation for medical issues in psychiatry as well as how psychiatry can interface with medical services and neurology.

- **Inpatient Psychiatry**:
  - To develop proficiency in evaluation, diagnosis and treatment of patients with severe mental illness, firmly rooted in the principles of evidence based medicine
  - To familiarize residents with the community resources available and how to access them.
  - To enhance the resident’s appreciation of a multidisciplinary team approach to psychiatric care. Evaluate the resident in a multidisciplinary team setting and facilitate their development as an effective member of the team.
  - To further the resident’s understanding that mental illness falls within the context of a patient’s life and the understanding that patients’ are treated in the context of their life circumstances.
  - To gain an appreciation that mental illness is a multidimensional process involving biological, psychological, and social dimensions, and that appropriate care should involve all domains.

- **Emergency Psychiatry**
  - To develop proficiency in the evaluation, diagnosis and treatment of patients in an emergency room setting
  - To learn how to do suicide assessments and assess patients for inpatient admission vs. management in the community
  - To understand the medical legal issues related to the process of involuntary commitment
PGY-2 GOALS

The goals of the second year are to build on the developed capacities of the first year and to introduce more advanced knowledge and methods of care. The residents continue rotations on inpatient psychiatry at the Atlanta VA Medical Center and the Emory University Hospital where they extend their psychiatric knowledge in different patient populations. In the PGY-2 year residents provide care in different treatment settings with patient populations that have different challenges and learning opportunities than those they worked with as PGY-1 residents. The residents are also on call in the Emory Hospital and VA emergency room and again this adds to their emergency psychiatry training by exposing them to different patient populations and a range of community resources.

Seminar lectures topics are expanded to include more lectures on the mood and anxiety disorders including diagnostic criteria and psychopharmacology and somatic treatments (e.g., electroconvulsive therapy and transcranial magnetic stimulation) for these disorders, lectures on child and adolescent development and introductory lectures on psychotherapy.

In addition to the inpatient goals cited above for the PGY-1 year, the residents assume increasing autonomy in the care of the psychiatric inpatients and develop the capacity to take a leadership role on the inpatient treatment team. There are a number of other goals added to the PGY-2 year:

- **Consultation/ Liaison Psychiatry:** To develop expertise in the diagnosis, treatment and management of a variety of psychiatric disorders in patients with co-morbid medical/surgical illnesses and in the interactions with their physicians and support staff. The residents participate in C/L psychiatry at both Grady and Emory Hospitals.

- **Child and Adolescent Psychiatry:**
  - To train general psychiatrists to conduct psychopharmacology, psychotherapy, and hospitalization of adolescents. Residents will observe children and adolescents in a variety of outpatient settings for four mornings during one of the elective months.
  - To familiarize the residents with the issues and problems that occur in families with children and adolescents so that the residents can be more effective when working with adults who are parents.

- **Geriatric Psychiatry:** To develop expertise in the evaluation, diagnosis and management of geriatric patients with late-life affective disorders, psychosis, cognitive impairment and behavioral disorders in a one month inpatient rotation at Wesley Woods.

- **Substance Use Disorder Psychiatry:** To introduce knowledge and treatment for substance use disorders through supervised individual and group therapy in a one month outpatient rotation at the VA.

- **Outpatient psychiatry:**
  - To begin supervised individual psychotherapy with patients that the residents will continue to treat throughout the remainder of their residency.
  - To begin supervised group and couple’s therapy

- **Electives:** Two one month elective blocks allow residents to participate in a wide range of elective activities that include research and clinical areas. The intent of the electives is to allow residents to gain experience in areas of possible interest and to work with faculty and staff in programs that they are not exposed to in the first two years of the general residency.
PGY-3 GOALS

The goal of the third year is to develop and extend the resident’s capacity to manage psychiatric outpatients. The residents are based at the Tuft’s House for their outpatient psychotherapy and psychopharmacology clinics and have additional experiences in an outpatient setting near the Grady campus (Park Place), VA Medical Center, Emory University Student Health & Counseling Services, or Skyland Trail.

Seminar lectures are on increasingly advanced topics in the diagnosis and care of psychiatric disorders including additional topics in depression and anxiety with an emphasis on treatment resistant patients. Seminar lectures also focus on advanced topics in child and adolescent psychiatry and in family and group therapy.

- **Outpatient Psychotherapy Training Program (OPTP) at Tufts House:**
  - To continue supervised, individual psychotherapy with patients referred to the sliding scale resident clinic with an increasing number of hours devoted to supervision and outpatient psychotherapy.
  - To include supervision and therapy in a number of psychotherapy modalities including psychodynamic, time limited, cognitive behavioral and behavioral therapy.

- **Outpatient child and adolescent psychiatry:**
  - To gain competence in the evaluation and treatment of children and adolescents in an outpatient setting for one afternoon a week for the entire year. The resident will serve as the primary therapist for the patients.

- **Outpatient care at the Grady Outpatient Clinic, VA Mental Hygiene Clinic, Emory University Student Health & Counseling Services, OR Skyland Trail:**
  - To manage outpatients in both an individual and group mode, diagnosing and treating chronic mental illness in four half day blocks over the entire year.
  - To train the residents to treat patients over a longer period of time that allows for a deeper therapeutic relationship, more opportunities for developing diagnoses over time and observing the long term advantages and sequelae of medications.

- **Psychopharmacology at the Emory Clinic:**
  - To train residents in the careful diagnostic outpatient evaluation of patients seeking psychopharmacological management in a clinic with expert psychopharmacologists in a private insurance clinic for one half day a week over one year. These patients are private pay or insurance and are a different mix than the patients seen at the primary outpatient clinics.
  - To train residents in state-of-the-art, evidence-based psychopharmacological management of patients with a range of psychiatric diagnoses and develop skills for life-long learning as it relates to psychopharmacology practice.
PGY-4 GOALS

The goals of the PGY-4 year are to prepare the resident for post residency and to ensure that they use the final year effectively as part of developing their career plan. By the fourth year the goals for their career plan are well developed through the mentoring process with the faculty and the biannual resident reviews that have been conducted since their PGY-1 year. The specific goals for each resident vary considerably.

In general, residents interested in academic careers, or refining their teaching or inpatient psychiatry skills will apply for the chief resident positions. Each of the positions offers unique opportunities and challenges. The newly created outpatient chief resident position has added an innovative opportunity for a resident who wants to pursue a career in private psychiatry. This position offers a resident the opportunity to develop skills in managing a large clinic. This Chief Resident will learn everything about the clinic from the budgetary issues to the issues related to clinical care. The Grady Chief Resident has significant clinical responsibilities for both the emergency room and the inpatient wards. The VA Chief Resident is largely responsible for administration and preparing the seminars for the residents and medical students and is particularly suited to a resident considering a VA based career. The Emory Chief Resident has administrative, teaching and clinical responsibilities particularly in Emory Emergency Room.

Often the Chief Resident at each of the sites is considering a post residency career at that hospital and this position allows them to try working with the faculty at that hospital in a leadership position.

Some residents will use the time to complete requirements and all will continue with outpatient psychotherapy and psychopharmacology cases. Most residents will have ample time to try a number of electives including electives in research and clinical areas.

The seminars for the final year include a majority of the lectures which have been left unassigned and the residents chose special topics. Popular topics include private practitioners discussing how to manage a private practice, advanced research topics and a return of the most popular lecturers from the previous years.
Overall Summary of Rotations per year:
(Rotations are not necessarily completed in this order)

PGY-1 Rotations (GMH)
- 6 months Grady Psychiatry
- 2 months Grady Neurology
- 4 months Medicine or Pediatrics (Grady and VA)

PGY-2 Rotations (All Hospitals)
- 2 months of Emory Inpatient
- 2 months of Emory C/L
- 2 months of Grady C/L
- 2 months of VA Inpatient
- 1 month of VA Substance Abuse
- 1.5 months Electives
- 0.5 month Child
- 1 month of Wesley Woods Geriatric Psychiatry

PGY-3 Rotations (Grady, VA, Skyland Trail, or Student Health)
- Primary outpatient site at Grady, VA, Skyland Trail, or Emory Student Health
- Emory Psychopharmacology Clinic
- Child Outpatient Clinic
- Outpatient Psychotherapy Training Program (OPTP)

PGY-4 Rotations (All Hospitals)
- PGY4 year is electives
- OPTP
- There are four Chief Residents positions:
  - Emory Chief
  - Emory Ambulatory Chief
  - Grady Chief
  - VA Chief

Intern Resident comments:
“I am really impressed by the amount of one on one time with the attendings during the intern year. Our attendings are very personable and have an open door policy for my questions big or small. When dealing with such an acutely ill population it is comforting to know that there is help with any issue that may arise.”
Clinical/Elective Electives

Clinical Electives
Addiction Psychiatry (VAMC)
Adults with Autism-Spectrum Disorders and Neurodevelopmental Disabilities (Emory)
Elective in Clinical Psychiatric Oncology (Emory)
Child Psychiatry (Emory and Grady)
Community Outreach Services (COS) (Grady)
Consultation/Liaison Service – Emory University Hospital
Consultation/Liaison Service – Grady Hospital
Consultation-Liaison Service - Atlanta VA
General Psychiatry Practice Elective (Emory)
Family Therapy Elective (Grady)
Faculty Staff Assistance Program
Forensic Psychiatry (Grady)
Geriatric Psychiatry and ECT Elective (Wesley Woods)
Geriatric Psychiatry VA Outpatient Elective
Grady CSU and/or CIS Elective
Grady NIA Project
HIV/AiDS Mental Health/Substance Abuse Elective (Grady)
Inpatient Palliative Care Consults – Grady
Senior Resident Psychopharmacology Elective (Emory)
Safety, Trauma, and Recovery – VA StaR (PTSD/Substance Abuse treatment program)
Sleep Medicine Elective (Emory)
Student Health Clinic Elective (Emory University)
Time-Limited Dynamic Psychotherapy (Grady)
Medical Toxicology Elective (Grady)
Emory Women’s Mental Health Program Perinatal Clinical Care - PGY-4 Elective
Emory Women’s Mental Health Program Introduction to Perinatal Psychiatric Care (PGY-2)

Research Electives
Child Psychiatry Research at Grady
Grady Trauma Project
Mood and Anxiety Disorders Program: Clinical Trials Elective (Emory)
First-Episode Schizophrenia Research at Grady (ACES Project)
Schizophrenia Research at VAMC
Trauma Recovery Program (VAMC)
Emory Women’s Mental Health Program Psychiatric Clinical Research

“Emory’s excellent psychotherapy program has provided the opportunity for me to train in cognitive behavioral therapy, interpersonal therapy, dialectical behavioral therapy and psychodynamic therapy.”
Didactics
All classes have protected time on Wednesday mornings for didactics. The didactics are organized into modules with individual module leaders who are experts in their particular area. The half-day didactics enable us to organize a coherent curriculum with no gaps and minimal redundancy in content. In addition, this allows us to have inter-class learning and class-wide workshops. The centralized didactics help foster collegiality and socialization for both residents and faculty.

Regular Meetings with Program Leadership
The Program Directors meet with each individual resident class approximately every six weeks. These meetings give the residents an opportunity to discuss both individual and group topics of importance relative to their learning goals and their experiences. In addition there are individual, semi-annual meetings to review progress, set learning goals, and review career plans.

Resident/Faculty Events
Residents, faculty, and their families participate in an annual kickball game and picnic. The Department’s Chairman, Dr. Mark Rapaport, is the designated kickball pitcher for the faculty. In addition, the department hosts an annual holiday party in December.

Resident Retreat
Residents have an annual retreat in the spring to facilitate team building. In addition, residents are asked to work on goals for the following year and provide suggestions for program improvement. Activities in past years have included whitewater rafting, hiking in the Georgia Mountains, and enjoying a ropes course.

Grand Rounds
The Emory Department of Psychiatry Grand Rounds is a bi-monthly lecture presentation featuring a variety of national figures in American psychiatry. This speaker series is a forum that supplements the formal didactic program and provides for the dissemination of new information from medical research and/or societal issues relevant to psychiatry. Grand Rounds are typically held the second and fourth Wednesdays of the month. Following Grand Rounds, there is an informal resident lunch with the Grand Rounds speaker.

Residency Education Committee (REC) Meeting
The REC meets monthly on the first Tuesday of the month. The meetings are open to all residents who are always welcome to suggest agenda items to any members of the committee to consider business relating to the Residency Education Program. Residents are encouraged to voice their opinions which can be an important way to shape the program.

Resident Meeting
There is a monthly meeting in which residents of all training years unite and discuss ways to further improve the residency. This activity adds to the cohesion of the program and promotes cross talk among classes. The elected residency class president organizes these ideas and presents them to the program leadership.
OUTPATIENT PSYCHOTHERAPY TRAINING PROGRAM (OPTP)

The Outpatient Psychotherapy Training Program (OPTP) is a program of didactic instruction and experiential learning for all PGY-2, PGY-3, and PGY-4 psychiatry residents. Closely supervised work with selected psychotherapy patients is completed over a three-year period. The program is centrally administered and is continuous during the resident's rotations through other services.

A part-time Medical Director and Director of Clinical Services are in charge of the clinical aspects of the OPTP. A Chief Residency in the Outpatient Services is offered as an elective in the PGY-4 year. The Chief Resident’s work is divided between the OPTP and the Emory Psychopharmacology Clinic. Over eighty full-time or adjunct faculty with a variety of psychotherapy backgrounds supervise residents. A full-time administrative assistant and a part-time secretary provide administrative support for the program.

After a series of introductory lectures, residents begin their supervised psychotherapeutic work beginning the PGY-2 year and continuing throughout the remainder of the residency. Patients are referred from many areas of the community including Emory faculty/staff, student health, and student counseling services, self-referrals, and referrals from other mental health professionals. The population of patients is culturally diverse and includes patients with a variety of diagnoses and clinical presentations. Required time commitment at the OPTP is 2 hours of psychotherapy per week for PGY2s and six hours per week for PGY3s/PGY4s.

All residents have weekly supervisions either on or off campus. PGY-2s have a minimum of one clinical supervision hour per week and PGY-3s/4s have a minimum of 3 hours per week. Residents may request specialty supervisors as needed in their particular caseload.

Each resident is expected to learn and practice a variety of therapeutic models and modalities. Therapeutic approaches and modalities include: brief and long-term psychodynamic psychotherapy, cognitive behavioral therapy, interpersonal psychotherapy, behavioral therapy, supportive psychotherapy, dialectical behavioral psychotherapy, group/family/couples therapy, adjunctive psychopharmacological therapy, and combined approaches that may be indicated in particular clinical situations. An enhanced focus on evidence-based treatment approaches may include research projects conducted through the OPTP.
### Our Residents

#### HOUSESTAFF
- 45 Core Psychiatry
- 7 Medicine/Psychiatry Combined

#### DEMOGRAPHICS
- 33 Female
- 19 Male

#### GEOGRAPHY
- 40 Medical Schools Represented
- 27 US states
- 5 Countries

#### BOARD PASS RATE*
- 98% - ABPN Board pass rate
*Based on ABPN Residency Program Summary Report

#### POST-GRADUATION
- All 2012 graduates seeking fellowship matched, including many who secured appointments at their top choices

#### RESIDENTS RATE THE PROGRAM*
- 96% of the residents identify diversity of patient populations as strength
- 93% of the residents report that the volume of clinical experiences is a strength
- 90% of the residents rate the diversity of clinical venues as a strength
*Annual Survey Results

#### STRENGTHS AND UNIQUE OPPORTUNITIES
- Diversity of clinical venues, and patient populations
- Multi-sites with diverse clinical opportunities (private, public, VA)
- Early exposure to psychotherapy training (Psychoanalytic training program)
- Offer all ACGME fellowships
- Breadth of research opportunities
- Early elective opportunities (beginning in the PGY-2 year)
- Programs in multiple clinical areas (examples in Clinical and Research Program section)
- Residency education program centralized at the Tufts House
- Opportunities for mentorship with diverse group of faculty

#### Comments about Didactic Curriculum:
- “Positive intern experience – regular noontime lectures/didactics, morning sign out”
- “Attendings are extremely devoted to teaching”
- “Excellent collegial atmosphere with resident camaraderie”
- While at Grady, you are exposed to a variety of serious, chronically ill patients, that by the end of the intern year, you are comfortable managing
- “Plentiful moonlighting opportunities – you can double your salary!”

#### Comments about the overall program:
- “Bigger researchers who are willing to teach the basic stuff”
- “Incorporates faculty research into the didactics”
- “Consistent scheduling and diversity of lectures”
- “Didactic time is protected”
- “Diversity of topics covered”
- “High quality teachers/presenters”
- “Psychotherapy curriculum”
- “Well organized, speakers well prepared”
Resident Roster

2012-13 Psychiatry
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and Health Sciences
Cristina.poscablo-
stein@emory.edu

Yael Schonherz-Pine
M.D., Sackler School of Medicine
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Mahalia Way
B.A., University of Michigan
M.A., University of California, Berkeley
Ph.D., University of California,
Berkeley
MD, Weill Cornell Medical College
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2012-13 Psychiatry
PGY-2 Residents

Jessica Cohen
B.A., Yale University
M.D., Emory University School of Medicine
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Sarah Cook
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M.B.Ch.B., Royal College of Surgeons, Ireland
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Andrew Farkas
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M.D., University at Buffalo State University of New York School of Medicine
andrew.farkas@emory.edu

Cynthia Gillikin
B.S., Wake Forest University
Ph.D., University of Miami
M.D., University of Miami Leonard M. Miller School of Medicine
cynthia.lee.gillikin@emory.edu

Khanh Ha
B.S., University of Portland
M.D., Keck School of Medicine of the University of Southern California
khanh.nguyen-van.ha@emory.edu

Matthew Hughes
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M.D., Texas Tech University School of Medicine
matthew.hughes@emory.edu

Sheril Kalarithara
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M.D., University of Buffalo State University of New York School of Medicine
skalarithara@emory.edu

Sipra Laddha
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M.D., University of Buffalo State University of New York School of Medicine
sipra.laddha@emory.edu

Cliff Lin
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M.D., University of Chicago School of Medicine
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Nancy Martin
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M.D., University of New Mexico School of Medicine
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Abigail Nash
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Ph.D. and M.D., University of Texas, Southwestern Medical School
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Ryan Sultan
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M.D., Drexel University College of Medicine
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Yilang Tang
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Ph.D., Peking University, Beijing
M.D., Peking University, Beijing
ytang5@emory.edu
2012-13 Psychiatry
PGY-3 Residents

Andrea Crowell
B.S., Northeastern University
M.D., Stanford University School of Medicine
andrea.crowell@emory.edu

Rachel Goldberg
B.A., Cornell University
M.P.H., Emory University Rollins School of Public Health
M.D., Emory University School of Medicine
rbgoldb@emory.edu

Bruce Hill
B.S., Samford University
M.D., University of Alabama School of Medicine
bruce.hill@emory.edu

Maryam Hosseini
B.S., Emory University
M.S., Georgia State University
M.D., Morehouse School of Medicine
maryamhosseini@emory.edu

Marcus “Bo” Houston
B.A., Davidson College
M.P.H., Emory University Rollins School of Public Health
M.D., Emory University School of Medicine
mjhoust@emory.edu

Ahmed Khan
B.A., University of Illinois, Chicago
M.P.H., Benedictine School of Public Health
M.D., University of Illinois College of Medicine
ahmed.khan@emory.edu

Amanda McMillan
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M.D., Mercer University School of Medicine
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Tammy Saah
B.A., University of California
M.A., San Jose State University
M.D., American University of Beirut School of Medicine, Lebanon
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Raj Shekhat
B.A., Bates College
M.D., University of Rochester School of Medicine
rnshekhat@emory.edu

Melissa Smith
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M.D., University of South Alabama College of Medicine
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Arshya Vahabzadeh
Unk Degree, Royal College of General Practitioners, United Kingdom
M.D., University of Birmingham, United Kingdom
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M.D., University of Miami Leonard M. Miller School of Medicine
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Justine Wittenauer
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M.D., Northeastern Ohio University College of Medicine
jwittenauer@emory.edu
2012-13 Psychiatry
PGY-4 Residents

John Douglas
B.S., University of California, Los Angeles
M.S., Georgetown University
M.D., Georgetown University School of Medicine
M.B.A., University of California, San Diego
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Kimberly Fitzgerald
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M.D., University of Florida College of Medicine
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Amy Hostetter
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M.D., University of California San Francisco School of Medicine
ahostet@emory.edu

Alexandra Sawicki
B.A., Yale University
M.D., Jefferson Medical College of Thomas Jefferson University
asawick@emory.edu

Nadia Sawicki
B.A., Yale University
M.D., Jefferson Medical College of Thomas Jefferson University
nsawick@emory.edu

Kelly Scheinberg
B.A., Brandeis University
M.D., University of Florida College of Medicine
kschein@emory.edu

Nisha Shah
B.A., Smith College
M.D., Jefferson Medical College of Thomas Jefferson University
nshah33@emory.edu

Maria Thottungal
B.S., University of Toronto
M.A., Case Western Reserve University
M.D., Rush Medical College
mthottu@emory.edu
2012-13 Combined Internal Medicine/Psychiatry Residents

PGY-1 Residents

Daniel Cucco
B.S., University of Maryland
M.D., State University of New York Downstate Medical Center College of Medicine
daniel.brian.cucco@emory.edu

Vera Tate
B.S., University of Central Arkansas
M.S., University of Central Arkansas
M.D., University of Arkansas for Medical Sciences College of Medicine
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PGY-2 Resident

Erika Heard
B.S., Spelman College
M.D., Duke University School of Medicine
erika.nicole.heard@emory.edu

PGY-3 Resident

Aaron Gluth
B.S., Roanoke College
M.D., University of Virginia School of Medicine
aaron.d.gluth@emory.edu

PGY-4 Residents

David Mays
B.S., Emory University
M.D., Emory University School of Medicine
david.mays@emory.edu

Dejuan White
B.S., Florida State University
M.D., Florida State University College of Medicine
dtwhit2@emory.edu

PGY-5 Resident

Chevelle Brudey
B.S., Baylor University
M.P.H., Tulane University School of Public Health and Tropical Medicine
M.D., Tulane University School of Medicine
cbrudey@emory.edu
## 2012 Program Graduates

### CORE PSYCHIATRY

<table>
<thead>
<tr>
<th>NAME</th>
<th>MEDICAL SCHOOL</th>
<th>POST RESIDENCY PLANS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lauren Butterfield, M.D.</td>
<td>University of Nebraska</td>
<td>Child and Adolescent Psychiatry Fellowship (Emory)</td>
</tr>
<tr>
<td>Nicole Garber, M.D.</td>
<td>Saint Louis University School of Medicine</td>
<td>Child and Adolescent Psychiatry Fellowship (Baylor)</td>
</tr>
<tr>
<td>Leah Habib, M.D.</td>
<td>University of Iowa School of Medicine</td>
<td>Emory Assistant Professor, Psychiatry &amp; Behavioral Sciences Inpatient Unit Grady Memorial Hospital</td>
</tr>
<tr>
<td>Sarah Juul, M.D.</td>
<td>Stanford University School of Medicine</td>
<td>Emory Assistant Professor, Psychiatry &amp; Behavioral Sciences Women's Mental Health Program</td>
</tr>
<tr>
<td>Nicole King, M.D.</td>
<td>Morehouse School of Medicine</td>
<td>Child and Adolescent Psychiatry Fellowship (Emory)</td>
</tr>
<tr>
<td>Robert Lloyd, M.D., Ph.D.</td>
<td>University of Cincinnati College of Medicine</td>
<td>Psychosomatic Psychiatry Fellowship (Northwestern)</td>
</tr>
<tr>
<td>Tamela McClam, M.D.</td>
<td>Baylor College of Medicine</td>
<td>Geriatric Psychiatry Fellowship (John's Hopkins)</td>
</tr>
<tr>
<td>Karen Padron, M.D., Ph.D.</td>
<td>University of California Los Angeles David Geffen School of Medicine</td>
<td>Psychiatric Private Practice (Atlanta)</td>
</tr>
<tr>
<td>Patricio Riva Posse, M.D.</td>
<td>Universidad de Buenos Aires</td>
<td>Emory Assistant Professor, Psychiatry &amp; Behavioral Sciences Inpatient Unit Emory University Hospital</td>
</tr>
<tr>
<td>Jill Silbiger, M.D.</td>
<td>Emory University School of Medicine</td>
<td>Psychiatric Private Practice (Atlanta)</td>
</tr>
<tr>
<td>Shari Thomas, M.D.</td>
<td>Howard University College of Medicine</td>
<td>Child and Adolescent Psychiatry Fellowship (Children’s Hospital of Philadelphia)</td>
</tr>
<tr>
<td>Bakari Vickerson, M.D.</td>
<td>Howard University College of Medicine</td>
<td>Morehouse Assistant Professor, Faculty Attending on the Assertive Community Treatment Team &amp; Outpatient Psychiatry</td>
</tr>
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</table>

### INTERNAL MEDICINE/PSYCHIATRY

<table>
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<th>NAME</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Tamara Haynes, M.D., PhD</td>
<td>Yale University School of Medicine</td>
<td>Instructor, Emory Department of Medicine</td>
</tr>
<tr>
<td>Martha Ward, M.D.</td>
<td>Emory University School of Medicine</td>
<td>Emory Faculty Attending Primary Care Clinic Outpatient Unit, Grady Memorial Hospital</td>
</tr>
</tbody>
</table>
Resident Events

Residents Retreat at Montero Farms

Residents –vs– Faculty Kickball Games
Residents’ Rafting Trip

Our Residents
Each resident participating in the Emory University School of Medicine Residency Training program (TRAINING PROGRAM) has the responsibility to:

1.01 Provide compassionate, timely, and appropriate patient care; accept the duties, responsibilities and rotations assigned by the resident's department Chair or the Chair's designee; abide by the rules, regulations and policies of Emory University, Emory University School of Medicine, and the hospitals to which the resident is assigned; and conform to the ethical and professional standards of the medical profession;

1.02 Develop a personal program of self-study and professional growth with guidance from the teaching staff;

1.03 Participate fully in educational activities, accept and follow direction provided by faculty members and more senior residents and, as directed, assume responsibility for teaching and supervising other residents, medical students, and other health care students;

1.04 Participate, as appropriate, in institutional committees and councils, especially those that relate to patient care review and activities;

1.05 Apply reasonable cost containment measures in the provision of patient care;

1.06 Obtain a GA Temporary Postgraduate Permit or a GA Medical License. Each PGY 1- PGY 7 resident/fellow participating in Emory University Residency Training program has the responsibility to obtain a GA Temporary Postgraduate Training Permit. If you already have a GA Medical License, you are not obligated to get a permit. If you are PGY 8 or higher, you must obtain a GA Medical License. Refer to sections 5.04, 5.05, and 5.06.

1.07 Maintain complete and up-to-date immunity and health records in the OGME (See Section 3);

1.08 Inform OGME and the Program Director of changes in address and personal phone number;

1.09 Inform the Benefits Section of Emory University's Human Resources Department (404-727-7613) of any events requiring a change of benefits or tax status (e.g., change in marital status, birth or the adoption of a child).
House staff Benefits

The Residency Program provides the following group benefit plans. You may also enroll your eligible dependents for health, dental and vision coverage.

http://www.hr.emory.edu/eu/index.html

ANNUAL STIPENDS FOR July 1, 2012-June 30, 2013

<table>
<thead>
<tr>
<th>PGY</th>
<th>Monthly</th>
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<td>1</td>
<td>$4,101.75</td>
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<td>2</td>
<td>$4,330.75</td>
<td>$51,969</td>
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<td>3</td>
<td>$4,500.83</td>
<td>$54,010</td>
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<tr>
<td>4</td>
<td>$4,697.17</td>
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</table>

HEALTH CARE PLANS
Residents have the option to choose either Aetna POS Plus or Aetna POS value. Both plans offer coverage levels for the following: resident only, resident & spouse, resident & children, and family. Residents with spouse, children, or family coverage pay the premiums for their family’s coverage on a pre-tax basis. An additional per month medical charge will be added to an employee’s medical plan contribution if their covered spouse has access to group health insurance coverage through their employer.

DENTAL PLAN
As a resident, you are eligible for participation in the Aetna PPO dental plan. Eligibility is not contingent upon participation in either of the health care options. The plan is a traditional PPO plan with an annual maximum benefit. Emory realizes that good dental health begins with routine preventive care. To this end, services received by either In- or Out-of-Network providers are covered by the plan at 100% up to reasonable and customary: oral examinations, routine cleanings and polishing, fluoride, sealants (permanent molars only), full mouth series X-rays, and space maintainers

FLEXIBLE SPENDING ACCOUNTS
These accounts are set up to accumulate money on a before-tax basis to pay eligible out-of-pocket health/dental care and dependent care expenses. There are annual minimum and maximum contribution amounts.

RETIREMENT BENEFITS
Emory offers the Medical House Staff a 403(b) Roth Plan and a 403(b) Savings Plan. Employees can make contributions to one or more of the following retirement vendors: Fidelity Investments, TIAA-CREF, and The Vanguard Group.

DISABILITY INSURANCE
After a 90-day disability waiting period, benefits are payable at 60% of salary to a maximum of $5,000 per month.

AUTO/HOMEOWNERS/RENTERS INSURANCE
Emory University offers stipend deductions to residents for auto, homeowners and renters insurance through MetPay (MetLife Auto & Home). The premiums are discounted, and the resident pays the entire cost.

SICK LEAVE
Twelve calendar days of sick leave per year. There is no carry-over provision.

VACATION/LEAVE
Fifteen calendar days of compensated leave per year. There is no carry-over provision.

A sample copy of our Residency Appointment Contract can be viewed online at http://med.emory.edu/gme/housestaff/housestaff_policies/appendix_b.html
Living in Atlanta

WHERE TO LIVE IN ATLANTA?

The Atlanta metropolitan area has a variety of housing options. Whether your tastes are downtown dwellings, neighborhood nesting’s, or country comforts, our city has it all. Since you will be working at three different hospitals, location is important. Grady Hospital is located in downtown/midtown Atlanta and Emory and the VA are located northeast of downtown. The longest commute from hospital to hospital is just under 8 miles and approximately 30 minutes depending on traffic. The majority of our residents live in either the Midtown/Virginia Highlands area or in Decatur. While expensive, the Midtown/Virginia Highlands area is very cosmopolitan, artsy, and young, and there is a lot of nightlife, eateries and shopping. This area is very close to Grady and Emory Midtown hospitals. Decatur is closer to the Emory and VA hospitals and is not quite as urban and fast-paced as the midtown area, but there still are plenty of eateries, bars and shops in the area.

ATTRACTIONS

Atlanta is host to professional sports teams in football, baseball, basketball, and women’s soccer. Aside from sports, there are a multitude of other events and attractions to enjoy in Atlanta – the Black Arts Festival, Jazz Festival, Peachtree Road Race, Cyclorama, Georgia Aquarium, The High Museum, Underground Atlanta, Fernbank Science Center, World of Coca-Cola, Six Flags Over Georgia, Zoo Atlanta, Stone Mountain Park and a host of other museums, gardens, parks, concert venues, historical attractions and arts and educational centers.

2012 RANKINGS

#1- 10 Best Places for Tech Jobs (US News- Money-Careers)
#2 – Top 25 Most affordable housing in metro areas in the U.S (Interest.com)
#2 – Metros for Entrepreneurial Activity (Kauffman Index)
#2 – Top 10 Most Wireless Savvy Cities (Atlanta Business Chronicle)
#2 – Top 10 Most Socially Networked Cities in America (Men’s Health Magazine)
#6 – Top 10 Cities to Find a Job (CareerCast.com)
#15- Top 20 Cities- FORTUNE 500 headquarters (Fortune)

ATLANTA HAS: *AtlantaHostel.com
- 41 public golf courses
- 54 public parks
- 32 streets with the name "Peachtree"
- home of the Martin Luther King, Jr. Center for Nonviolent Social Change
- the largest aquarium in the world
- the largest mall in the Southeast - Lenox Square
- the World of Coca-Cola- Atlanta Coke Museum
- the world’s largest bas-relief sculpture - Georgia’s Stone Mountain Park
- the largest 10K race in the world - The annual Peachtree Road Race with 45,000 runners
- the second-largest convention center in the world - the Georgia World Congress Center

COMMENTS ABOUT ATLANTA:
- “Cheap, direct flights from Atlanta to all over the world!”
- “Atlanta is an amazing city with lots of outdoor activities, like mountain biking, within an hour’s drive of the city”
- “Atlanta is a foodie town. There’s food from all regions (and a lot of it is affordable)”
A $50,000 Salary in Atlanta is comparable to:

- $113,305 in New York City
- $84,251 in San Francisco
- $71,673 in Washington, D.C.
- $64,085 in Seattle
- $61,486 in Chicago

### HOW DOES MY SALARY COMPARE? *KnowAtlanta.com*

**HOMES**

<table>
<thead>
<tr>
<th></th>
<th>ATLANTA</th>
<th>NEW YORK CITY</th>
<th>SAN FRANCISCO</th>
<th>SEATTLE</th>
<th>WASHINGTON, DC</th>
<th>CHICAGO</th>
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<tbody>
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<td>CUP OF OJ</td>
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<td>DENTIST VISIT</td>
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<td>DRY CLEANING</td>
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### WEATHER IN ATLANTA *theweatherchannel.com*

**FALL**

<table>
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<tr>
<th></th>
<th>Sept</th>
<th>Oct</th>
<th>Nov</th>
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<tbody>
<tr>
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<td>82/64</td>
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<tr>
<td>Rainfall:</td>
<td>3.27</td>
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<td>Days of Rain:</td>
<td>7</td>
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**SPRING**

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<tr>
<td>Temp:</td>
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**WINTER**

<table>
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<tr>
<th></th>
<th>Dec</th>
<th>Jan</th>
<th>Feb</th>
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</thead>
<tbody>
<tr>
<td>Temp:</td>
<td>55/36</td>
<td>52/33</td>
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<tr>
<td>Rainfall:</td>
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<tr>
<td>Days of Rain:</td>
<td>11</td>
<td>11</td>
<td>10</td>
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</table>

**SUMMER**

<table>
<thead>
<tr>
<th></th>
<th>June</th>
<th>July</th>
<th>Aug</th>
</tr>
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<tbody>
<tr>
<td>Temp:</td>
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<td>89/71</td>
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<tr>
<td>Rainfall:</td>
<td>3.82</td>
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<td>3.58</td>
</tr>
<tr>
<td>Days of Rain:</td>
<td>10</td>
<td>12</td>
<td>10</td>
</tr>
</tbody>
</table>
PUBLICATIONS:

Carr E, Woods A; Vahabzadeh A; Sutton C; Wittenauer J; Kaslow, N. PTSD, Depressive Symptoms, and Suicidal Ideation in African American Women: Mediated Model. Accepted for publication in the Journal of Clinical Psychology in Medical Settings.


Vahabzadeh A, Wittenauer J, McDonald WM. Web Based Involuntary Commitment Educational Project for Emergency Medicine Residents, an Interdepartmental Quality Initiative. Accepted with minor revision to Academic Psychiatry

Vahabzadeh A, Mayberg HS. Delineation of the neurocircuitry mediating the common presentation of addiction and major depression may be aided by DBS studies involving dually diagnosed subjects. Submitted to Molecular Psychiatry.

Vahabzadeh A, Cubells JF. Adults with Autism Spectrum Disorders require consideration. Submitted to Archives of General Psychiatry


Wittenauer J, Baptiste C, Colvin E. Correlation and Treatment of ADHD in Substance Use Disorders. Accepted for print in Am J Psychiatry Res J

Wittenauer J. Delivered from Distraction: Getting the Most out of Life with Attention Deficit Disorder; A Resident’s Review. Accepted for print in Am J Psychiatry Res J

POSTERS/ABSTRACTS:


Duncan A, Mays D. Outcomes of Patients with Schizophrenia treated with Valproic Acid. Department of Medicine Resident Research Day; May 2012; Atlanta, GA.


CHAPTERS:


McDonald W. A Vahabzadeh ECT and Neuromodulation for Late Life Mood Disorders in Late Life Mood Disorders, Oxford University Press. In press.


MEDIA REPORTS:

Arshya Vahabzadeh
Emory News : Media contributing to stigma of schizophrenia, study shows
http://news.emory.edu/stories/2012/03/hsblog_schizophrenia_stigma/campus.html

Emory Health Now Blog: Medias contribution to Stigma
http://www.emoryhealthsciblog.com/?tag=psychiatry

OTHER AWARDS/ACCOMPLISHMENTS:

Alexandra Sawicki
1st year candidate in the Emory University Psychoanalytic Institute

Nadia Sawicki
3rd year candidate in the Emory University Psychoanalytic Institute

Nisha Shah
American Psychiatric Association Minority Fellowship grant

Ryan Sultan
Candidate in Emory University Psychoanalytic Institute
Member of the Grady Ethics Committee

Arshya Vahabzadeh
The Childhood Autism Foundation (CADEF) Travel Grant (2011)

Joe & Hope Skobba Memorial Resident Research Award 1st Place, Georgia Psychiatric Physicians Association (2011)
American Psychiatric Association/American Psychiatric Leadership Fellowship for 2012-2014

Guest Editor for the November 2011 issue of American Journal of Psychiatry Residents Journal, Autism Spectrum Disorders

Reviewer for Oxford Journals InnovAIT and American Journal of Psychiatry Residents Journal

Resident member of the American Psychiatric Associations Council on Communications (2012-2014)

Justine Wittenauer
Joe & Hope Skobba Memorial Resident Research Award 1st Place, Georgia Psychiatric Physicians Association, 2011

Joe & Hope Skobba Memorial Resident Research Award 2nd Place, Georgia Psychiatric Physicians Association, 2012

Guest Editor for the July 2012 issue of American Journal of Psychiatry Residents Journal, Attention Deficit Disorder

Peer Reviewer, American Journal of Psychiatry Residents’ Journal

Quality Improvement Resident Leader for Emory Psychiatry

Quality Improvement Project - Involuntary Admission For Mental Illness, Improving Documentation and Practice (Inter-Departmental Project between Psychiatry and Emergency Medicine)

Resident Member, Translational Neuroscience Forum (Emory University Psychiatry Residency)